

## U qalmida Katanaasulida

Qofka waa in uu kasoo baxo dhammaan shuruudaha soo socda:

- Noqotid macamiil u qalma Maamulka Naafooyinka Koriinka ee RCW 71A.10.020(5) kasta.
- Qabtid naafo sida waafaqsan shuruuda lagu qoray Qaanuunka Dammaanada Bulshada.
- Codsatid daryeel adeegaha muddada-dheer ah/ caawimaada Caafimaadka (Medicaid) oona xaqiijisid dakhli aan dhaafin 300% ee ah heerka dheefta dowlada caadiga ah ee SSI.
  - Haddii uu ilmo yahay, dakhliga waalidka iyo illooyinka kale waa kuwo aan la tixgelin.
  - Haddii uu yahay qof weyn oo la nool xaas/nin, dakhliga xaaska/ninka iyo illooyinka kale ma ahan kuwo la tixgeliyo.
- Haysatid illooyin dhaqaale kayar \$2,000 ama kujirtid barnaamijka Apple Health ee loogu talagalay Shaqaalayaasha qabba Naafooyinka (HWD).
- Kasoo baxdid heer daryeelka lagu bixiyay gudaha Xarunta Daryeelka Dhaxdhexaadka ah ee loogu talagalay Dadka qabba Naafooyin Caqliga ah (ICF/IID) sida looga xadidey dhinaca Qiimeynta Maamulka Naafooyinka Koriinka.
- Qorshaha adeega qofka-kusaabsan (PCSP) wuxuu muujinayaa sida baahooyinka caafimaadka qofka, ammaanka, iyo baxnaansiga loogu buuxin karo gudaha bulshada ee ah adeega katanaasulida bilaha ah iyo/ama ilaalinta.
- Aqbashid in aad oggolaanaysid adeegaha kusalaysan-bulshada iyo guriga bedelkii aad oggolaan lahayd ICF/IID.

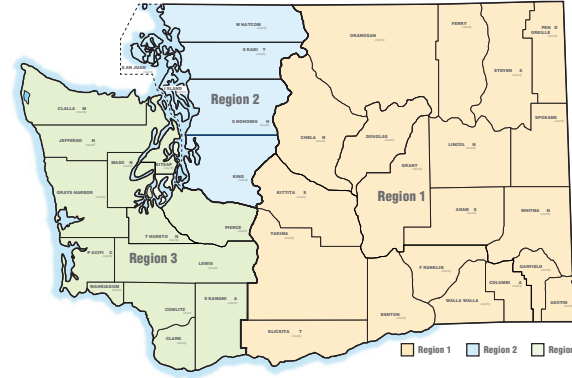
## Helida Katanaasulida

Codsi isqorid ah, ama loogu bedelanayo katanaasulid bedel ah ayaa la samayn karaa wakhti kasta. Weydii maamulaha xogta kiiska (CRM). Haddii aan joogin maamulaha xogta kiiska, ku dhaaf fariin khadka Adeega Lacag-La'aanta ah ee lagu qoray hoosta Xafisyada Gobolka ama ugu soo dir codsiga si toos-ah internetka cinwaankan [www.dshs.wa.gov/dda/service-and-information-request](http://www.dshs.wa.gov/dda/service-and-information-request). Kasoo bixida shuruuda adeega ee loogu talagalay katanaasulida aan dammaana qaadin helida adeegaha katanaasulida. Katanaasulid kasta waa mid ku xadidan tirada dadka loo adeegi karo. Maamulka Naafooyinka Koriinka wuxuu haystaa awood uu ku xadido isqorida la isku qoro katanaasulida kusalaysan helida maalgelin loogu talagalay kaqayb galayaasha katanaasulida cusub.

## Xuquuqaha Maamulka Dhagaysiga

Qofkasta wuxuu xaq u leeyahay in uu helo maamul dhagaysi oo ah mid kasta oo kusaabsan qaraarada soo socda ayada oo aan la eegayn barnaamijka ama adeega:

- U qalmida Maamulka Naafooyinka Koriinka la diiday, la joojiyey ama Maamulka Naafooyinka Koriinka uu sameeyo ficil dib u dhigid aan macquul ahayn oo kusaabsan codsigaaga; ama
- Nooca ama tirada adeega lagu oggolaaday in aad heshid; ama
- Diidis, dib u dhimis, ama joojinta adeegaha; ama
- Diidis doorashada adeega ah ee uu diido bixiyaha adeega; ama
- Haddii lagu guuriyo deegaan kale, midkaas oo aan ahayn mid uu qofka doortay; ama
- Diidista Maamulka Naafooyinka Koriinka uu diido in uu u hoggaansamo codsiga ah in aanan oggaysiisyo loo dirin qofkale; ama
- Kasaarid lagaa saaro barnaamijka katanaasulida; ama
- Diidis ah codsigaaga lagu helayo adeegaha ICF/IID bedelka adeegaha katanaasulida; ama
- Maamulka Naafooyinka Koriinka uu go'aansado in adeegaha lagu helo katanaasulida hadda ahi ay kasoo baxayso baahooyinka caafimaadka iyo daryeelka; ama
- Qof qiimeyn loogu sameeyay in uusan u baahnayn heerka daryeelka ICF/IID; ama
- Qof qiimeyn loogu sameeyay in uusan kasoo bixin u qalmida CIIBS.



Si toos ah internetka nooga soo booqo halkan: [dshs.wa.gov/dda/service-and-information-request](http://dshs.wa.gov/dda/service-and-information-request)

Ka raadi xafiska halkan: [dshs.wa.gov/DDA/dda/find-an-office](http://dshs.wa.gov/DDA/dda/find-an-office)

Nasoo wac:

Degmooyinka	Telefoonka iyo limaylka
Chelan, Douglas, Ferry, Grant, Lincoln, Okanogan, Pend Oreille, Spokane, Stevens	(800) 319-7116 R1ServiceRequestA@dshs.wa.gov
Adams, Asotin, Benton, Columbia, Franklin, Garfield, Kittitas, Klickitat, Walla Walla, Whitman, Yakima	(866) 715-3646 R1ServiceRequestB@dshs.wa.gov
Island, San Juan, Skagit, Snohomish, Whatcom	(800) 567-5582 R2ServiceRequestA@dshs.wa.gov
King	(800) 974-4428 R2ServiceRequestB@dshs.wa.gov
Kitsap, Pierce	(800) 735-6740 R3ServiceRequestA@dshs.wa.gov
Clallam, Clark, Cowlitz, Grays Harbor, Jefferson, Lewis, Mason, Pacific, Skamania, Thurston, Wahkiakum	(888) 707-1202 R3ServiceRequestB@dshs.wa.gov

Dadka u baahan taageero lagu taageero maqalka ama xiriirka waxay wici karaan Adeega Xoojinta Xiriirka Telefoonka Washington ayaga oo garaaca 7-1-1 ama 1-800-833-6388 (TTY).



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DSHS 22-1756 SM (5/18) Somali

# Katanaasulida Aasaasiga ah

Ka ahaada dhinaca Maamulka Naafooyinka Koriinka



## Dulmarka Katanaasulida

Waxda Adeegaha Caafimaadka iyo Bulshada qaybta Maamulka Naafooyinka Koriinka (DDA) waxay leedahay shan barnaamij Katanaasulid Caawimaad caafimaad (Medicaid) oo ah Adeeg Kusalaysan Guriga-Bulshada (HCBS). Katanaasul kasta wuxuu bixiyaa adeego gaar ah si looga soo baxo baahoyinka ammaanka iyo caafimaadka gudaha bulshada ah. Katanaasulka Aasaasiga ah wuxuu bixiyaa adeego kaladuwan marka aan lagu helin tooska illooyin dhaqaale oo kale (ceymiska khaaska ah, Caawimaada caafimaadka (Medicaid), iskuul, iwm.)

**Katanaasulka aasaasiga ah** wuxuu bixinayaa doorashooyin degaansho loogu taogalay dadka kusugan khatar deg-deg ah oo meelayn hay'adeed ah ama kuwa qabba baahi caafimaad iyo nolol wanaag la aqoonsaday ee loogu talagalay adeegaha aan looga soo bixi karin dhinaca Katanaasulida Aasaasiga Dheeraadka ah. *Da'da 0+*

Haddii baahida qiimeynta lagu sameeyay adeegaha ay dhaafto baaxada adeega lagu bixiyay hoosta katanaasulida Aasaasiga ah, Maamulka Naafooyinka Koriinka wuxuu samayn doonaa hal ama wax ka baddan oo dadaalada soo socda ah si aad uga soo baxdid baahoyinka caafimaadka iyo daryeelka:

- Aqoonsatid taakulooyin dabiici dheeraad ah;
- Biloowdid ka reebid xeerka lagu helo adeegaha aan-katanaasulida ahayn ee la heli karo kuwaas oo aan ku jirin katanaasulida Aasaasiga ah ee aan ahayn taakulooyinka dabiiciga ah;
- Lagu siiyo fursad lagu codsado katanaasulida bedelka ah midaas oo leh adeegaha loo baahanyahay;
- Lagu siiyo meelayn ku saabsan Xarunta Daryeelka Dhex-dhexaadka ah ee loogu talagalay Dadka qabba Naafooyin Garaadka ah (ICF/IID).

Haddii midna doorashooyinka kor ku qoran aan uga soo bixin baahoyinkaaga caafimaadka iyo daryeelka sida ugu wanaagsan, Maamulka Naafooyinka Koriinka waxaa dhici karta in ay joojiso u qalmiitaankaaga katanaasulida. Haddii lagaa joojiyo katanaasulida, weli waxaad u qalmi kartaa adeegaha Maamulka Naafooyinka Koriinka aan-katanaasulida ahayn.

## Adeegaha Katanaasulida

U isticmaal buuggarahaan si aad ugu qorshaysatid qiimeynta sannadlaha ah. Maamulaha xogta kiiska (CRM) wuxuu sharxi doonaa adeegaha iyo shuruudaha, iyo adeegaha dukumeentiga lagu doortay gudaha qorshaha adeega qofka-kusaabsan (PCSP). Qaar kamid ah adeegaha waxay u baahanyihiin muraajaco iyo oggolaansho kahor si ay u qaataan. Adeegaha ku jira afarta qaybood ee ah *xadaka da'da* waxaa kamid ah:

- **Adeegaha bulshada** – waxay kor u qaadaan kaqayb galka macamiilka iyo dhexgalka bulshada
- **Adeegaha xirfadeed** – adeegaha taakulada laga bixiyo dhinaca xirfadlayaal qandaraas lala galo
- **Adeegaha daryeel bixinta** – taakulooyin la siiyo kaqayb galayaasha iyo daryeel bixiyayaashooda
- **Badeeco iyo adeego** – qalab, alaab iyo adeego khaas ah oo la siiyo kaqayb galayaasha



### Adeegaha Bulshada

- ❑ **Haggida bulshada** – adeego muddo-gaaban oo loogu talagalay in lagu sameeyo xogag bulsho taakulayn waxtar leh, oona la bed-bedeli karo.
- ❑ **Kamid noqoshada bulshada** – adeego taakulayn gaar ah kuwaas oo ku xiraya dadka bulshadooda si ay ula samaystaan xiriiryo iyo saaxiibtinimo dadka kale ee ay isku danaha wadaagaan.
- ❑ **Adeegaha kahor shaqada** – tababar muddo-gaaban iyo horumarin xirfadeed si loogu diyaar garoobo shaqo. Aan jirin isqorid cusub. 21+
- ❑ **Baxnaanis deegaan** – caawimaad lagu barto, lagu horumariyo, ama haysto xirfadaha lagama maarmaanka u ah kunoolaanshaha gudaha bulshada.
- ❑ **Shaqo la taakuleeyay** – taakulo koox iyo qof baddan, joogto ah si loo helo loona haysto shaqo. 21+
- ❑ **Gaadiid** – Magdhow lasiiyo bixiyaha gaadiidka aan ahayn-mid caafimaad ee loogu baahanyahay in lagu helo adeegaha katanaasulka lagu xadiday gudaha qorshaha adeega PCSP.

### Adeego Xirfadeed

- ❑ **Adeegaha xasilinta caafimaadka hab dhaqanka** – adeego lagu caawinayo qofka inta lagu guda jiro dhibaatooyinka caafimaadka hab dhaqanka. Waxaa kamid ah taakulada hab dhaqanka wanaagsan iyo latalin, adeegaha dhakhtarka ku takhasusey cudurka miyirka iyo adeegaha sariirta ka weecinta dhibaataada.
- ❑ **Adeegaha xasilinta caafimaadka hab dhaqanka – adeegaha sariirta ka weecinta dhibaataada** – adeego hab dhaqan iyo deegaan kumeel gaar ah kuwaas oo dadka halista ugu jira istaagida shaqada maskaxda oona halis ugu jira isbitaal dhigid cudurka miyirka ah.
- ❑ **Taakulada hab dhaqanka wanaagsan iyo latalinta** – taakulooyin lagu qiimeeyo laguna sheego baahoyinka caafimaadka hab dhaqanka. Kuwaan waxaa kamid ah soo dhexgalyo toos ah oo lagu xoojinayo dhaqamada wanaajinaya tayada noloshaha iyo kudarida bulshada.

- ❑ **Qiimeynta khatarta** – qiimeyn rabsho, daba gelid, rabsho galmo, ama hab dhaqan weerarid ah si loo xadido baahida loogu talagalay adeegaha daaweynta ama caafimaadka, nafsanaiga ah.
- ❑ **Adeegaha cudurka dhimirka khaaska ah** – adeego cudur dhimirka khaas u ah baahoyinka dadka qabba naafooyinka koriinka. 21+
- ❑ **Tababar iyo latalin qoys/shaqaa** – tababar xirfadeed iyo latalin la siiyo bixiyayaasha adeega tooska ah iyo qoyska si baahoyinka loogaga dhabeeyo sida ugu wanaagsan.
- ❑ **Daaweyn** – adeego shaqo, jireed iyo hadal, luuqad iyo dhagaysi kuwaas oo ka baxsan kuwa lagaa siiyo dhinaca Caawimaada caafimaadka (Medicaid) (Apple Health). 21+

### Adeegaha Daryeel bixinta

- ❑ **Nasasho** – nasasho muddo-gaaban ah oo ay helaan dadka la nool oona daryeela dad qabba naafooyin.
- ❑ **Kalkaal xirfad leh** – adeego kalkaal, muddo-dheer, cudur daba dheeraada kuwaas oo lagu sheegayo baahoyinka aanan lagu bixinin tooska Caawimaada caafimaadka (Medicaid) (Apple Care). 21+

### Alaabta iyo Adeegaha

- ❑ **Baabi'inta cayayaanka sariirta gala** – daaweyn lagu daaweeyo cayayaanka sariirta gala ee guriga.
- ❑ **Laqab-sashada** – hagaajin muuqaal oo lagu sameeyo waxyaabaha guriga lagama maarmaanka u ah ee khuseysa qofka kusii noolaanaya gudaha bulshada.
- ❑ **Qalab iyo alaab caafimaad khaas ah** – qalabka iyo alaabta caafimaad ahaan lagama maarmaan u ah kuwaas oo aan lagu helin hoosta Caawimaada caafimaadka (Medicaid) (Daryeelka Apple) (Apple Care).
- ❑ **Waxbarid ficnaansho** – warqad waxbarid qoran qofeed, bileed, midaas oo loogu talagalay in lagu caawiyo maamulida arimaha xiriirkala leh caafimaadka iyo gaarida ujeedooyinka ficnaanshaha.