

HCS Behavioral Support Trainers



Nick Mehrnoosh – Region 1

Nicholas “Nick” Mehrnoosh is the Behavior Support Trainer for Region 1 within Home and Community Services. He holds an MS in Psychology from Eastern Washington University, is a Licensed Mental Health Counselor and Mental Health Professional in Washington State, and has specialized training in suicide risk assessment and treatment. Nick’s background spans clinical work with older adults living with neurocognitive conditions as well as children, adolescents, and families in programs such as WISE and Intensive Outpatient Services. He has taught university-level courses on Theories of Personality and Trauma-Informed Care for Children and Families, helped pilot the DSHS Brain Injury Level 1: Capable Caregiving for Brain Injury training, and led research on the intersection of childhood trauma, executive dysfunction, and mild TBI. Since 2018, he has served on the Washington Strategic Partnership Advisory Council, and he remains deeply committed to advancing TBI awareness and fostering meaningful support for clients, providers, and the broader community.



Tam Butler – Region 2

Tam Butler is the Behavior Support Trainer for Region 2 within Home and Community Services since 2017. Tam joined HCS, following a Social Services position in a Skilled Nursing Facility (SNF), as a Nursing Facility Case Manager in the Snohomish and King Counties. This role also included Case Management for the Residential Support Waiver services in SNF's and AFH's. Prior to immigrating to the USA from the UK, Tam taught Social Work students, Nursing Home Administrators and Caregivers to attain National Qualifications, and certifications to gain their licenses to practice. Tam attained her Bachelor of Science in Social Work and Practice Teachers Award from Suffolk University, UK. Her background includes working within the DDA group home and day care settings, Mental Health assessment and day care, Residential care and In-home care agency management, hospital Social Work and Psychogeriatric fields. Tam strives to promote equality and inclusion for all clients and to maximize their potential to attain their life goals.



Jennifer Coggins – Region 3

Jennifer Coggins is the Behavioral Support Trainer assigned to Region 3 within Home and Community Services (HCS). She joined HCS in 2018 as a Social Services Specialist III with the Behavioral Support Unit, also supporting the SHDD and ACH teams. Jennifer holds a Bachelor’s Degree in Psychology and has extensive experience in community-based health centers across roles including CNA, staffing coordinator, admissions and discharge planner, therapy and restorative services supervisor, social services coordinator, and behavioral support specialist for children and families. She is deeply committed to Equity, Diversity, Access, and Inclusion and to promoting choice, independence, and safety through innovative services..



