



Home and Community Services (HCS)

Training Opportunities

October thru December 2025

HTSU provides training/education within the areas of **Mental Health Education and Awareness, Behavioral and Service Assessment, Crisis Intervention, and Professional Self-Care and Ethics.**

To register, click on the registration links under each training, and note:

- Due to the demand, please cancel registration if you are not able to attend, to allow others to register.
- To obtain *free* **Continuing Education Credits (CEUs)**, participants are required to attend and participate for the entire duration of the training, in addition to completing the feedback survey at the end of the training.
- To participate in our virtual trainings, you will need to join by desktop/laptop computer, using MS Teams.
- To request **ASL and/or CART interpreters**, email shddref@dshs.wa.gov **60 days** before the scheduled training.

Trauma Informed Care: Trauma Theory and Orientation – Part One

Date/Time: Wednesday, October 8th from 9:00 AM till 10:00 AM

CEU(s): 1-hour for 1 CEU **Registration Link:** [Click Here](#)

The training course provides an overview of the types of traumas, the inter-relationship with co-occurring disorders and the impacts of trauma exposure on individuals. Part One of the training focuses on introducing concepts and theoretical background on Trauma and Trauma-Informed Care.



Mental Health Education and Awareness



Behavioral and Service Assessment

Trauma Informed Care: Application and Practice – Part Two

Date/Time: Wednesday, October 15th from 10:00 AM till 11:30 AM

CEU(s): 1.5-hours for 1.5 CEUs **Registration Link:** [Click Here](#)

The training course provides an overview of the types of traumas, the inter-relationship with co-occurring disorders and the impacts of trauma exposure on individuals. Part Two of the training focuses on an introduction of practical skills and knowledge reinforcement introduced in the first portion of this training. Part One is highly recommended to be completed prior to attending Part Two.



Mental Health Education and Awareness



Behavioral and Service Assessment

If you need assistance registering for our trainings, please email us at shddref@dshs.wa.gov

Mental Health Disorders: Signs, Symptoms, and Interventions

Date/Time: Wednesday, October 22nd from 9:00 AM till 11:00 AM

CEU(s): 2-hour for 2 CEUs **Registration Link:** [Click Here](#)

The training course provides foundational knowledge regarding mental health diagnoses and their impact on providing long-term care. Participants will be introduced to behavioral approaches and interventions for specific mental health diagnoses, in addition to being trained in terminology and language to reduce mental health stigmatization. Other objectives include a review of mental health conditions and best practices for supporting individuals in treatment.



Mental Health Education and Awareness



Behavioral and Service Assessment

Behaviorism Training: A Provider's Guide to Behavior Supports

Date/Time: Wednesday, October 29th from 10:00 AM till 11:30 AM

CEU(s): 1.5-hours for 1.5 CEUs **Registration Link:** [Click Here](#)

The training course provides an overview of the primary functions of behavior. Participants will gain tools and skills to assess behavior, identify person-centered interventions, and new techniques for documentation and tracking.



Professional Self-Care and Ethics



Behavioral and Service Assessment

Cultivating Behavioral Interventions for Mental Health Disorders

Date/Time: Wednesday, November 5th from 9:00 AM till 10:30 AM

CEU(s): 1.5-hours for 1.5 CEUs **Registration Link:** [Click Here](#)

The training course focuses on an introduction to creating behavioral interventions for individuals who are living with severe mental illness. The training explores the behavioral assessment, components of documenting behaviors associated with mental illness, and how to utilize behavioral assessments to create behavioral interventions to optimize individuals' well-being both in and out of long-term care facilities. The training includes case studies and practical training methods.



Mental Health Education and Awareness



Behavioral and Service Assessment

Understanding and Responding to Mental Health Crises

Date/Time: Wednesday, November 12th from 9:00 AM till 11:30 AM

CEU(s): 2.5-hours for 2.5 CEUs **Registration Link:** [Click Here](#)

The training focuses on providing foundational knowledge regarding mental health diagnoses and their impact on providing long-term care. Participants will be introduced to behavioral approaches and interventions for specific mental health diagnoses, in addition to being trained in terminology and language to reduce mental health stigmatization. Other objectives include reviewing signs and symptoms of common mental health conditions and determining best practices for supporting these individuals through their treatment process.



Mental Health Education and Awareness



Behavioral and Service Assessment

Suicidal and Non-Suicidal Self-Injury

Date/Time: Wednesday, November 19th from 9:00 AM till 11:00 AM

CEU(s): 2-hours for 2 CEUs **Registration Link:** [Click Here](#)

The training course will teach the audience the terminology and how to recognize contextual situations surrounding suicidal ideation. Participants will gain an increased understanding of the development and expression of suicidal ideation and related self-harming behaviors. Participants will be trained to recognize and prevent self-harming behaviors, further enabling safer long-term care environments for clients and providers.



Mental Health Education and Awareness



Behavioral and Service Assessment

Motivational Interviewing and Crisis Response: A Trauma-Informed Approach

Date/Time: Wednesday, December 3rd from 10:00 AM till 11:00 AM

CEU(s): 1-hour for 1 CEU **Registration Link:** [Click Here](#)

The training course provides an overview of utilizing motivational interviewing in crisis situations, using a trauma-informed approach. This training explores the tenets of motivational interviewing, specifically highlighting how to use a trauma-informed approach to aid individuals to stabilize during a crisis. Provides an overview of motivational interviewing and crisis stabilization procedures for individuals with problematic behaviors.



Mental Health Education and Awareness



Behavioral and Service Assessment

Emotionally Intelligent Care: Enhancing Resilience with Trauma-Informed Practices

Date/Time: Wednesday, December 10th from 9:00 AM till 11:30 AM

CEU(s): 2.5-hours for 2.5 CEUs **Registration Link:** [Click Here](#)

This training course introduces trauma-informed care and the concepts of emotional resilience and emotional intelligence within caregiving settings. The training explores recognizing trauma, enhancing resilience, utilizing emotional intelligence skills to manage stress and interactions, and effectively responding to trauma-related behaviors to optimize the well-being of both caregivers and clients in long-term care environments. The training includes case studies, interactive discussions, and practical activities.



Mental Health Education and Awareness



Behavioral and Service Assessment