

Do you qualify?

You may qualify if:

- You are not receiving TANF.
- You are able to work or participate at least 20 hours per week.
- You receive less income than the guidelines below.

Number of people in household	Gross Monthly Income
1	\$2,510
2	\$3,407
3	\$4,303
4	\$5,200
5	\$6,097
6	\$6,993
7	\$7,890
8	\$8,787
9	\$9,683
10	\$10,580
Added for each person over 11+	+\$897

Effective October 2024

What can BFET help you do?

Some things BFET may help you do are:

- Write an effective resume.
- Improve your interviewing skills.
- Start a career.
- Improve your English, reading, writing and math skills.
- Get your high school equivalency certificate.
- Learn new job skills in professional, technical or vocational programs.
- Finish your non-transferrable AA degree or certificate program.



What do you want for the future?

- A new career?
- Job training?
- Improved math or English skills?
- On-the-job training?

For provider information, contact:
dshs.wa.gov/BFET

For college connections, contact:
sbctc.edu/paying-for-college/bfet-student.aspx



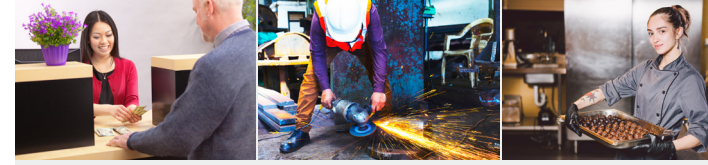
This institution is an equal opportunity provider.
Funding provided by United States Department of Agriculture.
USDA is an equal opportunity employer, provider and lender.



DSHS 22-1683 (Rev. 11/24) REGION 3

Basic Food Employment and Training
REGION 3

Looking for the next step to your future?



Employment and Training Assistance

October 2024

Free to those receiving Basic Food Assistance.

TANF and Workfirst recipients must contact their case manager.





In addition to BFET, you may be eligible for Employment Pipeline services

The Employment Pipeline is a voluntary employment and training program offered by the Community Services Division of DSHS. EP Navigators leverage local system resources and help individuals navigate the local workforce development systems in these areas for better connection with employment and training opportunities and the necessary supports, including referrals to address barriers, and 12 months of employment retention services. EP has Navigators across all of Washington state, including all 12 workforce development areas. Some examples include Spokane, King County, Snohomish, Olympic, Pacific Mountain, Tacoma-Pierce County, Yakima County and Southwest Washington. For more information on how Employment Pipeline can help you, send an email to the EP Navigator in your region.

Email: R3EPNavigators@dshs.wa.gov



CLARK COUNTY

Clark College.....	(360) 992-2729
Next Success - Opportunity Young Adult Center ¹	(360) 207-2628
WorkSource Vancouver.....	(360) 735-5010

COWLITZ AND WAHKIAKUM COUNTIES

Goodwill of Olympic and Rainier.....	(253) 573-6508
Lower Columbia College.....	(360) 442-2330
WorkSource Cowlitz and Wahkiakum ¹	(360) 577-2250

LEWIS AND SKAMANIA COUNTIES

Centralia College.....	(360) 623-8177
Clark College.....	(360) 992-2729
People for People (Stevenson).....	(509) 379-4709

GRAYS HARBOR AND PACIFIC COUNTIES

Grays Harbor College (Aberdeen, Raymond).....	(360) 538-4058
(Ilwaco).....	(360) 568-2539

CLALLAM AND JEFFERSON COUNTIES

Grays Harbor College	
(Forks, Port Angeles, Port Townsend).....	(360) 417-6296
WorkSource Clallam.....	(360) 351-4021x7

MASON AND THURSTON COUNTIES

Adonai Counseling and Employment Services (virtual).....	(253) 777-1434
Centralia College (South Thurston).....	(360) 736-9391x8959
Olympic College (Shelton).....	(360) 475-7231
Northwest Indian College (Olympia).....	(360) 255-4412
South Puget Sound Community College (Lacey, Olympia).....	(360) 596-5252

KITSAP COUNTY

Goodwill Evergreen (Bremerton, Silverdale).....	(360) 373-3692
Northwest Indian College (Kingston).....	(360) 255-4412
Olympic College (Bremerton, Poulsbo).....	(360) 475-7231

PIERCE COUNTY

Adonai Counseling and Employment Services.....	(253) 244-2666
Bates Technical College.....	(253) 680-7286
Career Path Services.....	(253) 453-9460
Clover Park Technical College (Lakewood, Puyallup).....	(253) 589-4311
Goodwill of the Olympic and Rainier Region.....	(253) 573-6508
Pierce College (Tacoma, Lakewood, Puyallup, Fort Steilacoom).....	(253) 964-6265
Tacoma Community College.....	(253) 566-5188
Valeo Vocation.....	(253) 301-2134

Refugee and Immigrant Agencies

CLARK COUNTY

Partners in Careers.....	(360) 696-8417
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PIERCE COUNTY

TRAC Associates.....	(253) 472-1727
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* Sub contractor for Workforce Development Southwest Washington