

Adult Family Homes

Overview

Adult Family Homes are privately owned or rented by a licensed provider in a community-based neighborhood. AFHs are licensed to care for two to eight residents who are age 18 or older.

AFHs provide a room (shared or single), meals, laundry, supervision, medication administration and varying levels of assistance based on individual support needs. They may also provide specialized care for people with intellectual and developmental disabilities, mental health issues, dementia and nursing care needs.

The AFH provider will complete a negotiated care plan for each resident based on their CARE assessment to be agreed upon by the resident and or guardian.

DSHS' Developmental Disabilities Administration expects all AFH providers and their caregivers to ensure that each resident experiences all the following:

- Health and safety.
- Assistance to manage daily activities and pursue their personal goals.
- Power and choice.
- Status and contribution by self and others.
- Inclusion in the physical and social life of their communities.
- Relationships with relatives and friends.

If a resident has an assessed unmet need, they may qualify for Community Integration or medical escort and mileage.

Meaningful Day is available for AFH residents who meet eligibility requirements. Please refer to the Meaningful Day fact sheet.

Approximately 1800 participants enrolled with the Developmental Disabilities Administration receive supports in an Adult Family Home.



Eligibility Requirements

Individuals who are:

- A client of DDA.
- 18 years of age or older.
- Diagnosed with a developmental or intellectual disability that requires support and supervision.
- Assessed with a need for Community First Choice (Personal Care) and residential services through DSHS.
- Financially eligible for Medicaid and able to pay for participation or can privately pay for services.
- Authorized by DSHS to receive AFH services.

Adult Family Homes must have the following on their AFH license to provide supports to clients of the DDA:

- DSHS Contract
- Accepts Medicaid
- Developmental Disability Specialty Training

(continued on next page)



Oversight

External

- DSHS Adult and Long-Term Services Administration Residential Care Services Division.
- Centers for Medicare and Medicaid Services.
- Washington State Department of Health.
- Office of the Washington State Auditor.

Internal

- DDA Case Resource Manager.
- DDA Performance and Quality Improvement Specialists.
- DDA State Plan Residential Services Specialists.

Partners

- Individuals receiving services.
- Families of program participants.
- Aging and Long-Term Support Administration.
- The Arc of Washington State.
- Office of the Developmental Disabilities Ombuds.
- Disability Rights Washington.
- Washington State Developmental Disabilities Council.
- Adult Family Home Council.
- Adult family home providers.

Locate an Adult Family Home

<https://fortress.wa.gov/dshs/adsaapps/Lookup/AFHAdvLookup.aspx>

Select:

1. County.
2. Developmental Disabilities.
3. Adult Family Home.



Authority

[Title 71A RCW](#), Developmental Disabilities

[WAC 388-106-0115](#), How does CARE use criteria to place me in a classification group for residential facilities?

[WAC 388-106-0270](#), What services are available under community first choice?

[Chapter 388-76 WAC](#), Adult family home minimum licensing requirements

Rates

Adult Family Home services are delivered by Individual service rates can be found on this link and click on Developmental Disabilities Rates: <https://www.dshs.wa.gov/altsa/management-services-division/office-rates-management>

Budget

State Plan services are forecasted. Approximately 1,700 participants enrolled with the Developmental Disabilities Administration receive supports in an Adult Family Home.