

Codsiga

WASHCAP waa barnaamij caawimada cuntada ah oo loogu talagalay dadka:

- Hela Supplemental Security Income (Dakhliga Kabka Dheeraadka ah, SSI).
- Buuxiya Shuruuda Kabka Bulshada ee Diyaarinta Noloshu "A"
- Gaadhay sideed iyo toban sano jir ama ka weyn.
- Aan helin dakhli.
- Leh diyaarin nolol buuxisay dhammaan shuruudaha hoose:
 - Aan ku nooleyn haayad dhexdeeda;
 - Kaligii nool, ama la nool dadkale oo u iibsadana una karsada cuntada si gooniya;
 - Aan la guursan ama guursan oo aan la nooleyn xaas.
- Hadduu da'da 18 ilaa 21 yahay oo uu buuxiyo shuruudaha hoose:
 - Aanu la nooleyn waalidkii oo hela Basic Food (Cuntada Asaasiga ah); ama
 - La nool yahay waalidkii oo aan helin Basic Food oo u iibsada cuntada si ka gooniya.
- Aanu la nooleyn caruur ka yar da'da 22.

Macluumaad dheeriya oo khuseeya barnaamijkan fiiri cutubka 388-492 WAC oo ay ku jiraan WAC 388-492-0020 ilaa 388-492-0120.

Haddii aad ka qabtid wax su'aalo ah WASHCAP, bilaash uga wac 1 (877) 380-5784.

Waxaan ku cadeynayaa in:

- Aan noolahay kaligay, ama aan si joogto ah uga iibsado uguna diyaarisado cuntada dadka kale ee gurigayga.
Waxaan ku bixiyaa \$ _____ kirada / daynta-guriga bishiiba.
SAAMIGAYGA

Anoo saxeexaya hoos, waxaan cadeynayaa in:

- Wax la iiga sheegay WASHCAP.
- Aan fahmay xuquuqdayda iyo masuuliyadahayga WASHCAP.
- Aan fahmay in aan ka heli doono kabka cuntadayda WASHCAP.

Waxaan cadeynayaa sida waafaqsan shuruudaha cigaabta ee Gobolka Washington in macluumaadka aan ku bixiyey codsigani run iyo sax yahay.

SAXEEXA IYO TAARIKHDA

MAGACA SAXDA AH

CINWAANKA

CIWAANKA DIRISTA, HADDII UU KA DUWAN YAHAY

LAMBARKA TELEEFANKA KOOBAAD
(XXX) XXX-XXXX

MOOBILKA-GACANTA GURIGA
 FARIINTA

LAMBARKA FARIINTA TELEEFANKA
LABAAD (XXX) XXX-XXXX

MOOBILKA-GACANTA GURIGA
 FARIINTA

SOCIAL SECURITY NUMBER
(LAMBARKA CAYMISKA BULSHADA)
AMA LAMBARKA AQOONSIGA
MACMIILKA

**Waxaanu u isticmaalnaa
macluumaadkan in:**

- Aanu u go'aamino cida ku haboob barnaamijyadeena.
- Ururino lacagaha dheeriga ah.
- Maamulno barnaamijyadeena.
- Hubino inaan raacayno sharciga.

Waxaanu u bixin karnaa macluumaadkan si:

- Waakaladaha fadaraalka iyo gobolka isticmaalkooda rasmiga ah.
- Haayadaha Fulinta Sharciga ee eryanaya dadka ka baxsanaya sharciga.
- Wakaaladaha ururinta gaarka ah si loo ururiyo caawimada lacaga dheeriga ah.

Diwaangalinta Cod-bixiyaha

Waaxdu waxay bixinaysaa adeegyada diwaangalinta cod-bixiyaha, oo ay ku jiraan diwaangalinta cod-bixiyaha tooska ah. **Codsashada isdiwaangalinta ama diidida in la diwaangaliyo si loo codeeyo ma saameyn doonto adeegyada ama xadiga kabka aad ka heshid wakaaladan.** Haddii aad jeclaan lahayd inaad buuxisid foomka diwaangalinta cod-bixiyaha, waanu kaa caawin doonaa. Go'aanka in la raadiyo ama la aqbaloo caawimadu adaa iska leh. Waxaad u buuxin kartaa foomka diwaangalinta cod-bixiyaha si gaara. Haddii aad



aamisan tahay in qof farogaliyey xuquuqdaada inaad isdiwaangalisid ama in aad diidid inaad isdiwaangalisid si aad u codeysid, xuquuqdaada asturnaanta ee go'aansashada in aad isdiwaangalisid ama codsatid si aad isku diwaangalisid oo aad u codeysid, ama xuquuqdaada inaad dooratid xisbigaaga gaarka ah ama doorashooyinka kale ee siyaasadeed, waxaad dacwad ka gudbin kartaa: Washington State Elections Office PO Box 40229, Olympia, WA 98504-0229 (1-800-448-4881).

Diwaangalinta Cod-bixiyaha (socota)

Miyaad rabtaa inaad isdiwaangalisid si aad u codeysid ama u cusbooneysiisid diwaangalintaada cod-bixiyaha? Haa Maya

Haddii aanad calaamadin sanduuqnaba, waxaanu u tixgalin doonaa inaad go'aansatay inaanad isdiwaangalin si aad u codeysid wakhtigan, ilaa aad ku haboon tahay, oo aanad diidin, diwaangalinta cod-bixiyaha tooska ah.

Ilaa aad calaamadisay "Maya" sare, waxaad ku haboon tahay diwaangalinta cod-bixiyaha ee tooska ah. Waxaad ku haboon tahay diwaangalinta cod-bixiyaha tooska haddii aad ugu yaraan tahay 18 sano jir doorashada xigta, oo aad tahay muwaadin Mareykanka ah, oo DSHS hayso magacaaga, ciwaankaaga deganaanshaha iyo dirista, taariikhda dhalashada, xaqiijinta macluumaadka muwaadinimo, iyo saxeexaaga cadeynaya xaqiiqda macluumaadka aad ku bixisay codsigan.

Ma rabtaa in si toos lagu diwaangaliyo si aad u codeysid? Haa Maya

Haddii aad ku calaamadisay sanduuqa "Haa," ama aanad calaamadin sanduuqnaba oo aad si toosa u buuxisay shuruudaha ku haboonaanshaha diwaangalinta cod-bixiyaha, DSHS waxay usoo diri doontaa macluumaadkaaga Office of the Secretary of State (Xafiiska Xogyaha Arimaha Dibada) oo si toosa ayaa laguugu diwaangalinayaa inaad codeysid.

Digniinta Ciqabta Caawimada Cuntada

Waxaanu la hubinaa wakaaladaha kale in macluumaadkaagu sax yahay. Haddii macluumaadka wax qalad yihiin, dadka codsadaa ma heli karaan Caawimada Cuntada.

Xubinkasta oo jabisa mid ka mida shuruudaha ujeedadan waxay waajihi karaan:

- Ciqaab marin shuruudaha khusaysa ee Fadaraalka iyo gobolka ah.
- In laga mabnuuco SNAP hal sano ilaa abadan.
- Ganaax dhan ilaa \$250,000.
- Xabsi ilaa 20 sano ah.
- In laga mabnuuco SNAP 18 bilood oo dheeriya haddii maxkamad amarto.

Haddii maxkamadi ku hesho danbi ah:

Helitaanka kabka ee dhaqdhaqaaq ku lugleh:

Waxaad waajihi kartaa:

- libka walxo la xakameeyo.....In lagaa saaro labo sano ilaa abadan.
- libka hubka, rasaasta, ama walxaha qarxaSi Rasmiya lagaaga saaro.
- Raacida kabka ka badan \$500 oo la iskudaraySi rasmiya lagaaga saaro.
- Khiyaano deganaansho ama aqoonsiLagaa saaro 10 sano.

Bayaanka Takoor La'aanta

Iyadoo la raacayo sharciga shacabka ee fadaraalka U.S. Department of Agriculture (Waaxda Mareykanka ee Beeraha, USDA) qawaaniinta iyo siyaasadaha shacabka, haayadani waxa laga mabnuucay takoorka ku saleysan isirka, midabka, dhalashada, naafada, da'da, jinsiga (oo ay ku jiraan aqoonsiga jinsiga iyo rabitaanka galmo), caqiidada diimeed, naafada, da'da, aragtayaha diimeed, ama aargoosi ama aargoosasho ka hor dhaqdhaqaaq xuquuq shacab.

Macluumaadka barnaamijka waxaa laga yaabaa in lagu diyaariyo luuqado aan Ingiriisi ahayn. Dadka naafada ah ee u baahan hab kale oo isgaadhsiineed oo loogu talagalay macluumaadka barnaamijka (tusaale ahaan farta indhoolaha, far waaweyn, cajalad maqal, Luuqadda Calaamadaha ee Maraykanka, iwm.), Waa inay la xidhiidhaan wakaaladda (Gobolka ama degaanka) halkaas oo ay ka codsadeen kabka. Shakhsiyadka naafada dhagaha ah, maqalku ku adag yahay, ama qaba naafonimada hadalka waxay kala xidhiidhi karaan USDA Federal Relay Service (Adeegga Gudbinta Federaalka) ee (800) 877-8339.

Si aad u gudbisid cabasho takoor, Dacwooduu waa inuu dhammeystiraa foomka AD-3027, USDA Program Discrimination Complaint Form (Foomka Barnaamijka Dacwoodaha Takoorka) kaasoo onlaayn lagaga heli karo: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, xafiiskasta USDA, iyadoola wacaayo (833) 620-1071, ama loo qoraayo warqad lagu hagaajiyo USDA. Warqadani waa inay ka kooban tahay magaca, ciwaanka, teleefan lambarka, dacwoodaha iyo sharaxaad qoraalka falka takoorka lagu eedeeyey oo faahfaahin ku filan leh si loo ogeysiyo Assistant Secretary for Civil Rights (Kalkaaliyaha Xog-hayaha Xuquuqda Dadweynaha, ASCR) nooca iyo taariikhda jabinta xuquuqda lagu eedeeyey.

Ffoomka la dhameystiray AD-3027 ama warqada waa in lo gudbiyo:

(1) iimayl: Food and Nutrition Service, USDA (2) fax: (833) 256-1665 ama (202) 690-7442; ama
1320 Braddock Place, Room 334 (3) iimayl: FNCSIVILRIGHTSCOMPLAINTS@usda.gov
Alexandria VA 22314; ama

Wixii macluumaad kale ah ee la tacaluqa arimaha Supplemental Nutrition Assistance Program (Barnaamijka Caawimada Nafada Dheeriga ah, SNAP), qofku waa inuu kala xidhiidhaa USDA SNAP Lambarka Khadka (800) 221-5689, kasoo sidoo kale Isbaanish ah ama wac Macluumaadka gobolka/Lambarada Khadka (guji linkiga dhammaan lambarada khadka gobolka); laga helaayo onlaaynka: SNAP Khadka.

Bayaanaka Takoor La'aanta (socota)

Wixii macluumaad kale ah ee la tacaluqa arimaha Supplemental Nutrition Assistance Program (Barnaamijka Caawimada Nafada Dheeriga ah, SNAP), qofku waa inuu kala xidhiidhaa USDA SNAP Lambarka Khadka (800) 221-5689, kasoo sidoo kale Isbaanish ah ama wac [Macluumaadka gobolka/Lambarada Khadka](#) (guji linkiga dhammaan lambarada khadka gobolka); laga helaayo onlaaynka: [SNAP Khadka](#).

Si aad u gudbisid cabasho takoor oo naftaada ama qofkale ah khusaysana barnaamijka ka helaaya caawimo maaliyadeed fadaraalka iyadoo la maraayo HHS, ka dhammeystir foomka onlaaynka OCR Qeybta Dacwada <https://ocrportal.hhs.gov/ocr/>. Waxaad sidoo kale kala xidhiidhi kartaa OCR iimaylka: Centralized Case Management Operations (Hawlgalka Maamulka Kiiska Dhexe), U.S. Department of Health and Human Services (Waaxda Mareykanka ee Adeegyada Caafimaadka iyo Bulshada), 200 Independence Avenue, S.W., Room 509F HHH Bldg., Washington, D.C. 20201; faakis: (202) 619-3818; ama iimayl: OCRmail@hhs.gov. Si aad u dadajisid nidaamka, waxaanu kugu dhiirigalinaynaa inaad isticmaashid qeybta onlaaynka OCR si aad u gudbisid dacwadaha halkii aad kaga gudbin lahayd iimaylka. Dadka u baahan caawimada buuxinta cabashada xuquuqda shacabka waxay iimayl uga diri karaan OCR halkan OCRMail@hhs.gov ama ka wac OCR bilaash 1-800-368-1019, TDD 1-800-537-7697. Dadka naafada dhahaha ah, maqalku ku adag yahay, ama leh dhibaato hadal, fadlan wac 1-7-1-1 si aad u heshid isgaadhsiinta adeegyada gudbinta. Waxaanu sidoo kale bixinaa qaabab kale (sida Braille iyo daabacada waaweyn), caawimooyinka erayada iyo adeegyada caawimada luuqada oo bilaaasha dacwad gudbinta.

Hay'adani waa bixiye fursad loo siman yahay.