## MEDICATION EXERCISE: Filling Out the MAR

Using the MARs below, answer the following questions for Resident: Patient Sample
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1.	Which	of Patient's medications require precaution when handling?
	a.	What is the precaution on the drug label?
	b.	What is on the Medication Administration Record (MAR) to let you know a precaution is
		required?

- 2. Patient has a dermatitis rash flare up. There is a triamcinolone 0.1% cream with directions to apply to affected area(s) twice daily as needed for rash. This is a "PRN" order on their active MAR. You have been using this order twice daily every day for more than two weeks. What should you do? (choose one answer)
  - a. Call/fax the prescriber and ask for advice and change to routine order twice daily until rash is cleared.
  - b. Keep using it as a routine order; regularly twice daily even though it is written as a "PRN" order.
  - c. Stop logging the "PRN" doses because it is too much work.
  - d. Try to talk the resident into using it once daily instead of twice a day.
- 3. Patient has a 3-day supply of hydrocodone/acetaminophen "PRN" order left. Patient has an appointment in 3 days with their Prescriber. Prescriber has denied a request for a prescription refill before the appointment as Patient's pain control needs to be re-evaluated. You should do all the following except:
  - a. Keep all documents from the pharmacy regarding the denial with your communication log
  - b. Make sure Patient keeps their appointment in 3 days to re-evaluate pain medication.
  - c. Discontinue medication today and stop giving the remaining doses.
  - d. If prescriber authorizes another prescription after the appointment, follow up with the pharmacy to make sure the medication is delivered as soon as possible.
- 4. Patient has had diarrhea for a couple of days. Which actions should you take? (check all that apply)
  - a. Check the MAR to see which medications could be causing diarrhea and call the pharmacy to confirm your finding.
  - b. Stop giving docusate routine order prescribed for constipation.
  - c. Call the prescriber's office to ask for "hold for loose stool" parameter to be added to docusate order.

5.	A Prescriber sends you a "May Crush Meds" order. Review the medications below. Which	ones
	cannot be crushed, and why? Choose all that apply:	

a.	Citalopram 10mg tablet	
b.	Cal-Gest (Tums) 500mg chewable tablet	_
c.	Docusate 250mg soft gel	_
d.	Metoprolol Succ. ER (extended release) 50mg tablet	

6. You receive a "May Crush Meds" order for Patient. What should you do? (select all that apply) (WAC 388-76-10465)

- a. Review all Patient's medications to see which ones can be crushed, start crushing the meds, and give them to Patient.
- b. Call/Fax the prescriber's "May Crush Meds" order to the pharmacy and ask the pharmacist to review resident's med list for crushable meds and fax back a signed and timed/dated consult.
- c. Call the pharmacy and verbally consult with a pharmacist regarding all crushable medications, keep written records all your answers and pharmacist's name/time/date of call in your communication binder or resident's binder.
- d. Each time you give a crushed medication to Patient, let them know that their medications where crushed and added to their food/drink.

7.	Patien	t has a Blood Pressure of 120/80 and a Pulse of 59 this morning.
	a.	Which medication should be held this morning?
	b.	Why?

c. How would this be noted on the MAR?

8. Lorazepam is a psychopharmacological medication prescribed for anxiety. A new "PRN" order for Lorazepam (1mg tablet) was added for Patient starting at the first of the month. Select all actions you should take:

(WAC 388-76-10463)

- a. Add lorazepam to list of psychopharmacologic medications in the Negotiated Care Plan.
- b. Make sure Patient's assessment indicates that a psychopharmacological medication is necessary to treat their medical symptoms.
- c. Make sure Patient's negotiated care plan includes strategies and modifications of the environment and staff behavior to address the symptoms of anxiety for which lorazepam was prescribed.
- d. Make sure Patient or Patient's representative is aware they are taking the psychopharmacologic medication and what they are taking it for.
- Patient received an order from their prescriber that they can <u>independently</u> self-administer all their prescriptions and to make allowances for them to keep their medications securely locked in their room. How would you respond? (select all that apply) (WAC 388-76-10445)
  - a. A new lock is placed on Patient's door. Patient can keep their medications in an unlocked closet drawer since their room will be locked.
  - b. You must update Patient's assessment and negotiated care plan regarding this new order
  - c. You should still initial the MAR after each medication is taken after verifying with Patient by asking if they took their medication.
  - d. Purchase a securely locked cabinet for Patient's room and set up all the medications in that cabinet for them.

- 10. Patient is refusing all medication this morning and says they don't feel well. What should you do? (select all which apply) (WAC 388-6-10435)
  - a. Tell Patient they have no right to refuse medications
  - b. Approach Patient in about 15 minutes to see if they feel better and are alright with taking their medications.
  - c. Patient asks for their medications 1 hour later you tell them it is too late to take their medications and refuse to give them to Patient.
  - d. After you approach Patient a couple of times, log medication refusal on the MAR and start doing vitals if Patient not feeling well.
  - e. After you approach Patient a couple of times, log medication refusal on the MAR and contact their prescriber
- 11. Patient dies this week, and their family member is at your house trying to pick up all Patient's medications. What do you do? (select all which apply) (WAC 388-76-10490)
  - a. You let the family member know you are required to safely dispose of all medications for resident who dies. They cannot be given away or returned to the pharmacy.
  - b. You let the family member take the medication after they promise to dispose all the medications in a safe manner.
  - c. You let the family member take the medication, after all, they are Patient's personal representative.
- 12. Cal-gest (Tums) has been discontinued for over a week. Patient is asking for Tums again because of heartburn. What **shouldn't** you do? (select all the **wrong answers**)
  - a. Give Patient another tablet and call the prescriber.
  - b. You let Patient know you need to get a new prescription before you can give them Tums again and contact the prescriber via phone/fax.
  - c. You write a note of to re-activation the order on your MAR and start giving Patient the Tums daily again.
- 13. It is the middle of the month and prescriber added a new order for a 10-day antibiotic treatment. Which items would need to be added to the MAR to add the new order? (select all that apply)
  - a. Drug name
  - b. Drug strength
  - c. Drug frequency
  - d. Treatment duration
  - e. Prescriber's name
  - f. Start date of the order
  - g. Initials of caregiver adding the order to the MAR

- 14. Prescriber called you and asked to hold Warfarin for 5 days prior to orthopedic surgery. What important steps should you take? (select all which apply)
  - a. Ask prescriber to fax you this "hold order" with a signature
  - b. Fax over warfarin hold order to Patient's pharmacy
  - c. Mark clearly on the MAR that warfarin is to be held for 5 days
  - d. Let all your caregivers know about the hold warfarin order.
  - e. Put a visible note on the warfarin package to hold for 5 days (with dates included)
  - f. You continue the daily dose of warfarin after Patient's guardian calls and tells you not to hold warfarin since Patient will be at high risk for a blood clot.
- 15. Patient's prescriber faxes you a new order for Prednisone which tapers the dosage over 20 days with the following directions: Prednisone 10mg daily for 5 days, then 7.5mg daily for 5 days, then 5mg daily for 5 days, then 2.5 mg daily for 5 days, then stop. How would you enter this order on the MAR?

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