

**Xaquuqahaaga iyo Mas'uuliyadahaaga Marka Aad Hesho Adeegyada MAC ama TSOA ee uu Bixiyo Maamulka Gabowga iyo Taageerada Muddada-Dheer**  
**Your Rights and Responsibilities When You Receive MAC or TSOA Services Offered by Aging and Long-Term Support Administration**

MAGACA MACAMIILKA
LAMBARKA AQOONSIGA EE ACES

**Adeegyada La Heli Karo**

Waxaad xaq u leedahay in aad kala doorato adeegyada aad xaq u leedahay in aad hesho. Adeegyadu waa kuwo iskaaga ah. Adeegyada uu lacagtooda bixin karo Maamulka Gabowga iyo Taageerada Mudada-Dheer (AL TSA) waxaa dhici karta in aysan kugu caawin dhammaan baahiyadaada. AL TSA ayaa ku bixiya adeegyada MAC iyo TSOA guriga qofka; balse ma bixiyo lacagta daryeelka shakhsiyeed ee 24 saac/maalin ama adeegyada daryeelka xannaaneynta ee lagu bixiyo guriga qofka. Haddii daryeel 24 saac/maalin ah la rabo markaa ikhtiyaarada kale ee adeegga iyo goobaha ayaa la tixgelin karaa.

Maamulahaaga Kiiska AAA, Takhasuslaha Adeegga Bulshada ee HCS, ama Shaqaalaha Maaliyadda ee HCS ayaa waxaa dokumentigan loogu yeeraa **shaqaalaha kiiska**.

**Xuquuqahaaga**

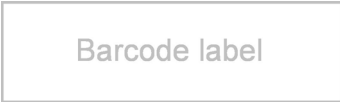
Waxaad xaq u leedahay in:

- Laguula dhaqmo si sharaf, xushmad iyo cunsuriyad la'aan ah;
- Laga dhigo macluumaada adiga kugu saabsan mid sir ah oo keliya loo isticmaalo xuduudaha sharciga uu qabo iyo xeerarka Waaxda Adeegyada Caafimaadka iyo Bulshada (DSHS);
- Aan laguugu xad gudbin, lagu dayacin, lagaaga faa'ideysan maaliyad ahaan, ama lagaa tagin; haddii adiga ama qof aad taqaanid lagu xad gudbo, la dayaco ama laga faa'ideysto, faflan ka wac Waaxda Adeegyada Caafimaadka iyo Bulshada lambarkan lacag la'aanta ah 1-866-(End Harm) / 1-866-363-4276 si aad ula hadashid shaqaale ku caawin kara;
- Loola dhaqmo hantidaada si ixtiraam leh;
- Laguugu sheego dhammaan waxyaabaha ku saabsan adeegyada aad heli karto iyo in aad sameyso doorashooyin ku saabsan adeegyada aad doonaysid ama aadan doonayn;
- Aad si iskaashi ah ugula shaqaysid shaqaalaha kiiskaaga qorsheynta daryeelkaaga;
- Aan laguugu qasbin in aad ka jawaabtid su'aalaha ama in aad sameysid wax aadan doonaynin in aad sameysid;
- Laguugu sheego qoraal go'aamada wakaalada ah kadibna in aad hesho nuqulka qorshahaaga daryeelka;
- La hadasho kormeerahaaga haddii aan adiga iyo shaqaalahaaga kiiska oggolaanin arrintaas;
- Codsato dhageysiga maamul la xiriirra xitaa haddii aad hore u samaysay cabasho;
- Sameyso cabasho adiga oo aan ka cabsan in dhibaato laguugu gaysto xitaa haddii aad codsatay dhageysiga maamul la xiriira;
- La hadasho qareen adiga oo waca 1-888-201-1014;
- Diiddo wax ka mid ah ama dhammaan adeegyada;
- Hesho adeegyo turjumaan oo adiga laguugu siiyo si lacag la'aan ah haddii aadan si fiican ugu hadli karin ama fahmi karin luuqada Ingiriisiga;
- Doorato ama bedesho bixiyana u-qalma DSHS.

**Mas'uuliyadahaaga**

Waxaad leedahay mas'uuliyadda in aad:

- U oggolaato shaqaalaha kiiska in uu kuu buuxiyo qiimeyntaada iyo qorshaha daryeelka ugu yaraan si sannadle ah goob adiga kugu habboon;
- U oggolaato shaqaalaha kiiska in uu arko deegaanka aad ku nooshahay ugu yaraan si sannadle ah;
- Ina siiso macluumaad nagu filan si aan u buuxinno qiimeyntaada iyo codsiga maaliyadeed;
- U sheegto shaqaalaha kiiskaaga haddii uu qof kale kuu gaaro go'aamada maaliyeed ama caafimaad (dokumenti ayaa loo baahan karaa);
- Ka qaybgashid horumarinta qorshahaaga daryeelka;
- Fahantid in daryeel bixiyahaaga aan lacag lagu siinin adeegyada ama saacadaha uusan oggolaan shaqaalaha kiiskaaga;
- Dooratid daryeel caafimaad oo adiga kuu gaar ah;
- Dooratid bixiyaha u-qalma DSHS adeegyada aad xulataay ee aadna xaq u leedahay in aad hesho;
- La xiriir adeeg bixiyahaaga haddii aad doonayso in aad dib u jadwaleyso ballanta aad iyaga la leedahay;
- Fahamto hay'adda daryeelka guriga ee aad dooratay in ay bixiso adeegyada daryeelka shakhsiyeed ama daryeelka xannaaneynta:
  - ✓ Waxay kuu bilaabi doonnaan adeegyada marka ay heli karaan shaqaalaha daryeelka guriga;
  - ✓ Waa in ay ballamahaaga adeegyada guriga gudahiisa ay horey u qabsadaan;
  - ✓ Waxay diidi karaan in ay kuu adeegaan haddii aadan guriga joogin laba jeer ama in ka badan marka uu shaqaalahaaga daryeelka guriga uu u yimaado ballanta guriga ee jadwaleysan;
  - ✓ Waxay ku siin karaan gaadiid xaddidan iyada oo la raacayo siyaasadooda gaadiidka (Ogow: tani waxaa ay noqon kartaa in aysan bixin dhammaan gaadiidka aad codsato);
- Bixisid meel shaqo ammaan ah;
- U sheeg shaqaalahaaga kiiska haddii aad ku qabtid wax dhibaato ah daryeel bixiyahaaga ama haddii aadan qaadanin saacadaha uu sheegay daryeel bixiyahaaga;
- Ha u dhaqmin qaab ka dhigaysa qof kasta in uu khatar galo; iyo
- U sheeg shaqaalaha kiiska haddii uu jiro isbedel ku dhaca:
  - ✓ Xaaladdaada caafimaadka;
  - ✓ Caawimaada aad ka hesho qoyska iyo bixiyo;
  - ✓ Halka aad ku nooshahay, lambarkaaga telefoonka; ama
  - ✓ Xaaladdaada maaliyadeed.



## Mas'uuliyadaha Shaqaalaha Kiiska

Shaqaalahaaga kiiska ayaa wuxuu mas'uul ka yahay in uu:

- Kuula dhaqmo si xushmad iyo ixtiraam leh;
- Ilaaliyo arrimahaaga gaarka ah ama asturnaantaada;
- Kuu sheego waxa uu maamulka AL TSA kuu qaban karo, ama aan kuu qaban karin, adiga;
- Macluumaad ka helo adiga iyo dadka kale si uu u sameeyo daraaseyn oo uu u diyaariyo qorshe daryeel oo ay ku jiraan:
  - ✓ Yoolalka iyo adeegyada aad dooratay ee ku caawin kara;
  - ✓ Adeeg bixiyeyaasha ee aad xulatay si ay u bixiyaan adeegyada / taageerada aad dooratay;
- Macluumaad ka helo adiga iyo dadka kale si uu u cusboonaysiiyo qorshahaaga daryeelka ugu yaraan sannad kasta ama marka isbeddello loo baahan yahay;
- Kugu caawiyo in aad hesho bixiyaha u-qalma ee DSHS;
- Ku siiyo waqti kugu filan si uu u bixiyo macluumaada loo baahan yahay; iyo
- Ixtiraamo xuquuqahaaga iyo in uu bixiyo caawimaad dheeraad ah ee helidda adeegyada haddii aad qabtid daciifnimo jirka, dareenka, neerfaha, ama maskaxda ah.

## Tilmaamo Horumarsan

Waxaad xaq u leedahay in aad sameeyso tilmaamo horumarsan. Tilmaamaha horumarsan waxaa ka mid noqon kara dardaaranka nolosha ama awoodda qareenka ee waarta ee loogu talagalay daryeelkaaga caafimaadka. Tilmaamaha horumarsan ayaa waxaa ay koobayaan waxa aad jeceshahay ee ku saabsan daawada iyo/ama daryeelka caafimaadka maskaxda, oo ay ka mid yihiin xaqa aad ku aqabasho ama ku diido daawada, caafimaadka maskaxda, ama daaweynta qalliinka, marka aadan haysan awooda maskaxda aad ku gaari karto go'aamadaasi. Waad burin kartaa tilmaamahaaga horumarsan waqti kasta.

## Adeegga Diiwaangelinta Cod-bixiyaha

Qaanuunka Qaranka Ee Kusaabsan Isdiiwaan gelinta Coddeeyaha ee 1993 ayaa wuxuu uga baahan yahay dhammaan gobolada in ay kabixiyaan caawimaada isdiiwaan gelinta coddeeyaha tooska xafiisadooda caawimaada dadweynaha. Codsashada si la isku diiwaangeliyo ama ka noqoshada diiwaangelinta lagu coddeeyo ma ahaan doonto mid saameysa adeegaha ama tirada dheefaha ay dhici karto in lagaa siiyo dhinaca wakaaladan. Haddii aad jeceshahay caawimaad laguugu caawiyo buuxinta foomka diiwaangelinta qofka coddeeya, waan kugu caawin doonaa. Go'aankaaga ku aadan in aad isdiiwaan gelisid ama kanoqotid isdiiwaan gelinta wuxuu ahaan doonaa mid sir ah waxaana keliya loo isticmaali doonaa ujeedooyin isdiiwaan gelinta coddeeyaha ah. Haddii aad aaminsantahay in qof lagu wareejiyay xuquuqahaaga diiwaangelinta ama si looga laabto isku diiwaangelinta lagu codeeyo, xaqa aad u leedahay in aad hawlahaaga khaas u noqotid ee ah go'aansashada haddii la isdiiwaangelinayo ama codsashada si la isku diiwaangeliyo in lacodeeyo, ama xaqaaga aad kudooratid xisbigaaga siyaasadeed ama doorasho siyaasadeed kale, waxaad fayl cabasho u diri kartaa dhinaca:

Washington State Elections Office  
PO Box 40229  
Olympia WA 98504-0229  
1-800-448-4881

## Sixiixaaga

Sixiix sadarka hoose haddii aad fahansantahay xuquuqahaaga iyo masuuliyadahaaga oona fahansantahay masuuliyadaha shaqaalaha kiiskaaga.

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SIXIIXA MACMIILKA

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TAARIIKHDA

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SIXIIXA WAKIILKA SHARCIGA AH

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TAARIIKHDA

Ogeysiis loogu talagalay macaamiisha iyo shaqaalaha (Madaxa VI iyo VII) Waaxda Adeegyada Caafimaadka iyo Bulshada ee Gobolka Washington waa loo-shaqeeye bixisa fursad shaqo loo siman yahay mana ku takooraysa dadka meel shaqo kasta, barnaamijyadeeda ama adeegyadeeda oo ku saleysan da'da, nooca jinsiga, jihayn galmo, lab iyo dheddig, aqoonsiga jinsiga/fikrad dhiibasho, xaalad guur, isir, caqiido, midab, asal dhallasho, diin ama waxa uu qofku aaminsan yahay, aaminsanaanta fikrad siyaaseed, xaalad ciidan, halyeeynimo hore oo si sharaf leh ciidanka uga fadhiistay, Casrigii Fiitnaam, hadda kala tagsan ama xaalado halyeeynimo hore oo la ilaaliyay, jiritaanka naafo xaga dareenka, maskaxda, jirka ah ama in la isticmaalo eey loo tababaray hagid ama xayawaan adeeg oo uu adeegsado qof naafo ah, lagac bixin loo siman yahay ama macluumaad hido ama fir ah.

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Aging and Long-Term Support Administration**

INSTRUCTIONS

1. Present this form to the client when completing the initial screening for MAC or TSOA. If the client is already receiving services and did not previously sign this version of the form, present the form to the client at the next re-screening. Review the form with the client to answer any questions about the client's rights and responsibilities. Make sure to carefully review the information regarding home care agency providers if the client will be using that provider type.
2. Have the client or the client's representative sign two copies of the form to indicate his/her understanding of the client's rights and responsibilities when receiving services offered by Aging and Long-Term Support Administration.
3. File one copy in the CLC / GetCare client's Electronic File Cabinet and give the other copy to the client.