Safe Environments in LTC Settings

Thursday, March 4, 2021 10:00 - Noon

Join Zoom Meeting

https://us02web.zoom.us/j/83822370497?pwd=S3pTTGFXTWtTaHQ1b3hyTVFNeWREdz09

Dial by your location

(253) 215-8782 US (Tacoma)

Meeting ID: 838 2237 0497

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| **Workgroup Members Present:** | [ ]  Adrienne Stuart, DD Council, Disability Advocacy Group 1[x]  Alexis Rodich, SEIU 775, Employee Labor Organization 1 (Margaret D.)[x]  Allison Drake, Government Affairs and Policy, L&I Representative[x]  Allison Lee, CDWA, Consumer Direct Employer Representative[ ]  Angie Wedekind, OPEIU Local #8, Employee Labor Organization 2[x]  Corinna Fale, Self-Advocate, Service Recipient (DDA)[x]  Darla Helt, Executive Director PEACE, Parent of a Service Recipient[ ]  Darryl Johnson, Agency Provider, Long-Term Care Worker 1[x]  Dave Budd, Catholic Community Services, Home Care Agency Rep[x]  Diana Stadden, The Arc of Washington, Disability Advocacy Group 2[x]  Isaac Peterson, Service Recipient, Service Recipient Over age 65[x]  Ivanova Smith, Advocate, Advocate (General)[x]  Jaime Bond, DSHS/DDA, DSHS Representative[x]  Laura Lindstrand, Human Rights Commission, HRC Representative[x]  Marcail Moody-Burks, SEIU 775 Benefits Group, Training Partnership Rep[ ]  Melissah Watts, Individual Provider, Long-Term Care Worker 2[x]  Shawn Latham, Allies in Advocacy, Service Recipient |

| Topic | Notes: *(Record options & decisions, not detailed conversations)* |
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| **Presentation**1. None scheduled
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| **Deep Dive Topics**1. Incorporating information on trauma-informed care
2. Culturally competent peer-to-peer training
 | * **Review of proposed recommendations for Trauma-informed Care** (more details in separate document)**:**
	+ Discussion of TIC – what does it mean? Being sensitive to an individual’s past experiences.
	+ Trauma can be re-triggered by current events.
	+ Sometimes sensory issues can be triggering as well. Recognizing that certain activities or situations may set someone off, make them anxious, stressed or depressed.
	+ TIC means understanding potential triggers and avoiding them where possible or understanding behaviors that may be a result of past trauma.
	+ Respond positively and with sensitivity to those instances.
	+ Examples of triggers: voice, tones, weather, sensory experiences.
	+ Caregivers should be trained in TIC to assist people disengage from the trauma experience, perhaps through calming or kind redirects.
	+ The training should take into account that clients and caregivers have a higher prevalence of trauma and childhood trauma.
	+ The training should include strategies for open communications and being situation aware.
* **Culturally competent peer-to-peer training** (more details in separate document)**:**
	+ SEIU 775 Benefits Group has a peer-mentor program. Employees can check-in with their peer-mentor to discuss challenging issues or how to address the Home Care Aide exam process. Meant as a support team.
	+ The Parent Network has a parent-to-parent training/mentoring program.
	+ Ensure that we have a diverse set of peer mentors, racially diverse, ability diverse, experience diverse, language diverse, etc…mating people close improves success rates.
	+ Monthly team meetings (leadership team, all staff, parent-to-parent), could be used to discuss and strategies about trainings, upcoming issues, situations that need to be resolved.
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| **Outstanding Work**1. Best practices for service recipients
 | Move topic to next meeting on March 25 |
| **Looking ahead**1. Modifying current training
2. Preventing physical harm with practice or role-play
 | Review of initial discussion items for #5 and #6 for deep dive at future meeting.  |
| **Wrap-Up**1. Reflections
2. Action items review
3. Next meeting
 | * Next meeting is March 25
* Review of work plan and the remaining topics (items 12-19) and potential resources/guest speakers
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| **Action Items** |
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| *Who?* | *Does What?* | *By When?* |
| Jamie Bond | Overview of the CARE Plan  | March 25 meeting  |
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