

## Tangka silo le Rawl Bawmhnak caah Application

HI form caah rel silo le phih bawmhnak na herh sicun, zaangfahnak tein rak kan chim.  
Hi cahmai hi na record caah ii fim.

### Zeitindah tangka silo le rawl bawmhnak cu ka sok khawh lai?

Mah minung in zatlaang bu zohkhenhnak zung ah application cu a tu ah upnak tuah in **thok** khawh asi. Application ah na min, umnak, le minthut silo le nang mah aiawhtu minthut cu na tel hrimhrim lai. Na application cu a tlawm bik hi thil (items) pathum a um zong ah thok khawh asi.

- Na application cu tuan deuh ah na thok, na dih, cun a dang dang kan in hal mi konglam cu na application he na pek khawh colh a si cun na hlawknak a tam deuh kho.
- Na application cu ram chung zung ah lak khawh asi. A hmunhna cu [www.dshs.wa.gov](http://www.dshs.wa.gov) ah rak zoh.
- Na application cu 1-888-338-7410 ah rak kua
- Na application cu atanglei mail ah rak kua: DSHS  
CSD- Customer Service Center  
PO Box 11699  
Tacoma, WA 98411-6699
- [www.washingtonconnection.org](http://www.washingtonconnection.org) ah online zong in na sok khawh.
- **Health Care Coverage (Ngandamnak Zohkhenhnak caah Ohnna)** caah [www.wahealthplanfinder.org](http://www.wahealthplanfinder.org) ah online in siseh, 1-855-923-4633 ah phone chawnh, silo le **HCA Application for Health Care Coverage (Ngandamnak Zohkhenhnak caah Ohnna)** (HCA 18-001) hman zong in sok khawh asi.

### Zeitindah rawl le tangka bawmhnak cu tuah deuh ah ka hmuh khawh lai?

Rawl bawmhnak cu tling tein hmuh na herh asicun, Biahalnak no 1 in 14 tiang phih piak law cun cu ram chung zung ah va kal pi.

Nang mah na si fehternak (identity) le atanglei chung in pakhat cu na kan hmuhsak khawh asicun *ni 7 hlannah* rawl bawmhnak dingah na tlaak le tlaak lo biachahnak kan tuah lai.

- Nan innchungkhar nih tu thla ah nan hmuh mi cu azapi \$150 tel asi lai ii \$100 nak tlawm mi asi lai.
- Nan chungkhar nan thlahlawh le nan thilri cu nan hlan mi le nan hman mi nak in a tlawm deuh.
- Nan chungkhar ah sifak mi aa thial mi silo le lo rian attuan mi nan ii tel.

**Miaknak cu naa tlaak tiah biachahnak tuah dih a thai zing in hmuh khawh asi.** Na application na upnak in ni 30 chungah Rawl bawmhnak caah naa tlaak asicun biahchahnak kan tuah hrimhrim lai. Rawl bawmhnak cu na application kan hmuh ni thok in thok asi tawn. Bu (institute) sinin na application cu na up asicun, nangmah sinah thlah silo le pek ni thok in thok asi lai. Tangka bawmhnak cu theihternak dihlak in naa tlaal le tlaak lo biachahnak tuah ni thok inn thok asi tawn.

### Mipi Nawlingeihnak

Federal civil rights law le U.S. Department of Agriculture (U.S. Cinthlaknak Zungtthen, USDA) mipi covo le upadi ning in, hi phunghram hi miphun, muici, ratnak miphun, biaknak, nupa sinak, (nupa sinak cohlaan ning le ruahning telh in), tlamtlinlonak, kum, ramkhel zumhnak, silole teirulchamnak silole mipi covo cawlcanghnak papeknak caah cawlcanghnak, sin in khammi phunghram a si,

Program thawngpang cu Mirang holh leng in a dang holh pawl in tuah a si kho. Tlamtlinlonak a ngeimi program thawngpang caah a dang lam a herhmi hna (abianabia ah., Braille, large print, adiotape, American Sign Language, tbk) nih thathemnak caah an soknak tuavo ngeimi agency pawl an pehtlaih hna awk a si. A hnachetmi, hnathiehnak caah aa harhmi hna silole holh theihnak ah tlamtlinlonak a ngeimi hna nih Federal Relay Service (Federal htet-sinh-hluinhnak caah Zohkhenhnak) (800) 877-8339 in USDA an pehtlaih khawh hna.

Thleidannak lungtlinlonak program theihternak tuah ding ah, USDA Program Discrimination Complaint (Thleidannak Lungtlinlonak) Form, AD- 3027, <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf> ah phihnak tuah, USDA zung paoh in, (833) 620-1071 chawnhnak in, silole USDA ah cakuat tialnak in theihternak tuah khawh a si. Cakuat ah duhlonak a langhtertu min, umnak hmun, telephone nambur, le, mipi covo buarnak nithla le sining kong theihding ah Assistant Secretary for Civil Rights (Mipi Covo caah Tolrepiaktu, ASCR) theihternak tuah ding ah a zatawk a dikthlir in thleidannak he a pehtlaimi cawlcanghnak langhternak catialmi aa tel hrim lai. Phihihmi AD-3027 form silole cakuat cu hi kaa zawn ah kuat a si lai:

1. Mail: Food and Nutrition Service, USDA  
1320 Braddock Place, Room 334  
Alexandria VA 22314; silole
2. Fax: (833) 256-1664 silole (202) 690-7442; silole
3. Email: [FNSCIVILRIGHTSCOMPLAINT@usda.gov](mailto:FNSCIVILRIGHTSCOMPLAINT@usda.gov)

Hi phunghram hi aa ruangmi caantha petu a si.

## Pemnak Dirhmun le Zatlang Himnak Numbat

Midang nih pemnak dirhmun ruangah bawmhna an hmuh khawh lo hmanh ah nang mah he nan um tti mi minung hna nih bawmhna cu an hmuh khawh men. Soknak a tuah mi dihlak ii pemnak dirhmun cu na kan chimh hrimhrim lai. Khual dirhmun in a um mi chungkhar chung in a sok tu cu USCIS (INS tiah rak auh mi) nih fehternak tuah ding ah USCIS application in theihternak upnak pawl cu a tuah khawh men. Hi upnak tuah mi cungah, USCIS nih a hmuh mi theihternak nih ii tlaaknak le miak ding zat cu a hnuarsuan khawh.

Federal Phunglam tang ii (45 CFR §205.52, 7 CFR §273.6), nangmah nih Zaltang Himnak Numbat, Social Security Number (Zatlang Himnak Numbat), SSN cu soknak atuah mi dihlak ta he TANF, silo le rawlbawmhna caah na kan pek lai. Nangmah he a um tti mi asi nain soknak a tuah lo mi nu le pa cun nu pi/pa hna ii SSNs zong a herh kho men.

## Rawl Bawmhna le adang program pawl na sok asicun

SNAP zulhphung cu na application tuahna ding caah na zulh a herh. Hi ah hin caan rikhihna, ralrinpeknak, cun na upnak ding kong ah na nawlgeihna pawl tel loin tuahna pawl aa tel. Na Rawl Bawmhna cu a dang bawmhna program nih alnak kong men ah na application cu kan in al lai lo.

## Pumpak (privacy) cun na tangka le Rawl Bawmhna

Remh tthan mi Food and Nutrition Act (Rawl le A-ha-ra upadi) of 2008 bantuk in, inn chungkhar kip ii an SSN telh in application caah kan hal mi theihternak pawl cu zungtthen nih khomh ding in nawl pek asi. SSNs cu fehternak, ii tlaaknak caah fehternak, hlennak in runvennak, cun khomhna caah kan hman mi asi. Adang ko-za-lay pawl he kan program tawrel le phunglam zulh khawhna caah theihternak hrawmhna kan ngei. Theihternak caah hal mi pek cu mah le lungtho te cio in tuah mi asi. Asinain, ruang ttha tein ngeih lo in SSN sin pek ding pek lo silo le SSN caah application fehternak tuah lo cun Rawl Bawmhna cu pumpak pakhat cio SSN caah sunghter asi lai. Acheu theihternak pawl cu computer in federal Income and Eligibility Verification System (IEVS) telh in cheknak program in fehternak kan tuah.

**Zatlang le Ngandamna caah Zohkhenhna Zungtthen Department of Social and Health Services (Zatlang le Ngandamna caah Zohkhenhna Zungtthen) ah theihternak pek mi nih ngandamna caah zohkhenhna a huap mi cu Ngandamna caah Zohkhenhna Nawlgeihna le Ngandamna caah Miaknak caah a hnurasuan khawh mi asi.**

Hi konglam pawl kan hmanna cu:	Hi konglam pawl kan peknak cu:
<ul style="list-style-type: none"> <li>• Ho dah kan program caah aa tlaak ti biachanna.</li> <li>• Ahlei in peknak khomh.</li> <li>• Kan program tawrelna.</li> <li>• Phunglam kan zulh le zulh lo fiang tein zoh.</li> </ul>	<ul style="list-style-type: none"> <li>• Phunglam tien hmanna caah federal le ramkulh ko-za-lay pawl.</li> <li>• Phunglam Zulh Ding Fehternak ko-za-lay pawl nih phunglam a zul lo mi pawl cu an kawh hna lai.</li> <li>• Pumpak in khomh mi ko-za-lay pawl caah ahlei in rawl bawmhna caah peknak khomh.</li> </ul>
<b>Rawl Bawmhna caah Ralrin Peknak</b>	
<p><b>Na konglam cu a hman le hman lo adang ko-za-lay pawl he kan chek.</b> Theihternak tuah mi cu a hmaan lo asicun, mah nu/pa nih Rawl Bawmhna cu a ngah lai lo.</p>	
<p><b>Chungtel mi hna nih phunglam zulh ding in nawl an buar asi ahcun:</b></p>	
<ul style="list-style-type: none"> <li>• Adang angah rih mi Federal le Ramkulh Upadi in dantatna tuah asi lai.</li> <li>• SNAP ah kum khat in zungzal tiang hmanna nawl phih piak asi lai.</li> <li>• \$250,000 cung dantatna.</li> <li>• Kum 20 cung thong ah thlanna.</li> <li>• Biaceih zung nih a mingh a pek sicun adang thla 18 chung SNAP hman nak nawl phih piak.</li> </ul>	
<p><b>Biaceih zung nih asualna a hmuh sicun:</b></p>	
<p><b>Miakna in tangka kuatna ah cawlcanghna hmuh:</b></p>	<p><b>Nang ma cu:</b></p>
<ul style="list-style-type: none"> <li>• Tthing mi thil sining zuar .....</li> </ul>	<ul style="list-style-type: none"> <li>• Kum hnih in a zungzal tiang tlin khawh tlonak.</li> </ul>
<ul style="list-style-type: none"> <li>• Hriamnaam, zen thong, silo le a puak mi thil pawl zuar .....</li> </ul>	<ul style="list-style-type: none"> <li>• A zungzal in tlin khawh tlonak.</li> </ul>
<ul style="list-style-type: none"> <li>• Mi zuarna in \$500 leng miakna hmuh .....</li> </ul>	<ul style="list-style-type: none"> <li>• A zungzal in tlin khawh tlonak.</li> </ul>
<ul style="list-style-type: none"> <li>• Umtthutna silo le fehternak hlen .....</li> </ul>	<ul style="list-style-type: none"> <li>• Kum 10 chung tlin khawh tlonak.</li> </ul>

# Tangka silo le Rawl Bawmhnak caah Application

Hi form pihnak caah bawmhnak na herh cun rak kan hal.

1. MIN HMAI MIN LAI MIN HNU	ASOK TU MINTHUT SILO LE NAWLNGEIHNAK AIAWHTU MINTHUT (AHERH)	2. AHMANGTU FEHTERNAK NUMBAT (NA THEIH SICUN)
3. NA UMNAK LAM MIN CODE	KHUA RAM KULH ZIP	4. HMAN MI PHONE NUMBAT <input type="checkbox"/> CELL <input type="checkbox"/> INN <input type="checkbox"/> CAKUAT
5. CAKUATNAK DING CODE	KHUA RAM KULH ZIP	6. PEHTLAH KHAWHNAK DING PHONE NUMBAT PAWL <input type="checkbox"/> CELL <input type="checkbox"/> INN <input type="checkbox"/> CAKUAT
8. Ka sok ding mi pawl cu (sok ding vialte cu zah piak): <input type="checkbox"/> Tangka <input type="checkbox"/> Rawl <input type="checkbox"/> Nau zohkhenhnak		7. EMAIL MIN

9. Kei mah silo le kan inn chungkhar pakhat khat cu (sok ding vialte cu zah piak):  
 Chungkhar ah buainak ka/kan um  ka/kan tlam tling lo  
 Ngandam lo ruangah rian kan ttuan kho lo  Nau ka/kan pawl; min: \_\_\_\_\_ ani thla: \_\_\_\_\_
10. Na chungkhar nih tuthla caah tangka zeizat kan hmuh lai tiah na ruah? \$ \_\_\_\_\_
11. Nan inn chungkhar nih tangka silo le ban account ah tangka zeizatdah nan ngeih? \$ \_\_\_\_\_
12. Nan inn chungkhar nih hlan man silo le a ttuu cu zeizatdah nan pek? \$ \_\_\_\_\_
13. Nan chungkhar nih zei nan hman mi man dah nan pek?  Lumhternak/kihternak  Telephone  Adang: \_\_\_\_\_
14. Nan inn chungkhar ah a thla (seasonal) in silo le lo rian a ttuan mi nan um maw?  Um  Um lo
15. Rawl Bawmhnak caah na sok asicun, nan inn chungkhar chungah pazeizat caah dah rawl cu na cawl le na tuah? \_\_\_\_\_
16. Nau zohkhenhnak caah na sok asicun, zeibantuk zohkhenh piaknak dah na duh (sok ding vialte cu zah piak)?  
 Rian  Sianginn  WorkFirst  Basic Food Employment and Training (Rawl Rian Ttuan le Cawnnak, BFET)

**ZUNG HMAN DING LAWNG – Abiapi mi zohkhenhnak caah aa tlaak mi chungkhar:**  Asi  Asi Lo Cheknak Thoktu: \_\_\_\_\_ Nithla: \_\_\_\_\_

17.  Holhle piak tu ka herh. Ka holh mi cu: \_\_\_\_\_ silo le  kut piah; ka ca cu hi holh ah leh ding: \_\_\_\_\_

18. Nan inn chungkhar pawl cu an mah caah na sok lo hmanh ah aa tel mi dilh in telh chih hna (aherh sicun adang catlaap tenhchih).

MIN (A HMAI, A LAI, AHNU)	NU LE PA SINAK	HI MINUNG HE ZEITINDAH NAN II PEHTLAH?	CHUAH NI THLA	HI MINUNG CAAH MIAKNAK NA DUH SI CUN RAK ZAH	A SOK LO MI CAAH ADANG THIM DING			
					SOCIAL SECURITY NUMBER (ZATLANG HIMNAK NUMBAT)	U.S. RAM MI NA SICUN RAK ZAH	MIPHUN (ATANGAH TAHCHUNNA K ZOH)	PHUN MIN(America le India cawh, ALaska Hrsinsor)
		Keimah Kong		<input type="checkbox"/>		<input type="checkbox"/>		
				<input type="checkbox"/>		<input type="checkbox"/>		
				<input type="checkbox"/>		<input type="checkbox"/>		
				<input type="checkbox"/>		<input type="checkbox"/>		
				<input type="checkbox"/>		<input type="checkbox"/>		
				<input type="checkbox"/>		<input type="checkbox"/>		
				<input type="checkbox"/>		<input type="checkbox"/>		

19. Ka miphun sining cu HIspanic silo le Latino asi:  Asi  Asi Lo

Ram le miphun sinak theiher cu mah le lungtho tein tuah asi ii tlaaknak silo le miak ding zat a hnuarsuang lai lo. Hi theihternak pawl cu program miaknak kha minphung, muicii, islo le ram mi sinak zoh lo in ttha tein zamhnak ding ah hman asi. Rawl Bawmhnak caah USDA nih theihternak cu na pek rih lo sicun cucu phit piak ding a herh lai. **Miphun tahchunnak:** Arang, Anak silo le Africa America mi, Asia mi, Hawaiian hrsinsor, Pacific laland mi, America India aa cawh mi, Alaska hrsinsor, silo le adang miphun thi aa cawh mi pawl.



ASOKTU MIN	SOCIAL SECURITY NUMBER (ZATLANG HIMNAK NUMBAT)	AHMANGTU FEHTERNAK NUMBAT
------------	---	---------------------------

**I. Atlang pi Konglam**

- A luan cia ni 30 ah, ram kulh dang, phun dang, silo le adang hmunhma in rawl silo le tangka bawmhnak ka hmuh.  
 Asi  Asi Lo
- Washington Ramkulh leng ah um a duh ii a sok mi ka si:  Asi  Asi Lo Ho dah: \_\_\_\_\_
- Kei mah silo le ka chungkhar nih mi sifak kan bawmh:  Asi  Asi Lo Ho dah: \_\_\_\_\_
- Kei mah silo le ka chungkhar chung in pakhat khat cu kum 16 silo le cunak upa kan si ii:  Siangsangruun  
 Siangsangruun he aa tluuk mi program  College  Trade Sianginn ah kan kai Ho dah: \_\_\_\_\_
- Pakhat khat cu kan inn in chikhat leng ah a um:  Asi  Asi Lo Ho dah: \_\_\_\_\_
- Kei mah silo le kan inn chungkhar in pakhat cu U.S. Hriamtai Bu, Ram mi Hngaktu, silo le Ralkap rin silo le a za lawn g mi nu/va a zohkhenh tu kan si  Asi  Asi Lo Asi cun ho dah asi: \_\_\_\_\_
- Kei mah silo le kan inn chungkhar in pakhat cu biaceih zung silo le sualnak tuah ruangah thongtlaak ding hrialnak caah upadi zul lo in a tli mi kan si :  Asi  Asi Lo
- Kei mah ka umnak cu:  Kei mah inn silo le tteih-khan  Bu Inn  Adang: \_\_\_\_\_  
 Zohkhenhnak (pung-san cazin): \_\_\_\_\_ Luhnak Nithla: \_\_\_\_\_
- Kei mah cu:  Mipak  Aa Tthi Um Cang Mi  Aa Tthen Mi  Adang Tein Ummi  Nu/Pa Hmei  
 Ramchung Rianttuanti Hawi In Minpeknak
- Keimah silo le kan inn chungkhar chung in pakhat cu September 22, 1996 ah rithai sii zuar ruangah Rawl Bawmhnak ah dantat mi kan si:  Asi  Asi Lo
- Keimah silo le kan inn chungkhar chung in pakhat cu September 22 ah Rawl Bawmhnak cu \$500 leng zuar silo le cawk ruangah dantat mi kan si 1996:  Asi  Asi Lo
- Keimah silo le kan inn chungkhar chung in pakhat khat cu kuan pawl, zen thong, silo le puah hmanh thil caah Rawl Bawmhnak cu zuar ruangah September 22, 1996 ah dantat mi kan si:  Asi  Asi Lo
- Keimah silo le kan inn chungkhar chung in pakhat cu September 22, 1996 ah Rawl Bawmhnak cu Ramkulh kapkhat leng in kan hmuh ruangah dantat mi kan si:  Asi  Asi Lo
- Keimah silo le kan inn in pakhat cu: a. San-dah piah:  Asi  Asi Lo b. Hawi kom (a boarder):  Asi  Asi Lo

**II. Thil Hrampi pawl (Fehternak caah tenh mi; Tangka Bawmhnak Ca lawngah)**

Thilr hrampi cu nangmah nih na ngeih mi asi ii cucu zuar khawh, chawlehthal khawh, silo le tangka he adang in thlen khawh mi pawl an si. Thil hrampi ah nangmah nih pumpak in ngeih mi inn chung thilri, silo le thil puan pawl aa tel lo. Thil hrampi caah tahchunnak pawl cu:

- Tangka
- Cheknak account pawl
- Khonnak account pawl
- College fun pawl
- Zumhnak
- IRA / 401k
- Inn pawl, Vawlei silo le Inn Lo
- CDs
- Tangka market account (Moeney market account)
- Bond pawl
- Pensen man
- Thlaan man, plan caah pekcianak
- Chawlehthalnak caah thilri timhnak
- Sattil zuatnak
- Nunnak caah Aamahkhannak

Zaangfahnnak tein nangmah, nan nu/pa, silo le mah caah soknak tuah silo le cawk mi thilri pawl cu cazin tuah hna:

THILRI	HO NIH DAH A NGEIH	UMNNAK	AMAN
			\$
			\$
			\$
			\$

- Keimah, kan nu/pa, silo le pakhat khat caah keimah nih motor pawl, kung-ka pawl, van motot pawl, tilawng, RVs, sannak, silo le a dang motor thilri pawl cu ngeih dingah ka sok:

AKUM (TCH, 1980)	SERNAK (TCH, FORD)	MODEL (TCH, ESCORT)	HLANH DING ASICUN ZAH PIAK	SEH THILRI CU SIILEI PEHTLAI IN HMAN DING ASICUN ZAH PIAK	NGEIH MI ZAT
			<input type="checkbox"/>	<input type="checkbox"/>	\$
			<input type="checkbox"/>	<input type="checkbox"/>	\$
			<input type="checkbox"/>	<input type="checkbox"/>	\$

- Keimah, kan nu/pa/ silo le pakhat khat caah aluancia kum nhii ah zuarnak, chawlehthalnak, a lak in pek, silo le thil a hrampi paw thialnak cu ka sok(zumhnak, seh thilri pawl silo le eain-chan-me pawl telh in):  Asi  Asi Lo Asi cun zeidah asi: \_\_\_\_\_ zeitik ah: \_\_\_\_\_

**III. Kum tin man (Atu silo le hmailei ah caan hmaan tein peknak hmuh ding ah inn chungkhar mi pakhat khat nih hrabunhnak(investment) tuah)**

KUM TIN MAN NGEITU CU HODAH ASI?	COMPANY SILO LE BU (INSTITUTION)?	AZAT SILO LE AMAN	THLAHLAWH HMUHMI	CAWKNAK NITHLA
		\$	\$	
		\$	\$	
		\$	\$	

ASOKTU MIN	SOCIAL SECURITY NUMBER (ZATLANG HIMNAK NUMBAT)	AHMANGTU FEHTERNAK NUMBAT
------------	---	---------------------------

#### IV. Tangka Luhnak Hmuhmi (Fehternak tenhchih)

1. Keimah, kan nu/pa, silo le kan innchung pakhat khat nih a luan cia ni 30 ah rian dihnak caah ka sok:  Asi  Asi Lo
2. Keimah, kan nu/pa, silo le kan innchung pakhat khat nih rian in thlahlawh na ngeihnak ding caah keimah nih asok:  
 Asi  Asi Lo  
 Asi cun, zaangfahnak tein hi ka hmuhma pawl hi pih piak:

HODAH HI THLAHLAWH CU A HMU _____ RIAN NGEITU MIN LE PHONE NUMBAT _____ RIAN THOK NI _____ Mah rian hi mah pumpak tein tuah mi asi maw? <input type="checkbox"/> Asi <input type="checkbox"/> Asi Lo Mah pumpak tein chawhlethlnak tuah mi ah thla fatin dihheu mi azat: \$ _____	HMMU MI AZAT DIHLAK (ZUHNAK TUAH HLAN II DOLLAR ZAT) \$ _____ caah: <input type="checkbox"/> Nazi <input type="checkbox"/> Zerh <input type="checkbox"/> Zerh hnih <input type="checkbox"/> Thla khat voihnih <input type="checkbox"/> Thla Zerh khat ah nazi: _____ Pek nithla (tch, 1 <sup>st</sup> le 15 <sup>th</sup> , silo le Ninga ni fatin):
--	--

HODAH HI THLAHLAWH CU A HMU _____ RIAN NGEITU MIN LE PHONE NUMBAT _____ RIAN THOK NI _____ Mah rian hi mah pumpak tein tuah mi asi maw? <input type="checkbox"/> Asi <input type="checkbox"/> Asi Lo Mah pumpak tein chawhlethlnak tuah mi ah thla fatin dihheu mi azat: \$ _____	HMMU MI AZAT DIHLAK (ZUHNAK TUAH HLAN II DOLLAR ZAT) \$ _____ caah: <input type="checkbox"/> Nazi <input type="checkbox"/> Zerh <input type="checkbox"/> Zerh hnih <input type="checkbox"/> Thla khat voihnih <input type="checkbox"/> Thla Zerh khat ah nazi: _____ Pek nithla (tch, 1 <sup>st</sup> le 15 <sup>th</sup> , silo le Ninga ni fatin):
--	--

#### V. Adang dang tangka hmuhnak (Fehternak tenhchih; Chungkhar dihlak ca in theiterhnak tuah)

- |  |  |   |
|--|--|---|
| <ul style="list-style-type: none"> <li>• Rian ngei lo miaknak pawl</li> <li>• Zatlant Himnak caah Tangka Hmuh Mi</li> <li>• Ruak Bul Man</li> <li>• Lentecelhnak in Tangka Hmuh Mi</li> <li>• Fimthiamnak lei miaknak (sianghngakchia tangkah cawihnak, laksawng, rian- cawn)</li> </ul> | <ul style="list-style-type: none"> <li>• Supplemental Security Incme (Adang dang Betmi Himnnak caah Tangka Hmuhnak, SSI)</li> <li>• Hngakchia Bawmhnak silo le chungkhar zohkhenhnak</li> <li>• Tlaanglawng in miaknak pawl</li> <li>• Hlanhnak in hmuh mi tangka</li> </ul> | <ul style="list-style-type: none"> <li>• Riang dihnak silo le pensen</li> <li>• Veteran Administration (Wa-yint mi Uknak, VA)</li> <li>• Labor and Industries (A-lote-ta-ma le sehzung pawl, L&amp;I)</li> <li>• Zumhnak</li> <li>• a ttuu/ Miak mi pawl</li> </ul> |
|--|--|---|

HMMU LOMI THALHLAWH PUNG-SAN	HO DAH THLAHLAWH CU A HMU?	THLA FATIN TANGKA HMMU MI ZAT
		\$
		\$
		\$
		\$
		\$

#### VI. Thal fatin dihheu mi pawl

HLAAN \$	A TTUU \$	HMMU HLANH \$	INN NGEITU AAMAHKHAN \$	THILRI CAAH NGUNKHUI MAN PAWL \$	ADANG DANG MAN PAWL \$
Zei bantuk dah nan inn chungkhar nih <u>thencheu</u> in haln silo le a ttuu cu nan pek? <input type="checkbox"/> Mei (Electric/Gas) <input type="checkbox"/> Electric (Mei silo mi) <input type="checkbox"/> Ti <input type="checkbox"/> Inn/Cell Phone <input type="checkbox"/> hor kuang <input type="checkbox"/> ku-dawng					
Adang minung silo le ko-za-lay pawl nih inn caah bawmhnak cu hi dihheunak ii a cheu silo le pek hau lo ding in an ka bawmh: <input type="checkbox"/> Asi <input type="checkbox"/> Asi Lo Asi cun ho dah asi: _____ Zei bantuk dihheunak: _____ An pek mi azat: \$ _____					
<input type="checkbox"/> Aluan cia thla 12 chung ah Low Income Home Energy Assistance Act (Thlahlawh a Tlawm mi Innchung bawmhnak Upadi, LIHEAA) cu ka hmuh.					
Keimah, kan nu/pa, silo le kan innchung pakhat khat nih pek ding mi cu an pek silo le pek ding an ruah(sok mi vialte zah piak):					
<input type="checkbox"/> Zalawng tein Hngakchia silo le Upa Zohkhenhnak (phorhthirnak man telh in)			Thla fatin ca azat: \$ _____		Ho dah a pe: _____
<input type="checkbox"/> Pum tlamtling lo mi pawl silo le kum 60+ cung asi mi minung hna siilei caah bill peknak (phorhthirnak man le a tha hlei mi ngandamnak aamakhnan pawl telh in)			Thla fatin ca azat: \$ _____		Ho dah a pe: _____
<input type="checkbox"/> Hngakchia Bawmhnak(Fehternak tenhchih)			Thla fatin ca azat: \$ _____		Ho dah a pe: _____
Acunglei cazin ii langhter mi dihheunak pawl cu theihternak na tuah lo asicun, hi dihheunak caah zuhnak cu nan innchungkhar nih nan duh lo tiah cathanhnak in hi kongkau ah kan ruah lai.					

ASOKTU MIN	SOCIAL SECURITY NUMBER (ZATLANG HIMNAK NUMBAT)	AHMANGTU FEHTERNAK NUMBAT	
<b>VII. Nawlgeihnak Aiawhtu</b>			
<p>Nawlgeihnak aiawhtu cu minung asi ii nangmah miaknak kong ah DSHS he bia aa ruah kho mi asi. Mi pakhat khat min na chim khawh, asinain na herh mi asi lo. Nawlgeihnak aiawhtu cu na ngeih maw? <input type="checkbox"/> Ngei <input type="checkbox"/> Ngei Lo</p> <p>Hi minung hi phungning in an zohkhenhtu asi maw? <input type="checkbox"/> Asi <input type="checkbox"/> Asi Lo</p> <p>Nawlgeihnak Aiawhtu Form cu na phih piak a hau kho men (DSHS 14-532)</p>			
MIN	II PEHTLAIHNAK	TELEPHONE NUMBAT	
CAKUATNAK DING	KHUA	RAM KULH	ZIP CODE
<b>Me petu Minpeknak</b>			
<p>Zungtthen nih me petu minpeknak caah zohkhenhnak cu mah tein (automatic) me petu minpeknak cu atuah. <b>Minpek ding ah soknak tuah silo le alnak tuahnak nih hi ko-za-lay sinin na hmuh ding mi miaknak azat cu silo le zohkhenhnak cu a hnuarsuang lai lo.</b> Me petu minpeknak form phih dingah bawmh na herh cun, kan in bawmh lai. Bawmhak cu na cohlang lai maw silo le na kawl lai dah ticu nang mah nawl asi Me petu minpeknak form cu pumpak tein na phih asi kho men. Pakhat khat nih minpeknak ah na nawl ngeihnak cu hna a kan hnawh tiah na zumh asicun silo le vote pek ding minpeknak cu al asi cun, vote pek ding ah minpeknak silo upanak tuahnak nawl cu na ngeih, silo le nang mah ii ramkhel bu silo le adang ramkhel na duh mi zong thimnak nawl na ngeih, cucu file in in buainak cu: Washington State Elections Office Box 40229, Olympia, WA 98504-0229 (1-800-448-4881) ah a chimrel khawh.</p> <p><b>Me silo le na mepeknak caah minpeknak cu remhthar mi in tuah na duh maw?</b> <input type="checkbox"/> Duh <input type="checkbox"/> Duh Lo</p> <p><b>Me kaung cu na zah lo asi ahcun, a tu tan ah me pek ding cu tuah lo ding in kan in ruah lai,</b> nangmah cu allo in le mah tein me petu minpeknak ah naa tlaak lo tiah kan in ruah lai.</p> <p>Acung ah "Duh Lo" tiah na zah asi cun, mah tein me petu minpeknak ah naa tlaak tiah ruah na si lai. Nangmah cu a hnu thimnak ah a tlawm bik kum 18 in a cung lei na si, cun United States of America ram mi na si, cun DSHS nih na min, umthutnak le cakuatnak, chuah nithla, ram mi sinak fehter khawhnak konglam, cun hi application caah thiehternak pek mi cu hmaan te in tuah in na minthutnak a um asi ahcun mah tein me petu minpeknak ah na tlaak lai.</p> <p><b>Me peknak caah mahtein(automatically) minpeknak tuah cu na duh maw?</b> <input type="checkbox"/> Duh <input type="checkbox"/> Duh Lo</p> <p><b>Kuang ah "Duh" tiah na zah asi ahcun, silo le kuang zong na zah lo nan mah tein me petu minpeknak ah a herh mi cu na tlinh asicun, DSHS nih me peknak ding caah Ramkulh Chungttuan Zung (Office of the Secretary) ah na konglam cu a kuat lai.</b></p>			
<b>Thanhnak le Minthutnak pawl</b>			
<p><b>Tangka bawmhak cu na sok sicun, innchungkhar ii kum tling upa( silo le nawlgeihnak aiawhtu) dihlak nih minthut ding.</b></p> <p><b>Rawl bawmhak cu na sok sicun, a sok tu (silo le nawlgeihnak aiawhtu) nih minthut ding.</b></p> <p>Keimah nih hihi ka fian:</p> <ul style="list-style-type: none"> <li>Ahmaan mi theihternak pek le theihternak caah a herh mi pawl cu zult ding.</li> <li>Kaa tlaaknak caah fehternak pek ding.</li> <li>Hngakchia bawmhak caah a fiang e nawlgeihnak caah rianpeknak cu Washington Ramkulh ah Chungkhar caah Caan Tawi in Aherh Mi Bawmhak Temporary Assistance for Needy Families (Chungkhar caah Caan Tawi in Aherh Mi Bawmhak, TANF) ka hmuh bak in pek ding. Asinain, DSHS sinah hngakchia bawmhak cu kei mah silo le ka fa caah ral asi cun ka hal khawh hna.</li> <li>Rawl bawmhak caah riantuannak a herh mi he hmunkhat ah ttuan tti.</li> </ul> <p>Keimah nih hi thil pawl cu ka tuah lo sicun, miaknak silo le an mah sin pek than ding cu ka sung kho.</p> <p>Keimah nih a palh mi cathanhnak zu tuah silo le theihter ding mi thil theihter loin ka um asicun phung ning in dantatnak ka tong kho ti ka fiang.</p> <p>DSHS cu adang minung silo le ko-za-lay pawl he kei mah nih kaa tlaak maw tlaak lo tiah fehternak tuah tikah ah pehtlaihnak nawl cu ka pek.</p> <p>Ka nawlgeihnak le ka ttuanvo pawl cun Ahmang tu Nawlgeihnak le ttuanvo pawl, DSHS 14-113 khawpi cu ka rel silo le ka fian ko. <b>Washington Ramkulh tang ii a ummi tangka dantatnak zohin application ka pek mi theihternak cu ram mi sinak ah lungretheihnak le miaknak caah sifak dirhmun in chungtel sinak ka sok mi cu a hmaan mi le a dik mi asi tiah ka fehter silo le thanh.</b></p>			
ASOKTU MINTHUT	NITHLA	ASOKTU MIN CHUAH	KHUA LE RAMKULH
ADANG ASOKTU KUM TLING UPA MINTHUT	NITHLA	ASOKTU KUM TLING UPA MIN CHUAH	KHUA LE RAMKULH
BAWMTU SILO LE AIAWHTU MINTHUT	NITHLA	AIAWHTU MIN CHUAH	KHUA LE RAMKULH
"X" HE ASICUN TETTE TUAHTU MINTHUT	NITHLA	TETTE TUAHTU MIN CHUAH	