

# CARE COORDINATOR ADVANCED HOME CARE AIDE SPECIALIST (AHCAS) PILOT

## GUIDE SHEET

### OVERVIEW

The Advanced Home Care Aide Specialist (AHCAS) Pilot is a group effort between DSHS Home and Community Services, the Developmental Disabilities Administration, and the SEIU 775 NW Training Partnership. It gives the Individual Provider (IP) advanced skills training with a focus on person-centered methods to caregiving. Along with behavioral support and continued care coordination by Health Home Care Coordinators, the pilot gives care receivers (clients) with complex needs a chance to:

- Increase their own health knowledge
- Enhance relationships with care givers
- Play a larger part in the management of their own health care

The program goal is also to reduce how often challenging behaviors occur, while stabilizing services and community-based living.

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### YOUR ROLE AS A CARE COORDINATOR

One service Care Coordinators (CCs) provide is the opportunity for care receivers to revise their Health Action Plan (HAP) after the IP completes the 70 hours of AHCAS training. The change includes a role for the IP which allows them to use learned skills when supporting the care receiver in reaching their goal noted on the HAP. The AHCAS program manager(s) listed on page 2 request notification when the HAP is revised. If an eligible pilot participant is identified as having enrolled in AHCAS but it is determined they are no longer engaged, efforts can be made by the CC to re-engage the care receiver.

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### ITS ABOUT THE CONVERSATION

CCs might consider opening the conversation in the following ways:

First, ask for permission:

- The care receiver may tell you that their IP is already registered or attending the AHCAS training. If so, you may want to begin discussion on providing a role for the IP on the current HAP.
- You may determine that your care receiver may benefit from AHCAS as a resource. If so, you may want to offer information and open up conversation on how the AHCAS training can improve care giver relationship and support for the care receiver.
- If the care receiver and IP are interested in AHCAS training you may provide information found on the AHCAS link located on the DSHS Health Home website located at: <https://www.dshs.wa.gov/altsa/training/advanced-home-care-aide-specialist-training-pilot>

- Note: IPs register for training through their SEIU 775 Northwest Training Partnership.

Once the IP has completed the AHCAS training:

- Ask if the care receiver would mind talking about the AHCAS pilot.
- Remind the care receiver that they may wish to revise their HAP by adding a support role for the IP.
- Ask if it would be an okay time to begin this process. If the care receiver agrees, ask them what support looks like for them.
- Ask if there is a goal or action steps they would like to work on with the support of the IP (who does not have to be present during the home visit).
- Make a copy of the HAP so the care receiver can share this with their IP.
- Please remember to notify the AHCAS Program Manager when the HAP has been revised. Contact information is listed on page 2.

If the care receiver has not been receiving care coordination services, but they are still enrolled:

- Consider the AHCAS pilot as a resource for re-engagement in the Health Home Program.
- Ask them if they are interested in talking more about the benefits of the AHCAS pilot and follow the steps above.

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#### NEXT STEPS

- Send notification of AHCAS care coordination efforts to the AHCAS program manager via secured email. This would include:
  - Notice that the HAP has been revised (a copy of the HAP is not needed, further revisions or termination of the HAP do not need to be reported).
- CCs may also choose to send AHCAS care coordination information to the AAA case manager who authorized personal care services. Remember that the care receiver must consent to release the information.

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#### RESOURCES

Advanced Home Care Aide Specialist Pilot Website:

<https://www.dshs.wa.gov/altsa/training/advanced-home-care-aide-specialist-training-pilot>

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