

Power of Words

Presented by:
Emily Benbow

The words that we use reflect our mindset and have the potential to empower the individuals we support!

This interactive training course will focus on the significant role that language plays when interacting with and discussing individuals with intellectual and developmental disabilities.

Participants will gain a deeper understanding of the importance of Person-Centered Thinking and Language, and how our verbal, nonverbal, and written communication builds the lens for how individuals with intellectual and developmental disabilities and their support providers are viewed by others.

Practical strategies for using respectful and empowering language that supports the dignity, empowerment, and autonomy of individuals with intellectual and developmental disabilities will be discussed.

About Your Presenter

Emily has been a member of the DDCS Region 2 Psychology Associate and Region 2 ETP Committee Teams for 3 years. She supports all Region 2 Western State Hospital clients through the pre, during and post discharge process. Emily was a DDCS Case Resource Manager for the year prior on an adult residential team. Emily also has over 5 years of experience as a Registered Behavior Technician working in homes, schools and centers. Emily has a bachelor's degree in health psychology and a master's degree in criminal justice. Emily has also received education in mental health, behavior analysis, and developmental disabilities.

Due to limited capacity Registration Is Required

<https://events.humanitix.com/power-of-words>

3 CE Credits Available Class Limit: 25

Date:

Wednesday, September 3rd, 2025

Time:

9:00 am – 12:00 pm

Location:

20311 52nd Ave W
Lynnwood, WA 98036
Mount Olympus Room