

Do you qualify?

You may qualify if:

- You are not receiving TANF.
- You are able to work or participate at least 20 hours per week.
- You receive less income than the guidelines below.

Number of people in household	Gross Monthly Income
1	\$2,510
2	\$3,407
3	\$4,303
4	\$5,200
5	\$6,097
6	\$6,993
7	\$7,890
8	\$8,787
9	\$9,683
10	\$10,580
Added for each person over 11+	+\$897

Effective October 2024

What can BFET help you do?

Some things BFET may help you do are:

- Write an effective resume.
- Improve your interviewing skills.
- Start a career.
- Improve your English, reading, writing and math skills.
- Get your high school equivalency certificate.
- Learn new job skills in professional, technical or vocational programs.
- Finish your non-transferrable AA degree or certificate program.



What do you want for the future?

- A new career?
- Job training?
- Improved math or English skills?
- On-the-job training?

For provider information, contact:
dshs.wa.gov/BFET

For college connections, contact:
sbctc.edu/paying-for-college/bfet-student.aspx



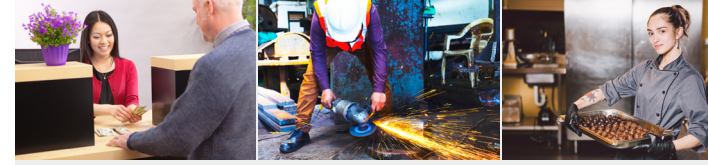
This institution is an equal opportunity provider.
Funding provided by United States Department of Agriculture.
USDA is an equal opportunity employer, provider and lender.



DSHS 22-1682 (Rev. 11/24) REGION 2

Basic Food Employment and Training
REGION 2

Looking for the next step to your future?



Employment and Training Assistance

October 2024

Free to those receiving Basic Food Assistance.
TANF and Workfirst recipients must contact their case manager.





ISLAND COUNTY

Skagit Valley College.....	(360) 675-6656
WorkSource Whidbey.....	(360) 230-1027

KING COUNTY

South King

Adonai Counseling and Employment Services.....	(253) 777-1434
Apprenticeship and Non-Traditional Employment for Women.....	(206) 381-1384
Green River College (<i>Auburn, Kent, Enumclaw</i>).....	(253) 931-6550
Highline College.....	(206) 592-3802
Multi-Service Center (<i>Kent</i>).....	(253) 854-4406
(<i>Federal Way</i>).....	(253) 838-6810
Neighborhood House (<i>Kent</i>).....	(206) 277-1667
Northwest Indian College (<i>Muckleshoot</i>).....	(360) 255-4412
Orion Industries.....	(253) 661-7805
Port Jobs.....	(206) 258-8980
Puget Sound Training Center.....	(425) 656-5950
Refugee Federation Service Center.....	(206) 501-4132
Renton Technical College.....	(425) 235-5840
Seattle Jobs Initiative.....	(206) 629-6975
TRAC Associates (<i>Kent</i>).....	(206) 574-0863
(<i>Federal Way</i>).....	(206) 856-8880
YWCA.....	(206) 457-2215

Seattle

Asian Counseling and Referral Services ²	(206) 695-7600
Career Path Services (<i>Remote</i>).....	(253) 316-3083
Cares of Washington.....	(225) 678-8997
FareStart.....	(206) 443-1233
Goodwill Evergreen.....	(206) 860-5768
Neighborhood House.....	(206) 461-4522
North Seattle College.....	(206) 934-3787
Pacific Associates ¹	(206) 728-8826
Seattle Central College.....	(206) 934-3854
Seattle Jobs Initiative.....	(206) 461-4522
Seattle-King WorkForce Development Council.....	(206) 448-0474

South Seattle College.....	(206) 934-5300
TRAC Associates ¹ (<i>Seattle</i>).....	(206) 443-9999
Uplift Northwest.....	(206) 728-5627
Weld Seattle.....	(206) 571-4938
YWCA.....	(206) 436-8674

North King

Shoreline Community College.....	(206) 546-4101
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East King

Bellevue College.....	(425) 564-4054
Cascadia College.....	(425) 352-8256
Lake Washington Institute of Technology.....	(425) 576-5811
YWCA.....	(425) 882-1796

SNOHOMISH COUNTY

Career Path Services.....	(425) 921-3423
Edmonds College.....	(425) 640-1686
Everett Community College.....	(425) 388-9928
Goodwill Evergreen.....	(206) 860-5768
Housing Hope.....	(425) 347-6556
Housing Hope (<i>Hope Works</i>).....	(425) 610-4931
Northwest Indian College (<i>Tulalip</i>).....	(360) 255-4412
Orion Industries.....	(425) 355-1253

SKAGIT AND WHATCOM COUNTIES

Goodwill Evergreen (<i>Bellingham, Mount Vernon</i>).....	(260) 860-5768
Northwest Indian College (<i>Lummi, Swinomish</i>).....	(360) 255-4412
Opportunity Council.....	(360) 734-5121
Skagit Valley College (<i>Anacortes</i>).....	(360) 766-6282
(<i>Mount Vernon</i>).....	(360) 416-7723
Whatcom Community College.....	(360) 383-3185
WorkSource Skagit.....	(360) 416-3600
WorkSource Whatcom.....	(360) 416-3600

¹ Sub-contractor of Seattle Jobs Initiative
² Sub-contractor of Seattle King WorkForce Development Council

KING COUNTY

Asian Counseling and Referral Services.....	(206) 695-7566
Partner In Employment.....	(206) 429-3824
Refugee Federation Service Center.....	(206) 501-4102
Refugee Women's Alliance.....	(206) 721-0243
TRAC Associates (<i>Seattle</i>).....	(206) 443-9999
(<i>Tukwila</i>).....	(206) 574-0863
(<i>Kent</i>).....	(253) 856-8880

SNOHOMISH COUNTY

Refugee and Immigrant Services NW (<i>Everett</i>).....	(425) 339-3932
(<i>Lynnwood</i>).....	(425) 977-6404
TRAC Associates.....	(425) 514-3358

WHATCOM COUNTY

Refugee and Immigrant Services NW.....	(360) 812-6590
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In addition to BFET, you may be eligible for Employment Pipeline services

The Employment Pipeline is a voluntary employment and training program offered by the Community Services Division of DSHS. EP Navigators leverage local system resources and help individuals navigate the local workforce development systems in these areas for better connection with employment and training opportunities and the necessary supports, including referrals to address barriers, and 12 months of employment retention services. EP has Navigators across all of Washington state, including all 12 workforce development areas. Some examples include Spokane, King County, Snohomish, Olympic, Pacific Mountain, Tacoma-Pierce County, Yakima County and Southwest Washington. For more information on how Employment Pipeline can help you, send an email to the EP Navigator in your region.

Email: R2EPNavigators@dshs.wa.gov

