

Transforming
Lives

High School Home Care Aide Training Program

Spring Summit
March 2, 2023

Carly Seagren
Workforce Development High School Liaison



Become a Home Care Aide

Washington State Department of Social and Health Services

High School Home Care Aide (HCA) Training Program

Objective: By the end of this presentation, you will know the following:

- What it means to be a home care aide
- What the high school training program is about
- Who to contact at Department of Social and Health Services (DSHS) and Office of Superintendent of Public Instruction (OSPI) for further information



A photograph of two men looking off-camera to the right. The man in the foreground is older, with grey hair and a serious expression. The man in the background is younger, wearing glasses and a blue shirt. The background is a blurred outdoor setting with a stone wall.

Home Care Aides (HCAs)

Home Care Aides' Roles & Requirements



Become a Home Care Aide

Washington State Department of Social and Health Services

Home Care Aides Support Independent Living



Help people with **personal care**



Provide **person-centered care** at home or in the community



Provide **services and support**



Are an important part of a professional long-term care **team**



Home Care Aides **Help Clients**



 **Bathe, dress, or brush hair and teeth**

 **Use the toilet**

 **Walk or move from a bed to a wheelchair**

 **Make food or help with eating**

 **Do laundry, clean, or shop for food**



Home Care Aides **Work In Communities**



Client Home

Private Home

1 person

Adult Family Home

Licensed Private Home

2-8 people

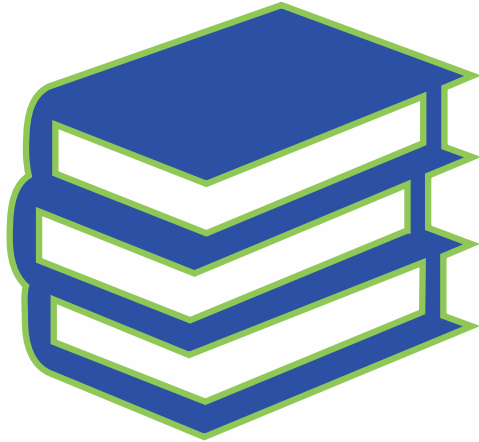
Assisted Living Facility

Licensed Residential Building

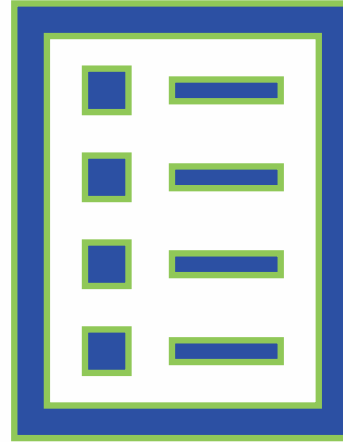
7 or more people



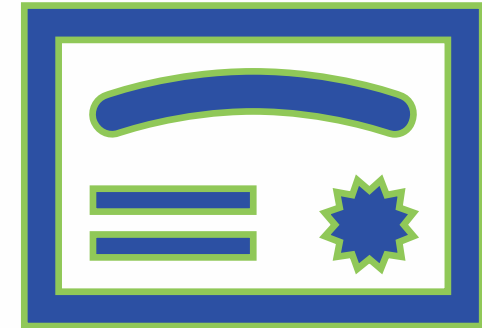
Training To Be A Home Care Aide



Complete
75 hours
training



Pass
Certification
Exam



Receive
Credential





Home Care Aides

High School HCA Training Program



Become a Home Care Aide

Washington State Department of Social and Health Services

High School HCA Training Program



Washington Office of Superintendent of
PUBLIC INSTRUCTION



Washington State
Department of Social
& Health Services

Transforming lives



Aligning High School HCA Training With Traditional Values



Washington Office of Superintendent of
PUBLIC INSTRUCTION



Washington State
Department of Social
& Health Services

Transforming lives



The Home Care Aide Training Program **partners** with Washington Tribes, OSPI, and DSHS to deliver a curriculum for high school students within the framework of **Tribes' traditional practices and values, OSPI standards, and DSHS skills and knowledge requirements.**



The partnership between Washington Tribes, OSPI, and DSHS helps **Home Care Aides meet their communities' needs.**



High School HCA Training Curriculum



Washington Office of Superintendent of
PUBLIC INSTRUCTION

High school credit applied to the
National Health
Science Standards



Washington State
Department of Social
& Health Services

Transforming lives

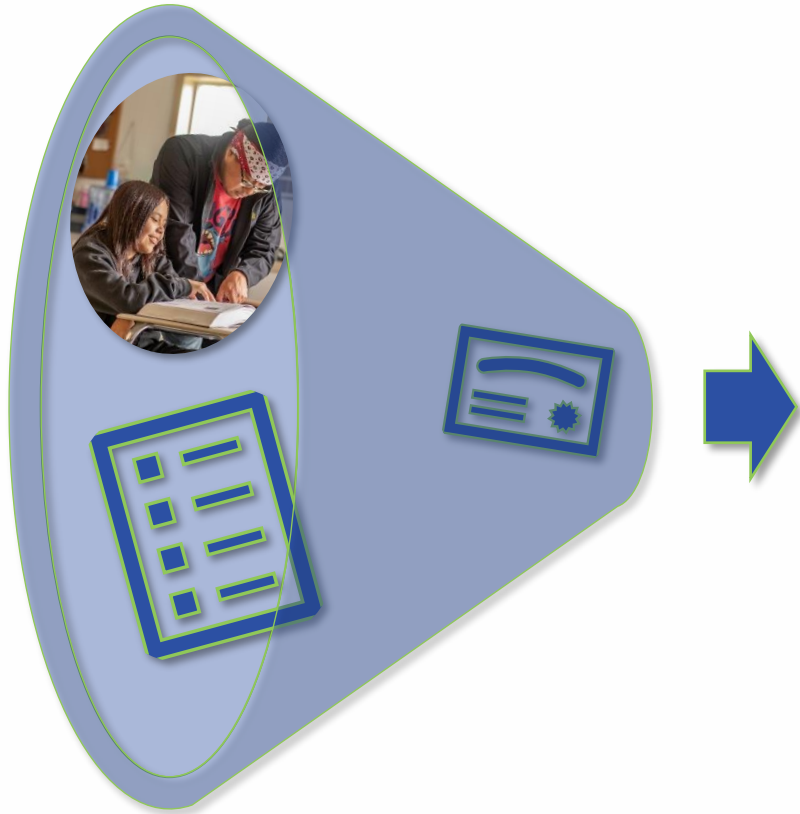
Meets and exceeds the 75 hours
of the required Home Care Aide
Certification Training



Students who complete the course will
be prepared to take the Department of
Health's testing and **become certified**—
and then on to **serve their**
communities!



High School HCA Training **Outcomes**



Home Care Aide **Completion of Training Certificate**



CPR & Food Worker **Cards**



Credits towards **Diploma**



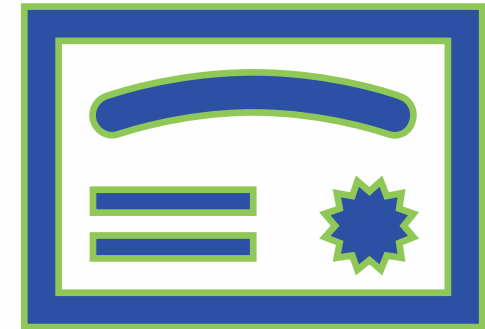
Home Care Aide **Credentialing**



Pass
Written
Test



Pass
Skills
Test



Obtain
Credential
from the Department of Health



High School HCA Training **Teaching Requirements**



Teaching
Credential



Teaching
Experience



Caregiving
Experience



Implementing the High School HCA Training Program

These can vary depending upon your resources, school, partnerships in the community



Course Content

- **DSHS** Workbook and Instructor materials available online
- **OSPI** High School Model Framework (course structure) available

Equipment & Location

- Mannequins
- Wheelchair

Costs

- Instructor salary
- Specialty workbooks
- Application and test fees





Home Care Aides

Supporting Tribal Communities



Become a Home Care Aide

Washington State Department of Social and Health Services

Home Care Aides Can Serve and Grow



Serve Tribal Community
within traditional framework



Maintain cultural
traditions and practices



Fast-track
Career & Education



Home Care Aides Have Significant Career Opportunities



Client Homes



Adult Family Homes &
Assisted Living Facilities



Nursing Homes



Hospitals



Other Settings

Home Care Aides



Nursing Assistants Certified



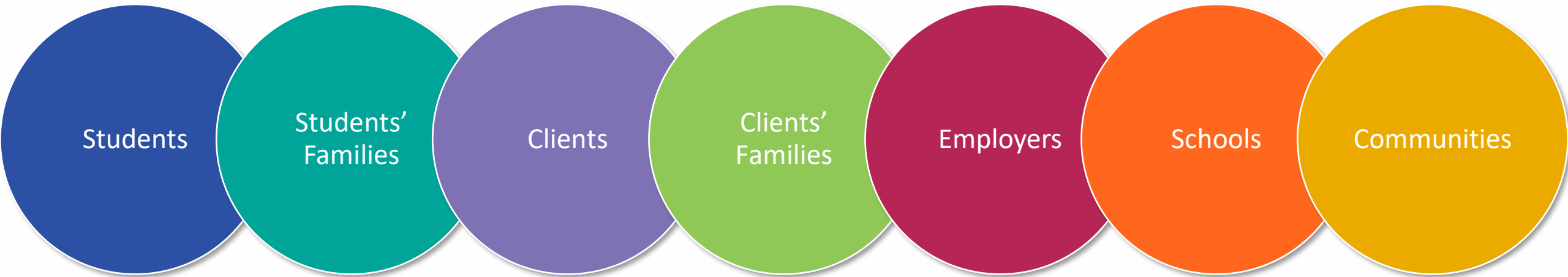
Licensed Practical Nurses



Registered Nurses



High School HCA Training Serves Tribes and Communities



Home Care Aides Make A Difference

Perform meaningful work every day helping others, and work knowing you'll make a difference in someone's life



Become a Caregiver



High School Home Care Aide Program **Contacts**

DSHS

Workforce Development
High School Liaison

Carly Seagren

carly.seagren@dshs.wa.gov

*General Questions, Technical
Assistance, Content, &
Implementation*

Training, Oversight &
Policy Program Manager

Paul Riedel

paul.riedel@dshs.wa.gov

*Instructor &
Training requirements*

OSPI

Interim Health Science Program
Supervisor, Career and
Technical Education

Michelle Spenser

cte@k12.wa.us

*Instructor & Course requirements,
Content, HS Program Details*





WASHINGTON CARE CAREERS

