

## Supports Intensity Scale (SIS) Questions

Questions in the SIS focus on identifying the type, frequency, and amount of support a person needs in order to be **successful** participating in a specific activity or task.

All questions must be answered even if the person is not currently interested in the activity.

A		Home Living Activities	
A1	Operating home appliances/electronics	A2	Bathing and taking care of personal hygiene and grooming needs
A3	Using the toilet	A4	Dressing
A5	Preparing food	A6	Eating food
A7	Taking care of clothes, including laundering	A8	Housekeeping and cleaning
A9	Using currently prescribed equipment or treatment		
B		Community Living Activities	
B1	Getting from place to place throughout the community (transportation)	B2	Participating in recreation/leisure activities in the community
B3	Participating in preferred community activities	B4	Accessing public buildings and settings
B5	Using public services in the community	B6	Shopping and purchasing goods and services
B7	Interacting with community members	B8	Going to visit friends and family
A9			
C		Life-Long Learning Activities	
C1	Learning and using problem-solving strategies	C2	Learning functional academics (reading signs, counting change, etc.)
C3	Learning health and physical education skills	C4	Learning self-determination skills
C5	Learning self-management strategies	C6	Participating in training/educational decisions
C7	Accessing training/educational settings (includes transportation)	C8	Interacting with others in learning activities
C9	Using technology for learning		

**Note:** The SIS Assessment is the property of the American Association on Intellectual and Developmental Disabilities and is used by the Washington State Division of Developmental Disabilities with their expressed written permission.



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<b>D</b>		<b>Employment Activities</b>	
D1	Learning and using specific job skills	D2	Accessing/receiving job/task accommodations
D3	Interacting with co-workers	D4	Interacting with supervisors and/or coaches
D5	Completing work related tasks with acceptable speed	D6	Completing work related tasks with acceptable quality
D7	Changing job assignments	D8	Seeking information and assistance from an employer
<b>E</b>		<b>Health &amp; Safety Activities</b>	
E1	Taking medications	E2	Ambulating and moving about
E3	Avoiding health and safety hazards	E4	Obtaining health care services
E5	Learning how to access emergency services	E6	Maintaining a nutritious diet
E7	Maintaining physical health and fitness	E8	Maintaining emotional well-being
<b>F</b>		<b>Social Activities</b>	
F1	Using appropriate social skills	F2	Participating in recreation and/or leisure activities with others
F3	Socializing outside the household	F4	Making and keeping friends
F5	Engaging in loving and intimate relationships	F6	Socializing within the household
F7	Communicating with others about personal needs	F8	Engaging in volunteer work
<b>G</b>		<b>Protection &amp; Advocacy Activities</b>	
G1	Advocating for self	G2	Making choices and decisions
G3	Protecting self from exploitation	G4	Exercise legal/civic responsibilities
G5	Belonging to and participating in self-advocacy/support organizations	G6	Obtaining legal services
G7	Managing money and personal finances	G8	Advocating for others

## Supports Intensity Scale (SIS) Questions

Identify the support ratings that best describe the supports the person needs regarding the following exceptional medical needs and behaviors.

The following scores are used to describe the support that must be provided for each of the corresponding exceptional medical and behavioral needs.

0 – No Support

1- Some Support

2 – Extensive Support

#	Exceptional Medical Supports	
1	Inhalation or oxygen therapy	2 Postural drainage
3	Chest PT	4 Suctioning
5	Oral stimulation or jaw positioning	6 Tube feeding (e.g., nasogastric)
7	Parenteral feeding (e.g., IV)	8 Turning or positioning
9	Dressing of open wound(s)	10 Protection from infectious diseases due to immune system impairment
11	Seizure management	12 Dialysis
13	Ostomy care	14 Lifting and/or transferring
15	Therapy services	16 Hypertension
17	Allergies	18 Diabetes
19	Other(s) - specify	

#	Exceptional Behavior Supports	
1	Prevention of emotional outbursts (extreme incidents, not just becoming angry)	2 Prevention of assaults or injuries to others
3	Prevention of property destruction (e.g., fire setting, breaking furniture)	4 Prevention of stealing
5	Prevention of self-injury	6 Prevention of suicide attempts
7	Prevention of pica (ingestion of inedible substances)	8 Prevention of non-aggressive but inappropriate behavior
9	Prevention of sexual aggression	10 Prevention of substance abuse
11	Prevention of wandering	12 Maintenance of mental health treatments
13	Managing attention seeking behavior.*	14 Managing uncooperative behavior.*
15	Managing agitated/over reactive behavior.*	16 Managing obsessive/repetitive behavior.*
17	Prevention of other serious behavior problem(s) - Specify:	