

SHDD Training Opportunities

SHDD Website: <https://www.dshs.wa.gov/altsa/residential-care-services/state-hospital-discharge-and-diversion-team-and-hospital-transition-support-unit>

July 2024

Audience: *ALTSA Contracted Providers*

To register, click on the link or follow the registration instructions associated with the training you would like to join.

Important Notes:

- Due to high demand, *please be sure to cancel registration if you are not able to attend.* This will allow for others to register.
- To obtain CEU credit(s), participants are required to attend and participate for the entire duration of the training. *This includes participating in all activities.
- To participate in virtual trainings, you will need to join by desktop or laptop computer. This is required to fully engage/interact in the virtual classroom setting.

To request ASL and/or CART interpreters, please email shddref@dshs.wa.gov 30 days before the scheduled training.

Training Description	Date/Time	Registration Link
<p><u>1-hour Webinar - <i>Psychogenic Polydipsia</i> - 1 CEU</u></p> <p>In this training, learners will receive a general overview of Polydipsia. Polydipsia is a condition characterized by excessive fluid intake and is often seen in individuals with Mental Health conditions. Within this course, participants will learn ways to identify behaviors, symptoms, and interventions. Learners will be provided tools to effectively communicate with medical providers and assist with developing Care Plans.</p>	<p>Tuesday, July 2, 2024 @ 2:00 – 3:00 PM</p>	<p>https://attendee.gotowebinar.com/register/7691023802731757918</p>
<p><u>2.5-hour Webinar – <i>Understanding & Responding to Mental Health Crises</i> – 2.5 CEU</u></p> <p>This training provides participants with knowledge and tools to understand and respond to mental health crises. The course objectives include:</p> <ul style="list-style-type: none"> • Define crisis. • Explore the science of crisis. • Review each phase of the Crisis Cycle. • Offer tips for response and recovery. <p>Explore prevention techniques & strategies. Provide tools to create & implement individualized crisis plans.</p>	<p>Monday, July 12, 2024 @ 12:30 – 3:00 PM</p>	<p>https://attendee.gotowebinar.com/register/3846929941399055966</p>

<p><u>2-hour Webinar - Suicide and Non-Suicidal Self Harm Training - 2 CEU's</u></p> <p>This training focuses on helping providers recognize the differences between self-harm, suicidal ideations, and suicide attempts, including understanding the reasons why these behaviors occur. This training will improve provider skills to recognize and prevent self-harm behavior and decrease risk of harm to clients.</p>	<p>Thursday, July 18, 2024 @ 1:00 – 3:00 PM</p>	<p>https://attendee.gotowebinar.com/register/6862988192923604831</p>
<p><u>1-Hour Webinar – Trauma Informed Care Training: Part One – 1 CEU</u></p> <p>This Trauma-Informed Care training provides an overview of the types of traumas, the inter-relationship with co-occurring disorders and the impacts of Trauma on individuals. Part One of the training focuses on introducing the concepts and theoretical background on Trauma and Trauma-Informed Care.</p>	<p>Wednesday, July 24, 2024 @ 1:30 – 2:00 PM</p>	<p>https://attendee.gotowebinar.com/register/1254782900405822553</p>
<p><u>1.5-hour Webinar - <i>Explanation and Interventions for Diabetes Mellitus in Mental Healthcare Training</i> – 1.5 CEU's</u></p> <p>The following training provides attendees in-depth knowledge concerning Diabetes Mellitus in the mental healthcare environment. Our training outlines an overview of diabetes, its diagnostic considerations, and psychosocial factors to consider in an individual's history. Furthermore, we work to teach key communication techniques when working with medical professionals, as it relates to the optimization of interventions strategies.</p>	<p>Friday, July 26, 2024 @ 9:30 – 11:00 AM</p>	<p>https://attendee.gotowebinar.com/register/7835242344900882005</p>
<p><u>1.5-Hour Webinar – Trauma Informed Care Training: Part Two – 1.5 CEU</u></p> <p>This Trauma-Informed Care training provides an overview of the types of traumas, the inter-relationship with co-occurring disorders and the impacts of Trauma on individuals. Part Two of the training focuses on practical skills and knowledge reinforcement introduced in the first portion of this training. Part One is highly recommended to be completed prior to attending Part Two.</p>	<p>Monday, July 29, 2024 @ 10:00 – 11:30 AM</p>	<p>https://attendee.gotowebinar.com/register/3966440258268932445</p>