BHA Policy 10.22 Native American Cultural Competency

Presented by: Dr. Marie Natrall-Ackles-Tribal Affairs
Administrator
2021



Introduction

BHA Tribal Affairs Administrator role

- Why a cultural competency policy?
- Washington State Preserving Culture video:
 <a href="https://www.youtube.com/watch?v=V8EbvsAdjSM&list="https://www.youtube.com
- American Indian Religious Freedom Act (1978)

Overall

Medications and conflicts with cultural beliefs.

Use of Native American cultural practices

Ceremonies/Religious practices

Inherent rights of tribes in U.S.

Medications

- Outreach, advocacy and support to NA clients.
- Scenario: NA client prescribed anti-depressants and refuses medication due to cultural beliefs.
- Meet with trusted individual at client's request (elder, friend, family member etc.)
- BHA Tribal Affairs Administrator (Resource)



Cultural Practices

- Refers to use of cultural practices to use in conjunction with prescribed medication.
- Review by physician
- Include in treatment plan
- Discuss concern/document
- Medical interactions/adverse side effects



Respect for Cultural Practices

• Guideline only-varies from tribal groups to individuals.

Two-Spirit

Cultural support

- Gift giving (Potlatch)
- Importance of Prayer



Cultural Practices Continued

 Possessing eagle feathers/regalia

- Walking in Two Worlds (conflicts)
- Mourning Death
- Native American women







Tribal Governments

Political status vs. Racial status

- Understanding tribal sovereignty
- Resources of tribes is limited

 Tribal enrollment is confidential



Protection of Sacred Items

- Respect and protection of sacred items
- What to do
- Authorizing storing and use of NA sacred items
- Follow BHA polices & procedures.





Historical Trauma

- Displacement from land
- Boarding schools
- Realize this may be a factor working with NA clients.
- Distrust of outside systems



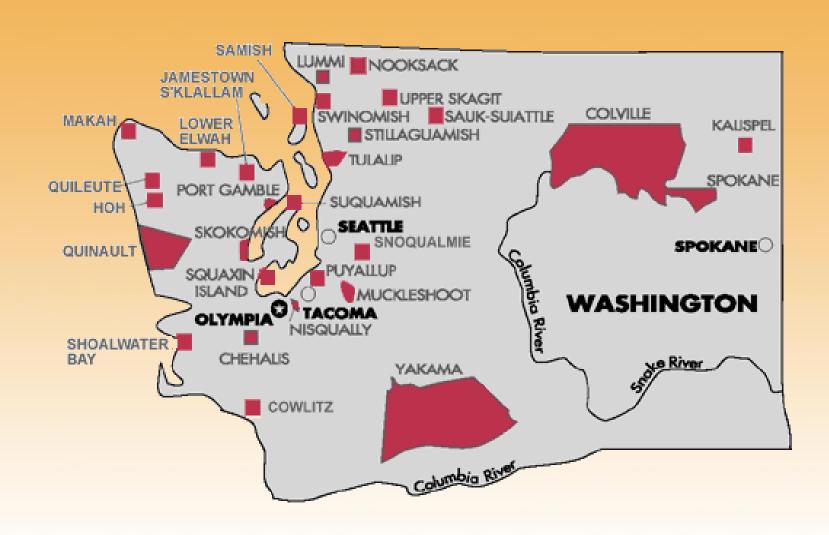
Culture



Summary

- Medication & cultural beliefs (Section A)
- Infuse Cultural practices in conjunction with medication. (Section B)
- Respect for cultural practices (Section C)
- Tribal Governments (Section D)
- Historical Trauma (Section E)
- Sacred Items (Section F)

Questions & Answers



Contact Information

Marie Natrall-Ackles, Ph.D.

Tribal Affairs Administrator

Behavioral Health Administration

Washington State Department of Social and Health Services

(C) 360-790-0950

Email: natramf@dshs.wa.gov

Resources

- Washington State Tribes: <u>https://youtu.be/NOM2qgfG8C8</u>
- Historical Trauma: https://www.youtube.com/watch?v=Unm563Eeq-c
- Two Spirit: https://www.youtube.com/watch?v=A4lBibGzUnE
- Tribal Sovereignty: <u>https://www.youtube.com/watch?v=L2SiuV_X_ys</u>
- Cultural Beliefs: https://www.youtube.com/watch?v=JG9nJIpybp8