



Community First Choice

CFC UPDATE WEBINAR

SEPTEMBER 22, 2014

# REVIEW FROM JULY 2014 MEETING



Recap of progress on benefit design and services

## **Required Services**

- \* Personal care
- \* Skills Training for ADLs, IADLs, and health-related tasks
- \* Backup systems/supports
- \* Training on how to select, manage and dismiss attendants

## **Optional Services**

- \* Community Transition Services
- \* Assistive Devices that replace human assistance

# WORKGROUP CONSIDERATIONS



- Finalize our benefit design with amount, scope, and duration of services
- Determine qualified providers

**Amount, Scope,  
Duration of  
Services**

To be decided

**Qualified  
Providers**

To be decided

# DEFINITIONS OF AMOUNT, DURATION, SCOPE



## Amount

- The maximum allowable expenditure for the service or the maximum number of units of the service that will be furnished during the period of the service plan.

## Duration

- The maximum period of time over which a service will be provided or authorized unless the necessity of the service is re-established.

## Scope

- The definition of each waiver service must describe in concrete terms the goods and services that will be provided to waiver participants, including any conditions that apply to the provision of the service.

# REQUIRED SERVICES IN OUR PLAN



## Personal Care

- Personal Care Attendant – Agency or IP with mileage
- Nurse Delegation

## Skills Acquisition Training

- Evidence Based Programs
- Skills training

## Back-up Systems

- PERS – Personal Emergency Response System
- Relief Care

## Training on Caregiver Management

- With optional “buy-up” to one-on-one service or classes

# OPTIONAL SERVICES IN OUR PLAN



## Community Transition Services

- Goods and services needed for transitions from institutional settings to in-home settings
- \$850 calendar year limit

## Assistive devices that replace human assistance

- Assistive Technology
- Specialized Medical Equipment
- \$500 calendar year limit

# SERVICE CREDITS



Participants are assessed using CARE

Today, CARE generates a number of personal care hours

In the new system, personal care hours would be represented as “Service Credits”

- One Service Credit = 1 hour of personal care
- One Service Credit = \$13\* toward a purchase
  - ✦ Example: Basic PERS = 3 Service Credits

*\*For purposes of illustration, the cost of one credit is based on an average personal care rate of \$13/hr.*

# SERVICE BENEFIT MODEL



## Benefit design

- Everyone would be authorized 100% of their current benefit.
- Clients may allocate their service credits among the required services.



# SERVICE BENEFIT MODEL



## Benefit design

- In addition, all clients would be authorized an annual enhancement of \$500.
  - ✦ These extra funds can be used to purchase any service.
    - They could purchase more of the required services.
    - They could purchase up to \$500 in optional services.

# CASE SCENARIO - JAMES



- Has moderate dementia
- Lives with his daughter
  - His daughter is his IP and needs relief
- He is a fall risk
- He leaves the house as often as he can and gets lost
- He can perform some of his ADLs but needs supervision
- He is not able to perform IADLs on his own

# CASE SCENARIO - JAMES



James was assessed at 68 hours; giving him a budget of 68 service credits. He also has an available enhancement of \$500 per year.

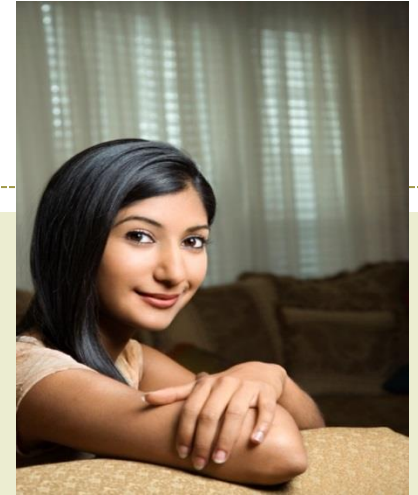
Here's how James and his daughter decide spend his service credits:

- PERS with fall detection (6 service credits)
- Relief care (10 service credits)
  - ✦ Includes completion of ADL, IADL, and health related tasks
- Personal Care (52 remaining service credits)

In June he has trouble bathing so a bath bench is purchased with his additional enhancement at a cost of \$125

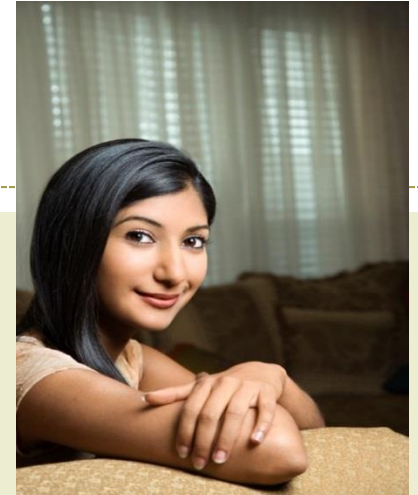
- \$375 of his enhancement is still available for the year.

# CASE SCENARIO - MARY



- Has difficulty brushing her teeth
  - Her mother has to pay for extra dental visits
- Unable to prepare a simple meal independently
- Motor issues that prevent easy meal preparation
- Has issues with balance, falls
- Mom is her IP and she works outside of the home for 6hrs per day, four days per week

# CASE SCENARIO - MARY



Mary was assessed at 128 hours; giving her a budget of 128 service credits. She also has an available enhancement of \$500 per year.

Here's how Mary and her mother decide to spend her service credits

- Personal Care (106 service credits)
- PERS with fall detection (6 service credits)
- Skills acquisition training 16hrs/mo. (16 service credits)
- Mary uses her entire \$500 enhancement to purchase an iPad as her mother has identified applications that help Mary cook and brush her teeth. The iPad will be used to replace human assistance with these identified needs.

# CASE SCENARIO - LILLY



- Lives in an Adult Family Home
- Had a stroke and has difficulty ambulating
- Would like to learn to be more independent with bathing and dressing

# CASE SCENARIO - LILLY



Because she is a residential client, Lilly's benefit design would be different

Flexible model A:

- Lilly would be provided the same \$500 enhancement to choose from the services available to her as a residential client under CFCO.

# AMOUNT, DURATION, SCOPE of CFCO SERVICES



## Amount

- The number of service credits allocated to each required service
- The dollar amount limit assigned to the two optional services.

## Duration

- The duration is the plan year

## Scope

- Outlines of service definitions describe what will be provided (i.e. Backup systems includes PERS and Relief Care.)
- Outlines of service definitions describe any conditions that apply (i.e. Assistive devices must substitute for human assistance)



# POTENTIAL PROVIDERS



## Current Provider Pools:

- Personal Care and Relief Care: IP or Agency providers
- Nurse Delegates
- Personal Emergency Response System – Provider pool exists
- Equipment and Technology Providers
  - ✦ Some new providers may need contracts; however, there is a provider pool that already exists
- Community Transition Providers
  - ✦ We have providers and processes in place for transitioning clients
  - ✦ Some new providers may need to be contracted

# POTENTIAL PROVIDERS



## Providers to brainstorm:

- Skills acquisition training providers
  - ✦ Individual Providers
  - ✦ Agency Providers
  - ✦ Supported Living Providers
  - ✦ Community Choice Guides
  - ✦ Employment Vendors
  
- ✦ Others?

# POTENTIAL PROVIDERS



## Providers to brainstorm:

- Optional “buy-up” to one-on-one training for selecting, managing, and dismissing personal caregiver providers
  - ✦ Community Choice Guides
  
  - ✦ Others?

# POTENTIAL PROVIDERS



## Providers to brainstorm:

- Evidence Based Programs
  - ✦ Falls Prevention Program
  - ✦ Chronic Disease Self Management Program
  - ✦ SAIL – Stay Active and Independent for Life Program
  
- ✦ Other programs?

# CFCO COMPONENTS UPDATE

