



**STATE OF WASHINGTON**  
**DEPARTMENT OF SOCIAL AND HEALTH SERVICES**  
*Aging and Long-Term Support Administration*  
*PO Box 45600, Olympia, WA 98504-5600*

April 6, 2018

**AL TSA: ALF #2018-004**  
**CHAPTER 388-112A WAC**

Dear Assisted Living Facility Administrator::

Recently, the department repealed chapter 388-112 WAC and created new sections in a new chapter 388-112A WAC “Residential Long-Term Care Services Training” at the request of stakeholders. The new WAC chapter went into effect on November 24, 2017.

Like the former chapter, the rules provide the requirements for long-term care worker training and home care aide certification, specialty training curriculum, and instructor requirements. However, DSHS made the following changes that we wanted to highlight:

- Re-organized the topics so you can more quickly find what you are looking for;
- Allowed nurse delegation classes to be part of assisted living facility caregivers’ seventy-hour long-term care worker basic training;
- Allowed more assisted living providers and caregivers to qualify as an instructor;
- Updated the specialty training course content requirements; and
- Highlighted the assisted living providers, administrators or their designees, and long term care workers’ training and certification requirements when applicable per rule.

Below are quick references on changes per sections that we think you will find helpful:

**SECTION I—DEFINITIONS, PURPOSE, AND APPLICABILITY 388-112A-0010to 0120**

- Added definitions:
  - medication assistance added to the definition of activities of daily living,
  - described what is the capable caregiver training curriculum (this is the new DSHS curriculum that meets the specialty training requirement),
  - described what is core basic training, and
  - described what is the seventy-hour long-term care worker basic training.
- Added a summary of the assisted living providers, administrators or their designees, and caregivers’ training and certification requirements;
- Added a new WAC (388-112A-0110) that describes when a caregiver’s date of hire may be reset one time related to the seventy-hour long-term care worker basic training and certification requirements;
- Added a new WAC (388-112A-0115) that describes how a caregiver’s date of hire is determined related to the seventy-hour long-term care worker basic training and certification requirements.

**SECTION II—ORIENTATION AND SAFETY TRAINING 388-112A-0200 to 0240**

- Clarified what is the facility orientation that is required of volunteers, and caregivers that are exempted or credentialed.

**SECTION III—BASIC TRAINING 388-112A-0300 to 0370**

- Made more clear that the core basic training meets food safety and HIV/AIDS training requirements;
- Added a new learning objective on identifying possible hearing loss;
- Changed the on-the-job (OTJ) training rule to allow supervisors to train the caregivers.

**SECTION IV—SPECIALTY TRAINING 388-112A-0400 to 0495**

- Replaced the former competencies and learning objectives for the dementia and mental health specialty training curriculum with new rules (thereby ending the ability to use former DSHS specialty training curriculum), and set an end date (June 30, 2018) for using any alternative curriculum;
- Under the new chapter, caregivers and managers have same dementia and mental health specialty curriculum. Clarified that managers and caregivers satisfy their training requirement by completing either the former curriculum or new curriculum;
- Clarified that indirect supervision is required for exempt and credentialed caregivers until they complete specialty training.

**SECTION V—NURSE DELEGATION CORE TRAINING 388-112A-0500 to 0590**

- The nurse delegation core and nurse delegation diabetes trainings may now be taken as population specific training hours in the seventy-hour long-term care worker basic training.

**SECTION VI—CONTINUING EDUCATION 388-112A-0600 to 0620**

- Five credit CE hours may be repeated annually on specific topics;
- Allowed the HCA to C-NA bridge training hours to apply to 12 hours of continuing education (CE);
- Clarified that workers that have their food handler's permit do not have to complete the annual half-hour food safety training.
- Noted that ND classes may be used towards CE requirement, or the basic training hours, but not both.
- **Note:** DSHS inadvertently failed to include the fact that certain caregivers are required to complete CE only for each year that they "*worked in long-term care.*" DSHS will soon make a correction to add this language. In the meantime, we are referring you to ALF provider letter ALF #2015-023.

**SECTION VII—CPR AND FIRST-AID TRAINING 388-112A-0700 to 0720**

- These rules remain the same from former chapter rules.

**SECTION VIII—RESIDENTIAL CARE ADMIN. TRAINING 388-112A-0800 to 0840**

- Rules now acknowledges Assisted Living Facility (ALF) administrator training requirement.
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**SECTION VIII—RESIDENTIAL CARE ADMIN. TRAINING 388-112A-0800 to 0840**

- Rules now acknowledges Assisted Living Facility (ALF) administrator training requirement.

**SECTION IX—COMPETENCY TESTING 388-112A-0900 to 0950**

- No changes from former chapter rules.

**SECTION X—CURRICULUM APPROVAL 388-112A-1000 to 1020**

- Facility training program instructors for Orientation & Safety training (ORSA) will be approved at time of facility licensing. Facilities licensed prior to chapter implementation will need to apply for approval.

**SECTION XI—HOME-BASED TRAINING 388-112A-1100 to 1110**

- These rules remain the same from former chapter rules.

**SECTION XII—INSTRUCTOR APPROVAL 388-112A-1200 to 1297**

- Updated the teaching experience requirement to teach Core Basic (CB), Nurse Delegation, and Population Specific could be satisfied by one of the following:
  - 100 hours of teaching basic training topics as CE, or
  - 40 hours teaching basic training while being mentored, or
  - New *facility* instructors may meet the teaching experience requirement by attesting to having 40 hours of informal teaching experience. New facility instructors must also attest to the adult learning principles they intend to use when training, and how they will gauge their improvement (DSHS is implementing a form update);
- Updated the facility instructor qualifications to teach the specialty training:
  - Instructors must attest that they meet the core basic instructor requirements,
  - And they must provide a specialty, and an adult education certificate of completion (DSHS is implementing a form update).
- Clarified that all instructors must complete an Adult Education class in order to be eligible to teach core basic, population specific, or specialty training.

**SECTION XIII—PHYSICAL RESOURCES AND STANDARD 388-112A-1300 to 1310**

- These rules remain the same from former chapter rules.

If you have questions, please contact Suemary Trobaugh, Training Unit QA Program Manager, (360) 725-2516.

Sincerely,



Candace Goehring, Director  
Residential Care Services

*“Transforming Lives”*