Safe Environments in LTC Settings

Thursday, February 18, 2021 10:00 - Noon

Join Zoom Meeting

https://us02web.zoom.us/j/83822370497?pwd=S3pTTGFXTWtTaHQ1b3hyTVFNeWREdz09

Dial by your location

(253) 215-8782 US (Tacoma)

Meeting ID: 838 2237 0497

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| **Workgroup Members Present:** | [ ]  Adrienne Stuart, DD Council, Disability Advocacy Group 1[x]  Alexis Rodich, SEIU 775, Employee Labor Organization 1 (Margaret D.)[x]  Allison Drake, Government Affairs and Policy, L&I Representative[x]  Allison Lee, CDWA, Consumer Direct Employer Representative[ ]  Angie Wedekind, OPEIU Local #8, Employee Labor Organization 2[ ]  Corinna Fale, Self-Advocate, Service Recipient (DDA)[x]  Darla Helt, Executive Director PEACE , Parent of a Service Recipient[ ]  Darryl Johnson, Agency Provider, Long-Term Care Worker 1[x]  Dave Budd, Catholic Community Services, Home Care Agency Rep[x]  Diana Stadden, The Arc of Washington, Disability Advocacy Group 2[x]  Isaac Peterson, Service Recipient, Service Recipient Over age 65[ ]  Ivanova Smith, Advocate, Advocate (General)[x]  Jaime Bond, DSHS/DDA, DSHS Representative[x]  Laura Lindstrand, Human Rights Commission, HRC Representative[x]  Marcail Moody-Burks, SEIU 775 Benefits Group, Training Partnership Rep[x]  Melissah Watts, Individual Provider, Long-Term Care Worker 2[x]  Shawn Latham, Allies in Advocacy, Service Recipient |

| Topic | Notes: *(Record options & decisions, not detailed conversations)* |
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| **Presentation**1. Trauma-informed Care
 | Dr. Phil Diaz, psychologist with DDA, provided an overview of trauma-informed care:* Personal inventory – examine your own trauma history
* Resiliency Training – developing coping strategies – help individuals with the range of abuse they experience while providing care
	+ RT Basics is about 3-4 hours
	+ Situational Training – who is in the environment and what are the tasks
	+ Generational Trauma – unique to each individual
* Trauma-informed Care has an assumption the provider has authority over the person receiving the care (power dynamic)
* Look at communication (all forms) – actively listen, understand and provide a message the person can understand
* Boundaries and limits setting – this is what I’m here for and not go beyond that scope
* How do you provide care: getting permission to perform certain tasks
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| **Deep Dive Topics**1. Incorporating information on trauma-informed care
2. Culturally competent peer-to-peer training (if time allows)
 | * Overview of culturally competent peer-to-peer training (discussion document) for future meeting.
* Quick review of modifying current training (discussion document) for future meeting.
* Quick review of preventing physical harm with practice or role-play
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| **Outstanding Work**1. Best practices for service recipients
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| **Looking ahead**1. Modifying current training
2. Preventing physical harm with practice or role-play
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| **Wrap-Up**1. Reflections
2. Action items review
3. Next meeting
 | * Next meeting is March 4.
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| **Action Items** |
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| *Who?* | *Does What?* | *By When?* |
| Group | Create a resource list – trainings on any of today’s topics (i.e. resiliency training, power dynamics, etc…) including complementary trainings  | Next meeting  |
| Jamie Bond  | Copies of Care Plans for workgroup to review – better understand the information in plans  | Future meeting  |
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