



Kababkaaga cuntada waa kuwo isbadalaya

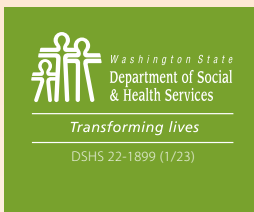
Halkan waxa ku sugan waxaad u baahantahay inaad ogaato

Qoondaynta cuntada deg-dega ah waxay dhamaanaysaa **bisha Feebawari** oo xadiga kabka cuntadaadu waxay hoos u dhici doontaa bilawga Maarij 2023.

Laga bilaabo Maarij 2020 ilaa Feebarwari 2023, dawlada fadaraalku waxay siisay lacago deg-deg ah oo ku meel gaadh ah qoysaska oo la socdaan kabab cunto intii lagu gudo jiray xanuunka COVID-19.

laga bilaabo Maarij 2023

Xadiga kababka cuntada ee aad heli doonto iyadoo aanay jirin kabka xaalada deg-deg ahi wuxuu ku tiirsanaan doonaa caqabadahaaga gaarka ah.



Halkan waxa ku sugan waxaad qaban karto

Baro waxa uu noqon doono xadiga kabka

Wac 877-501-2233 oo dooro adeega iskii ah ama ku Gal Akoonka Kabka ee Macmiilkaaga WashingtonConnection.org.

Raadi khayraadka gudaha

Booqo findhelp.org



ama SNAP Barnaamijyada Waafajinta ee kordhinaya kabkaaga cunto marka waxaad iibsana kartaa khudaar iyo midho badan.



ama 211.org



Kawarbixi isbadalka

haddii caqabdaha noloshadu isbadalaan, waxa laga yaabaa inaad u qalanto xadi kab oo badan. Wac 877-501-2233, ama booqo WashingtonConnection.org, ama booqo Community Services Office (Xafiiska Adeegyada Bulshada) ee goobtaada si aad uga warbixiso isbadalada qaadka qoyska, dakhliga ama kharashaadka.

Waxaanu fahamsanahay tani inay saamayn wayn ku yeelan doonto qoysaska guud ahaan Washington oo waxaanan halkan u joognaa inaan ku taageerno inta lagu jiro kalaguurkan.

Haddii aad qabto wax su'aal ah, nagala soo xidhiidh lambarka 877-501-2233.

Nagalasoo xidhiidh

Macluumaad dheeraad ah

naglasoo booqo dshs.wa.gov.

Si oonlaayn ah

uga codso

WashingtonConnection.org.

Naglasoo wac 24/7 dooroshooyinka adeegyada ama kala hadal khabiiir 8 a.m. ilaa 5 p.m. lambarka 877-501-2233.

Noo arag si shakhsi ah adigoo soo booqanaya Community Services Office (Xafiiska Adeegyada Bulshada) ee gudaha.

Ka raadi xafiiskaaga gudaha:
dshs.wa.gov/office-locations.



DSHS CSD
Customer Service Center
(Xarunta Adeega Macmiilka)
PO BOX 11699
Tacoma, WA 98411-6699