

Did you know?

Did you know the Department of Social and Health Services' Developmental Disabilities Administration has a service called Person-Centered Plan Facilitation?

- Person-Centered Plan Facilitation is a way to bring you and all of your supports together at once. A contracted provider for Person-Centered Plan Facilitation leads you and your support group in the creation of an interactive map of who you are and what you want to do in your life.
- This service helps you and your team to form a life plan that's centered on you and what you want! It should support your self-determination and choices. Here are the steps in the process of Person-Centered Plan Facilitation:
 - **Explore** what matters to you by listening to and learning from you.
 - **Develop** a vision for your definition of a meaningful life which may include things like goals for education, employment, housing, relationships and recreation.
 - **Discover** things you already have in your life, and with your family, neighborhood and support network.
 - **Generate** an action plan.
 - **Facilitate** follow-up meetings to track progress toward goals.

What is an example of this service?

Joshua is still in high school. He is thinking about all of the things he likes to do, what he might do after he graduates and if he wants to go to college. He is feeling confused and thinks he could use help exploring his options. He wants to be empowered to make his own choices and plan for his future. A Person-Centered Plan Facilitation provider can help Joshua make a plan that uses all the supports he needs to move forward in his life.



Who can receive this service?

If you are enrolled on the Children's Intensive In-Home Behavioral Supports waiver, the Individual and Family Services waiver, the Roads to Community Living grant or the Preadmission Screening and Resident Review program, you can access this service.

How do I get this service?

Contact your Case Resource Manager and talk about your needs and how Person-Centered Plan Facilitation may help you meet your goals. If you decide the service is a good fit for you, your CRM can walk you through the process.

How do I find a provider for Person-Centered Plan Facilitation?

Your CRM will give you a list of the providers who can provide this service to you so you can choose who you would like to work with. If you need help contacting providers, ask your CRM to help you.



What do I do when I find a provider?

Talk with the provider about your ideas, goals and needs. When you and the provider agree on a plan to move forward with the service, let your CRM know which provider you chose and when you would like to start working with your provider. Your CRM will add Person-Centered Plan Facilitation and your chosen provider to your plan.

What should I expect from my provider?

A Person-Centered Plan Facilitation provider will work with you to identify and gather the people in your life who can support you and your long-term goals. When everyone is together, the provider will lead the creation of your plan. The provider will contact you to set up the days and times you wish to work on your identified needs.

When can my provider start?

After you let your CRM know you agree to the service and your chosen provider, your CRM will let you and your provider know when your service can begin.

Who is a qualified service provider?

Person-Centered Plan Facilitation providers must:

- Be an agency or individual with at least three years of experience working with individuals with intellectual or developmental disabilities.
- Provide proof of completion of Person-Centered Plan Facilitator Training.
- Submit three letters of recommendation, one of which must be from a current Person-Centered Plan Facilitator.
- Meet other skills and knowledge requirements as outlined in the client service contract.
- Have a signed DDA Person-Centered Plan Facilitation contract (1805XP).

External Resources

[WAC 388-845-1195: What is person-centered plan facilitation?](#)

[WAC 388-845-1196: Who are qualified providers of person-centered plan facilitation?](#)

[WAC 388-845-1197: What limitations are there for person-centered plan facilitation?](#)

Interested in becoming a provider?

If you, or someone you know, is interested in becoming a contracted provider for a DDA service, call your local DDA office and ask for the contracts department or email your local resource developer. You can also go online to learn more at www.dshs.wa.gov/dda/developmental-disabilities-administration-contracts.

Office Location	Phone Number	Email Address
Everett	425-740-6400	R2.Resource@dshs.wa.gov
Seattle	206-568-5700	R2.Resource@dshs.wa.gov
Spokane	509-329-2900	R1.Resource@dshs.wa.gov
Tacoma	253-404-5500	R3.Resource@dshs.wa.gov
Tumwater	360-725-4250	R3.Resource@dshs.wa.gov
Yakima	509-225-7970	R1.Resource@dshs.wa.gov