

Health Home Herald



My Care My Right – Did You Know?

By: *Silke Kramer*

People from around the world have been impacted by a life-limiting illness – either personally or by supporting a loved one. World Hospice Day for 2019 will be on Saturday, October 12. World Hospice and Palliative Care Day takes place on the second Saturday of October every year and Voices for Hospices takes place on the same date every two years.

Local Leaders, Volunteers, Advocates, and Clinicians will be volunteering their time to provide individual care and rights information. This year's theme will be: "It's **My Care, My Right.**" The goal of *My Care, My Right* is to communicate that palliative care can be demanded by the

public - and that together every person, impacted by a life limiting illness, can influence their policy makers to prioritize palliative care financing under Universal Health Coverage.

The sub-theme of My Care, My Right will address the importance of mobilizing communities, particularly volunteers to ensure a patient's right to care is supported.

To get involved:

1. Subscribe to the WHPCA's newsletter for campaign updates and the launch of new campaign materials: <http://tiny.cc/lnky8y>
2. Follow @worldhospiceday on Twitter

3. Follow hashtags: #mycaremyright and #whpcd19
4. Get in touch to translate materials into your local language by emailing: Shelley Enarson at senarson@thewhpc.org.
5. Go to the WHPCA website at <http://www.thewhpc.org/ab-out-us-3> for related information

SE WA ALTC - Pictured back left to right: Araceli Medina, Dianne McDonald, Anna Knight, Kay Woolstenhulme, Penny Richards, Jose Salcedo, Linda Rodriguez, Griselda Martinez. Front: Miriam Gonzales, Erin Mulka, Andrea Menendez-Cruz

Spotlight on Resources



We asked Health Home Leads and trainers for recommendations of what Care Coordinators should bring to their initial home visit. Some agencies even make their own Home Visit Checklist. Here are their combined responses!

- ❖ Create a folder to take with you that includes everything you will need for the client
- ❖ Client phone number and current address, directions or specific instructions on parking
- ❖ HH Participation Authorization and Information Sharing Consent form
- ❖ ROI for SUD
- ❖ HH Adolescent Information Sharing Consent (if necessary)
- ❖ PAM/PPAM/CAM
- ❖ KATZ
- ❖ PHQ-9/PSC-17

- ❖ BMI
- ❖ All optional assessments (Pain, Falls, DAST, AUDIT, and GAD-7)
- ❖ Advanced directive literature
- ❖ Paper HAP
- ❖ Goal Planning worksheet
- ❖ Crisis number and non-emergency police number
- ❖ Other numbers for common resources/referrals
- ❖ List of numbers for local community resources (food bank, DME lending programs, etc.)
- ❖ List of DSHS workers (APS, case manager, financial workers)



- ❖ Agency or MCO specific resources
- ❖ HH brochure
- ❖ Business card
- ❖ Paper and pen and/or laptop
- ❖ Cell phone to make any necessary calls for client

The first visit is a lot about making connections and giving the client time to tell you what they need. Try not to inundate them too much with information

Other popular responses include:

- ❖ Dog treats
- ❖ For visits around first part of the new year, calendars are appreciated
- ❖ For those who are not on LTC services, maybe sharing a medi-set
- ❖ Early summer/Spring bring info about Farmer’s Market for fresh bucks

Fast Facts

\$167 Million

Current amount of shared savings generated by Medicare-Medicaid clients in the WA Health Home program between 2013 and 2017

\$1.6 Million

How many people enter hospice every year according to the CDC (2016 data)

Webinar Trainings for the Next Three Months

We are pleased to announce the following upcoming webinars:

NOV 14	Kinship Care
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DEC 12	TBD
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JAN 9	SMART Goals
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Please use this link to register for November and December:

<https://attendee.gotowebinar.com/register/4731037301584984067>

Please use this link to register for January through March:

<https://attendee.gotowebinar.com/register/6839520176969879555>

Also visit our website at:

<https://www.dshs.wa.gov/altsa/washington-health-home-program>

You'll find lots of helpful information, including:

- ❖ Invitation to the monthly webinars with registration link
- ❖ The Classroom Training Manual with the most current versions of all Health Home forms

- ❖ Statewide Training Schedule for the two-day Basic Training for Health Home Care Coordinators

- ❖ All previous monthly webinar presentations and newsletter

Care Coordinator Corner

Welcome to the Care Coordinator Corner!

This space was created just for you. It provides a place for Care Coordinators and allied staff to share their experiences and advice for working with clients. It is your space to share creative health action planning ideas.

Do you have a unique resource to share, such as a program that provides free childcare so parents can attend a local support group? This is your space, so please share with us.

To share your story, resource, or ideas, submit them to:

healthhomenewsletter@dshs.wa.gov

Please include your telephone number so we can contact you if your submission is selected for publication. Confidential information such as client names or other identifying information will not be published.

We look forward to hearing from you!



I diagnosed “abdominal pain” when the real problem was hunger, I confused social issues with medical problems in other patients, too. I mislabeled the hopelessness of long-term unemployment as depression and the poverty that causes patients to miss pills or appointments as noncompliance. In one older patient, I mistook the inability to read for dementia. My medical training had not prepared me for this ambush of social circumstance. Real-life obstacles had an enormous impact on my patients’ lives, but because I had neither the skills nor the resources for treating them, I ignored the social context of disease altogether.

Laura Gottlieb, MD | University of California San Francisco



Fall Coloring Fun

