

SHDD Training Opportunities

SHDD Website: <https://www.dshs.wa.gov/altsa/residential-care-services/state-hospital-discharge-and-diversion-team-and-hospital-transition-support-unit>

June 2024

Audience: *ALTSA Contracted Providers*

To register, click on the link or follow the registration instructions associated with the training you would like to join.

Important Notes:

- Due to high demand, *please be sure to cancel registration if you are not able to attend*. This will allow for others to register.
- To obtain CEU credit(s), participants are required to attend and participate for the entire duration of the training. *This includes participating in all activities.
- To participate in virtual trainings, you will need to join by desktop or laptop computer. This is required to fully engage/interact in the virtual classroom setting.

To request ASL and/or CART interpreters, please email shddref@dshs.wa.gov 30 days before the scheduled training.

Training Description	Date/Time	Registration Link
<p><u>1 hour Webinar - <i>Managing Burnout: Professional Stress and Its Implications</i> - 1 CEU</u> This training defines the term burnout and examines the impacts of stress, including how it relates to the Covid 19 pandemic. Participants will learn to identify the signs and symptoms of burnout in themselves and colleagues, as well as gain tools and skills to reduce burnout in the workplace.</p>	<p>Wednesday, June 5, 2024 @ 10:00 – 11:00</p>	<p>https://attendee.gotowebinar.com/register/7395268368000129112</p>
<p><u>1.5-hour Webinar - <i>Explanation and Interventions for Diabetes Mellitus in Mental Healthcare Training</i> – 1.5 CEU's</u> The following training provides attendees in-depth knowledge concerning Diabetes Mellitus in the mental healthcare environment. Our training outlines an overview of diabetes, its diagnostic considerations, and psychosocial factors to consider in an individual's history. Furthermore, we work to teach key communication techniques when working with medical professionals, as it relates to the optimization of interventions strategies.</p>	<p>Monday, June 10, 2024 @ 1:00 – 2:30</p>	<p>https://attendee.gotowebinar.com/register/965622336417258588</p>
<p><u>1.5-hour Webinar - Behaviorism Training: A Provider's Guide to Behavior Supports - 1.5 CEU's</u> This training provides an overview of the primary functions of behavior. Participants will gain tools and skills to assess behavior, identify person-centered interventions, and new techniques for documentation and tracking.</p>	<p>Friday, June 14, 2024 @ 1:00 – 2:30</p>	<p>https://attendee.gotowebinar.com/register/364849183000485719</p>

1.5-hour Webinar - Building Your Toolbox: Who, What, Why - 1.5 CEU's

This training offers participants the opportunity to identify; mental health supports, medical supports, social service supports, community supports, skills & tools, and guiding values. This training has been developed to equip providers with the skills and resources they need to support individuals in community-based settings. Participants will receive an electronic toolbox with all materials included to continue to build upon.

**Wednesday,
June 26,
2024 @
1:00 –
2:30**

<https://attendee.gotowebinar.com/register/6748190381891301728>

1 hour Webinar - *Dialectical Behavior Therapy (DBT): Simple Skills for Everyday* - 1 CEU

This training provides a general overview of Dialectical Behavior Therapy (DBT). Participants will learn DBT tools to use in everyday situations to enhance professional boundaries and communication skills.

**Friday,
June 28,
2024 @
1:00 – 2:00**

<https://attendee.gotowebinar.com/register/6557000702983889756>