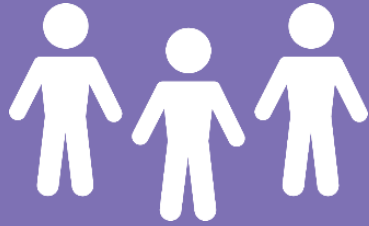


MAC and TSOA Supporting Unpaid Family Caregivers

Unpaid Caregivers Shoulder the Burden



There are over 860,000 unpaid caregivers in Washington State.



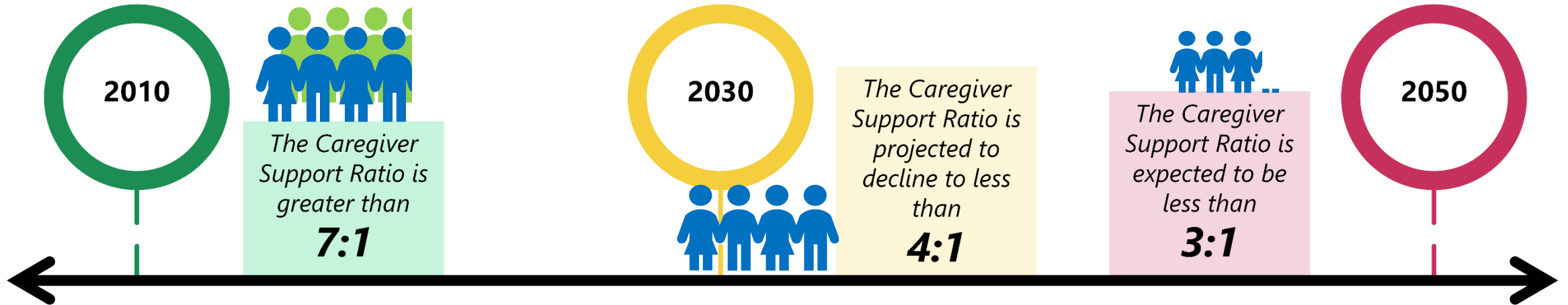
The work of these unpaid caregivers is valued at \$10.6 billion per year.



If 1/5 stopped providing care, LTSS costs would double.

Demographic Shifts in Caregiver Ratios

Sharp declines in support for everyone during high-risk years of ages 80+



CRISIS: Rising demand and shrinking families to provide LTSS

POLICY ACTION: Call for new solutions to the financing and delivery of LTSS and family support

***“There are four kinds of people in the world:
Those who have been caregivers;
Those who currently are caregivers;
Those who will be caregivers; and
Those who will need caregivers.”
—Former First Lady Rosalynn Carter***

~16% of Americans are family caregivers to an older adult



FCSP Improves Outcomes for Family Caregivers

Majority of caregivers (84%) show **Significant** improvements on key outcomes



Over 6-month period, caregivers who receive ongoing support show statistically significant improvements in:

- Generalized Stress from caregiving
- Relationship stresses
- Stress related to other roles of caregiver
- Depression
- Comfort with caregiving role

1115 Demonstration Waiver- MAC and TSOA

Medicaid Alternative Care (MAC)

Designed to support unpaid caregivers in continuing to provide quality care.

- Presumptive Eligibility allowed
- Care Receiver 55 years and older
- Caregiver 18 years or older
- Enrolled in Apple Health (Medicaid) CN or ABP coverage group
- No participation or estate recovery

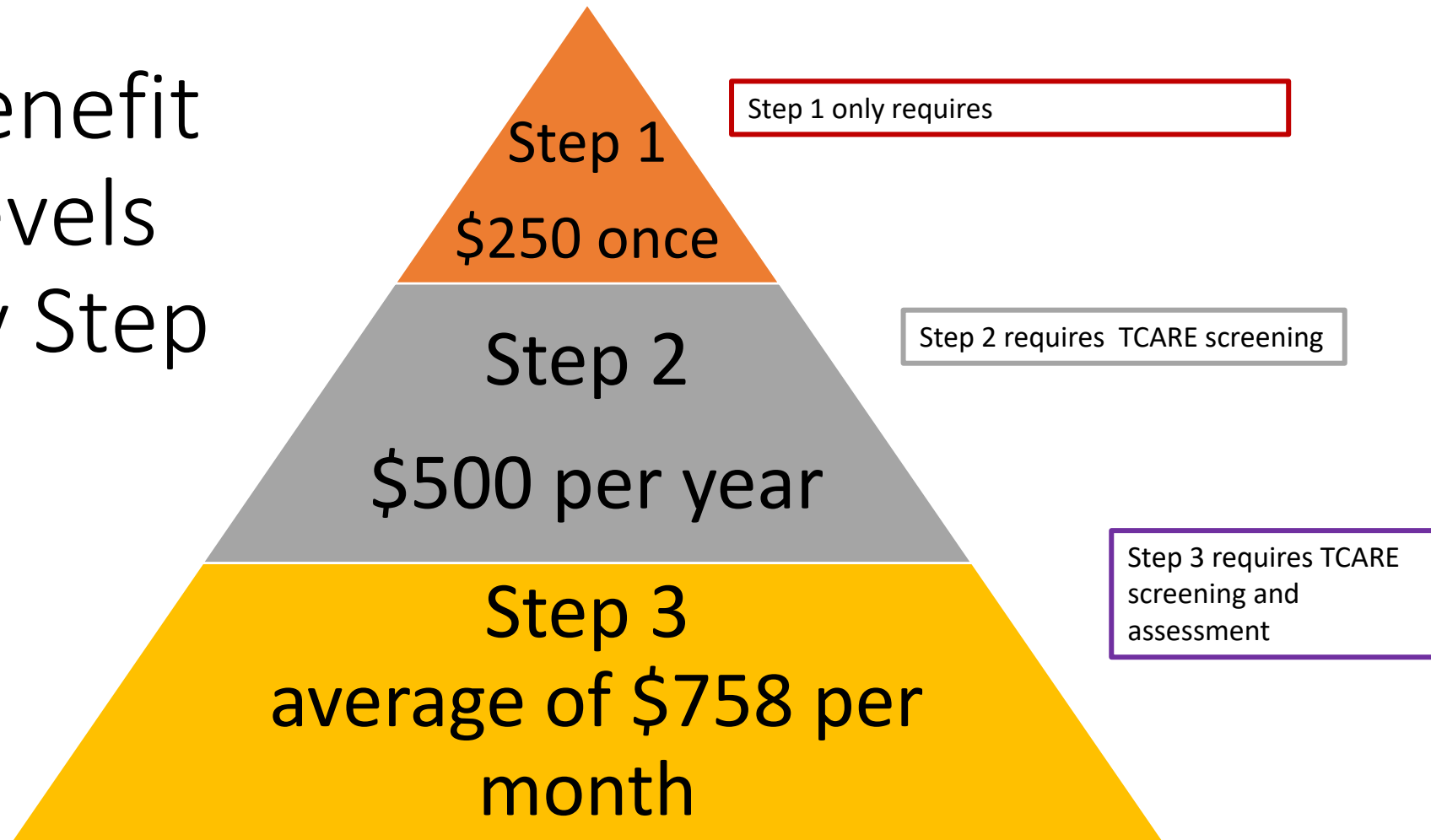
Tailored Supports for Older Adults (TSOA)

Designed to support dyads from spending their savings into Medicaid services.

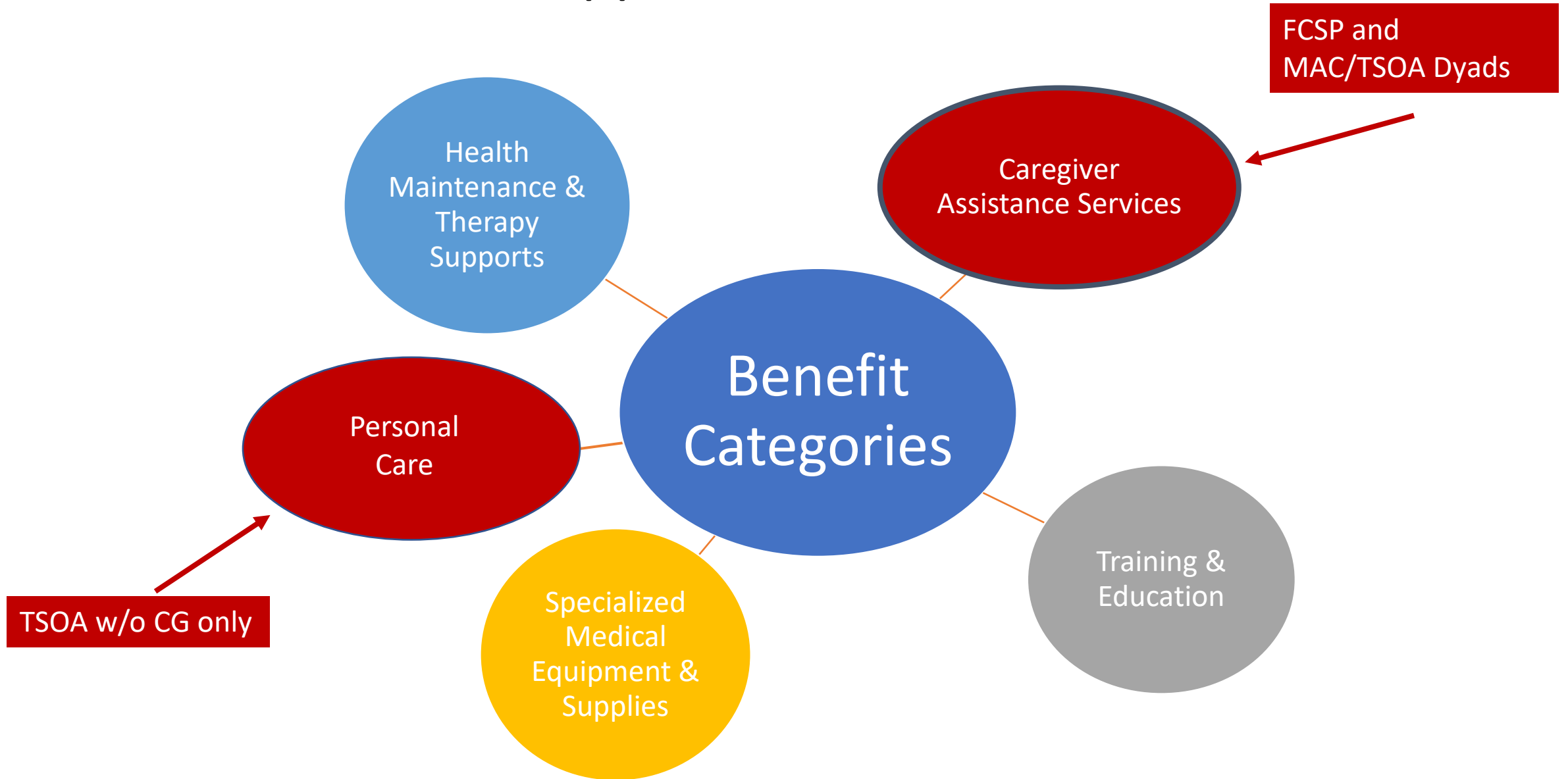
- Care Receiver 55 years and older
- Caregiver 18 years or older
- Monthly Income less than \$2523
- Resources (single) less than \$53,100
- Resources (married) less than \$112,900
- Must be functionally eligible per NFLOC
- Individuals without an unpaid caregiver also served in TSOA



Benefit Levels by Step



Supports and Services



Transforming
Lives

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