



STATE OF WASHINGTON
DEPARTMENT OF SOCIAL AND HEALTH SERVICES
Aging and Long-Term Support Administration
PO Box 45600, Olympia, Washington 98504-5600

February 28, 2020

ALISA: NH #2020-006
**QSO-20-11-NH RELEASE OF ADDITIONAL TOOLKITS TO ENSURE SAFETY AND
QUALITY IN NURSING HOMES**

Dear Nursing Facility/Home Administrator:

The Centers for Medicare & Medicaid Services (CMS) announced the release of two toolkits that align with the CMS strategic initiative to Ensure Safety and Quality in Nursing Homes. CMS announced this in the Quality, Safety and Oversight memo, [QSO 20-11-NH](#).

The toolkits are optional, free, and designed to aid nursing homes to promote high quality sleep for residents with dementia and to reduce common infections experienced by nursing home residents.

- DREAM Toolkit – consists of several components including a nurse handbook, leadership implementation guide, and several bedside tools. CMS believes this toolkit will help facilities have a better understanding of the importance of high-quality sleep and in turn assist them in improving the quality of life and quality of care for residents living with dementia.
- H2T (Head to Toe) Toolkit – provides a mix of educational materials and tools to help bedside staff deliver person-centered care. Much of the information is relayed through images and graphics to meet the needs of different types of learners. The toolkit focuses on ease of implementation to help direct care staff apply practices which will reduce infections into their daily routines.

CMS developed these toolkits as part of a three-year initiative to support better care and outcomes for nursing home residents, using funds from the Civil Money Penalty Reimbursement Program (CMPRP). Both of these toolkits will be available at the CMPRP website by February 28, 2020: <https://www.cms.gov/Medicare/Provider-Enrollment-and-Certification/SurveyCertificationGenInfo/LTC-CMP-Reinvestment.html>

Thank you for your continued commitment to resident health and safety. If you have any questions, please contact Lisa Herke, Nursing Home Policy Program Manager, at (509) 209-3088 or lisa.herke@dshs.wa.gov.

Sincerely,

Candace Goehring, Director
Residential Care Services

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