

## Readiness Self-Assessment

Circle your answer (Yes (Y), No (N), or Sometimes (S) to each question.

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|---|---|---|---|
| 1. I am patient with other people's mistakes.   | Y | N | S |
| 2. I can be alert and calm and awake in the middle of the night, even after a long day.   | Y | N | S |
| 3. I can take verbal abuse and still forgive. I do not hold a grudge.   | Y | N | S |
| 4. I am comfortable asking others for help.   | Y | N | S |
| 5. I can place the needs of others ahead of my own wants.   | Y | N | S |
| 6. I am comfortable taking care of residents of the opposite and same sex.  | Y | N | S |
| 7. I have experience and am comfortable taking care of people who are elderly, who have mental illness or developmental disabilities who are not related to me. | Y | N | S |
| 8. I deal with emergencies without panic.   | Y | N | S |
| 9. When planning schedules, I can be thoughtful of the needs of staff, residents, and resident's families.  | Y | N | S |
| 10. I am aware and prepared to give up most of my privacy because I will be sharing my home with residents.   | Y | N | S |
| 11. Confrontation with staff and residents' families do not intimidate me.  | Y | N | S |
| 12. I follow established procedures and do not cut corners.   | Y | N | S |
| 13. I can keep abreast of the regulations and laws that govern adult family homes.  | Y | N | S |
| 14. I am sensitive of other cultures and points of view.  | Y | N | S |
| 15. I respect other's rights, privileges, and privacy and strive never to control or manipulate others.   | Y | N | S |
| 16. I save money for a crisis and routinely plan ahead.   | Y | N | S |
| 17. The financial risks of owning a business or incurring debt do not frighten me.  | Y | N | S |
| 18. I promptly pay my bills.  | Y | N | S |
| 19. I speak English clearly and am easily understood.   | Y | N | S |
| 20. I am in excellent health and have a lot of energy.  | Y | N | S |
| 21. I am organized and efficient.   | Y | N | S |
| 22. I am able to follow the instructions of others, doctors, and nurses who give me care directions for residents in my home.                                   | Y | N | S |
| 23. I can cope well when cherished residents may pass on. I am able to comfort the dying and relatives of those who are dying.                                  | Y | N | S |
| 24. I am prepared financially and emotionally for the length of time it may take to get licensed.   | Y | N | S |
| 25. I am able to take and act on constructive criticism regarding areas of my work needing improvement.   | Y | N | S |