# Meaningful Day Activities

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## Ask the Expert

If you have questions or need clarification about the content in this chapter, please contact:

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## Overview

Meaningful Day provides a person-centered approach to designing and delivering meaningful activities for eligible DSHS clients. Providers participating will utilize tools and approaches to assist clients to manage behaviors that pose a barrier to successful community living. One of these tools is the facilitation of activities that the client has identified as personally meaningful. Activities may be directly led by the AFH Provider in a one-on-one format or a group format, or the client may be assisted through set up and coaching to engage in the activity independently.

The daily add-on rate is intended to provide funding for supplies and costs, including increased staffing, essential for planned activities. In all cases, selected activities must be realistically available within the resources available to the client and provider and must be agreed to in writing by both.

Adult Family Home providers who are trained, have a contract with the State to provide meaningful activities, and have an eligible resident with an assessed need for meaningful activities to assist with managing behaviors, will receive a Meaningful Day Activities add-on rate of forty dollars ($40.00) per day. There is no limit to the number of DSHS residents who can receive this service/intervention in the home if each resident meets the eligibility criteria.

The Meaningful Day Activities add-on rate includes the following supports provided by the AFH:

* Utilize the resident’s CARE assessment to identify the targeted behaviors to be addressed.
* Collaborate with the resident(s) to develop a Meaningful Activity Plan (MAP) based on their goals, interests, and abilities.
* Create a client specific activity calendar to document the resident planned activities and events.
* Implement the Person-Centered Activities as outlined in the MAP and Negotiated Care Plan. This includes home-based and community activities (this may vary depending on residents’ ability to participate)
* Use the DSHS provided behavior chart (tracking tool) to observe, and record identified targeted behavior(s) identified in the NCP). Providers will document each participating resident on separate documents.

### Adult Family Home (AFH)

A residential home in which a person or persons provide personal care, special care, and room and board to more than one, but not more than eight adults, who are not related by blood or marriage to the person or persons providing the services.

### Meaningful Day Specialty Contract

### Meaningful Day Activities is one of the three Subcontracts in AFH:

* **Meaningful Day Activities (MDA)**
* Expanded Community Services (ECS)
* Specialized Behavior Support (SBS)

**NOTE:**

The Meaningful Day Specialty contract is available to AFH Providers with a Medicaid contract who meet eligibility requirements for the specialty contract.

## Meaningful Day Activities Eligibility Criteria in AFHs:

To be eligible for Meaningful Day Activities an individual must:

1. Reside in or be moving to an AFH with a current HCS Meaningful Day contract; and
2. Have a minimum Behavior Point Score of 12 or higher as determined by the CARE assessment OR irreversible dementia (such as Alzheimer’s, Multi-Infarct or Vascular dementia, Lewy Body, Pick’s, Alcohol-related Dementia, or Major Neurocognitive Disorder) with current behaviors.

* If a client’s BPS falls below 12 after they begin receiving Meaningful Day Activities, they may continue receiving Meaningful Day Activities if they remain eligible for Community First Choice and reside in an AFH that has a Meaningful Day Activities contract.

1. Is financially eligible for CFC or CFC + COPES.

NOTE:

Clients under LTC Non-Citizen financial eligibility (L04/L24) are not eligible for Meaningful Day services.

**Note:**

If Meaningful Day Activities is requested by the resident, a resident’s representative, or the AFH provider on behalf of a resident, and the resident meets the criteria, case managers may update assessments to include Meaningful Day Activities using an Interim assessment prior to the next full assessment.

**Note:**

* AFH providers must include targeted activity goals derived from the Meaning Activities Plan (MAP) in resident’s Negotiated Care Plan (NCP) in the “Activities/Social Needs” section. The updated NCP must be returned to the CM/SSS within 30 days**.**
* Providers are expected to maintain documentation of Meaningful Day Activities; Meaningful Activity Plan (MAP), Monthly Calendars, Monthly Activities and Challenging Behavior Log. This documentation must be made available to DSHS staff upon request.

## Meaningful Day Activities Authorization

Meaningful Day Activities can’t be authorized until there has been an assessed need in CARE. The HCS Meaningful Day authorization start date is on **or** after the Headquarters approval date (posted in CARE SER note). Meaningful Day Service authorizations cannot be backdated.

**INITIAL SERVICE AUTHORIZATION PROCESS**

* Review the CARE assessment to confirm the client meets the eligibility criteria.
* Utilize the AFH Locator List to identify HCS Meaningful Day contracted homes.
* If the AFH Provider has a current contract:
  + Select AFH Meaningful Day in the CARE Treatment screen.
  + Move CARE assessment to current.
  + Complete the HCS Meaningful Day Checklist (DSHS 10-672).
    - Have written or verbal confirmation from a health care practitioner of an irreversible dementia (such as Alzheimer’s, Multi-Infarct or Vascular dementia, Lewy Body, Pick’s, Alcohol-related Dementia, or Major Neurocognitive Disorder
  + Submit Meaningful Day Checklist and diagnosis confirmation to [meaningfulday@dshs.wa.gov](mailto:meaningfulday@dshs.wa.gov) for review.
  + The Meaningful Day Manager will post SER in CARE and notify CM/SSS via-email of the approval or denial. If the client is approved, select the AFH Meaningful Day Add-On in P1 using service code T2033, U6
  + In the line data screen, authorize the add-on rate of $40 per day.
* After authorizing, CM/SSS will notify the AFH Provider that they can start to bill for Meaningful Day services.

**Note:**

For in-home clients planning to transition to an AFH setting, CM/SSS should note this when sending in the MD checklist for HQ to review. Do not make any changes to the CARE assessment or service authorizations until the resident is ready to relocate as changes may affect billing for CDWA.

**ANNUAL RENEWAL SERVICE AUTHORIZATION PROCESS**

* Complete annual CARE assessment.
* Authorize Meaningful Day services by entering a new service line for the current plan period, do not extend Meaningful Day service lines.

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| **NOTE:**   * For extension of services or annual renewals, an updated Service Summary will need to be reviewed and signed by client/client representative and designated AFH representative. * A PAN is not required for Meaningful Day Activities. * Complete a 14-443 to notify the Public Benefit Specialist (PBS) of the Meaningful Day authorization rate approval. The rate submitted to the PBS must include the total daily rate, including the Meaningful Day add-on. * Send a copy of MD Eligibility Checklist form to DMS as part of client’s record. * Meaningful Day Activities is not available to clients receiving Specialized Behavior Support (SBS) or Expanded Community Services (ECS). * Clients who receive services under PACE organizations do not require HQ Approval except, when the client is returning from PACE to HCS services. * If a client transfers to another AFH contracted home, the CM/SSS is not required to send another Meaningful Day eligibility checklist. The CM/SSS will need to verify if the facility has the HCS Meaningful Day contract. * The department will not approve retroactive payments or Fast track with Meaningful Day Activities.   The [MeaningfulDay@dshs.wa.gov](mailto:MeaningfulDay@dshs.wa.gov) e-mail is monitored by the HCS Meaningful Day Manager. All inquiries should be sent to [MeaningfulDay@dshs.wa.gov](mailto:MeaningfulDay@dshs.wa.gov)   * If a provider is interested in the HCS Meaningful Day contract, please request that they send an email to [MeaningfulDay@dshs.wa.gov](mailto:MeaningfulDay@dshs.wa.gov) for more details about eligibility and training. |

**CHOW (CHANGE OF OWNERSHIP) SERVICE AUTHORIZATION PROCESS**

* Submit a request to [MeaningfulDay@dshs.wa.gov](mailto:MeaningfulDay@dshs.wa.gov) asking to reinstate Meaningful Day services for previously approved clients. (Include client’s ACES ID and AFH License Number. Do not submit MD checklist, DSHS 10-672).
* The AFH Meaningful Day Manager will enter a SER note with a service start date and notify CM/SSS via email.
* CM/SSS will authorize Meaningful Day services by entering a new service line using the provided service start date.

**Resources**

1. meaningful day eligibility checklist

[DSHS 10-672 Meaningful Day Eligibility Checklist](https://forms.dshs.wa.lcl/formDetails.aspx?ID=77856)

1. Sample AFH PROVIDER Forms

