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|  |  **Emphasis on Hands-On Skills Practice:** **Planning Attestation** |
| **Skill Tasks** | **Skills that students struggle with on the Prometric test** | **The following equipment must beon site for skills training.*** Basins
* Bath blanket or large towels
* Bed (adjustable preferred)
* Bed pads or large towels
* Bed
* Bedpan
* Catheter / condom catheter supplies
* Nail clippers
* Clothing and footwear
* Clothing protector or cover
* Denture cup
* Denture storage container
* Dentures
* Eating utensils
* Emery boards
* Food, beverage
* Gait belt
* Gloves
* Gown or sleepwear
* Lotion
* Mannequin
* Medication documentation paper
* Napkins
* Orange sticks
* Paper cups
* Paper towels
* Pillows
* Running water
* Safety razor
* Shaving lather
* Sheets and bedding
* Simulated medications and supplies
* Sink
* Sink liners
* Skin cleanser (soap)
* Soiled linen container
* Stockings
* Toilet
* Toilet tissue
* Toothbrushes or toothettes
* Towels
* Washcloths
* Waste basket
* Wheel chair with footrests
 |
| Hand washing |  |
| Putting on / taking off gloves |  |
| Assisting a client to eat | **X** |
| Helping a client walk |  |
| Medication assistance | **X** |
| Mouth care |  |
| Clean and store dentures |  |
| Fingernail care |  |
| Foot care |  |
| Assist client with weak arm to dress |  |
| Put knee-high stocking on client |  |
| Provide passive Range of Motion (ROM) exercises to client’s shoulder, knew, and ankle |  |
| Provide perineal care to a female client | **X** |
| Catheter care |  |
| Transfer a client from a bed into a wheelchair |  |
| Turn and reposition a client in bed | **X** |
| The shave (with safety razor) | Not included in skills test. |
| Bed bath | Not included in skills test. |
| Assist client with use of bedpan | Not included in skills test. |
| Assist client with condom catheter care | Not included in skills test. |
| **Total hands-on skills time:**These hours are **in addition** to the eight hours of skills practice in the RFOC. | **WAC Required: 16 hours** |
| My signature below indicates that I attest that:* I understand that a **16 hours of hands-on skills practice are required by DSHS** as part of the 75 hour HCA certification;
* I understand that these hours are **in addition to the skills presented in Core Basic training**;
* I understand that additional practice time should be provided for skills commonly failed during testing;
* My students have access **to all the required equipment and supplies** needed for quality skills emphasis practice.
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| TRAINING PROGRAM NAME | TRAINING PROGRAM NUMBER |
| CORE BASIC INSTRUCTOR’S SIGNATURE DATE | CORE BASIC INSTRUCTOR’S PRINTED NAME |