



Fundamentals of Caregiving – History of Revisions

The Fundamentals of Caregiving, 3rd edition is regularly updated to reflect changes in rules and best practices. For questions about these revisions, please email tcdutrngdev4@dshs.wa.gov.

Revision Dates

Look on the bottom right corner of the back cover of your textbook to find its revision date.

The current revision date is 10/24. You can download the current version at [DSHS Curriculum and Materials Available](#).

Revision 8/23

If your copy of the textbook is revision 8/23, please review these updates, refer to the current version online, and keep this page with your textbook:

- **Page 126 under “Exposure to Blood- Borne Diseases”:** Removed guidance to use hydrogen peroxide if exposed to blood or body fluids following updated guidance from the CDC.
- **Page 421 under “(CDC) guidelines ... for donning and removing PPE”:** New link to CDC guidance: <https://www.cdc.gov/infection-control/media/pdfs/strive-ppe101-508.pdf>
- **Throughout:** Minor corrections to typos and wording.

Revision 12/21

If your copy of the textbook is revision 12/21, please review these updates, refer to the current version online, and keep this page with your textbook:

- **Page iv, after Image Credits:** Added “Contact Us: For questions, concerns, or suggestions about this textbook, please contact us at TCDUTrngDev4@dshs.wa.gov.”
- **Page 5, under “What You Can Expect from The Instructor”:** Added “If you have concerns about your training, please call the DSHS Training Unit at (360) 725-2550. You do not have to give your name.”
- **Pages 88, 358, 365:** After mentions of suicide, added “The 988 Suicide & Crisis Lifeline can help prevent suicide. The Lifeline provides 24/7, free and confidential text or voice support for people in emotional distress or suicidal crisis. Just dial or text to 988.”

- **Page 103, under “Types of Abuse”:** Updated definitions of sexual, physical, and mental abuse to match Washington Administrative Code to include intentional and reckless action or inactions.
- **Page 139, under “Tips for Assisting a Client to Walk”:** Added guidance to stand slightly behind and to the side of the client to best support them if they become unsteady.
- **Page 140, under “Walkers”:** Added guidance to never walk in front of a client who is using a walker. Stand behind or beside a client while you are assisting them to walk. Be especially careful in high-risk areas such as the bathroom and/or shower room.
- **Page 147, under “Decreasing Fall Risk”:** **Added** guidance to stand slightly behind and to the side of the client to best support them if they become unsteady.
- **Page 166, under “Showers”:** Added guidance that shower rooms and bathrooms are high-risk areas for falls. Stand behind or beside a client while you are assisting them to walk. Never walk in front of a client who is using a walker.

End of Revisions.