

# ONLINE TRAINING

## DEVELOPMENTAL DISABILITIES ADMINISTRATION



### The Anatomy of a Meltdown Behavioral Ecology

Presented by:

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*Working with people who have been diagnosed with both mental illness and developmental/intellectual disabilities can be challenging.*

This course will provide you with an understanding of what happens in the brain during times of stress, why people are unable to “just stop”, and strategies to avoid the next big meltdown. Attendees will learn new tools and techniques to lessen the severity of target behaviors and encourage the use of replacement behaviors.

**Date:** August 19, 2025

**Time:** 9:00am – 4:00pm

**Location:** Online

**To Register:** Please email Erica Hernandez at [erica.hernandez@dshs.wa.gov](mailto:erica.hernandez@dshs.wa.gov) and provide the following:

- Name of training
- Email address
- Student name
- Job title
- Agency affiliation for each student

**Class Size: Limited to 30 Participants**

**6 CE Credits**