

Welcome! You are now enrolled with DSHS' Developmental Disabilities Administration.

Step 1

Review our service information provided in the enclosed or access the following website for all of our brochures in multiple languages: www.dshs.wa.gov/dda/publications/dda-brochures.

Step 2

Review the important information in this packet. The packet includes:

- **Planned Action Notice.** This document describes the eligibility decision.
- **Estate recovery information.** This explains what services and ages might be subject to estate recovery.
- **Program and service information.** Brochures about the different programs and services are included. Go online to learn more at - www.dshs.wa.gov/dda.

Step 3

Call, email or go online to request our services at www.dshs.wa.gov/dda/service-and-information-request **Please Note – you must contact DDA to request services.**

Toll-free service request numbers by county

Chelan, Douglas, Ferry, Grant, Lincoln, Okanogan, Pend Oreille, Spokane, Stevens	1-800-319-7116	R1ServiceRequestA@dshs.wa.gov
Adams, Asotin, Benton, Columbia, Franklin, Garfield, Kittitas, Klickitat, Walla Walla, Whitman, Yakima	1-866-715-3646	R1ServiceRequestB@dshs.wa.gov
Island, San Juan, Skagit, Snohomish, Whatcom	1-800-567-5582	R2ServiceRequestA@dshs.wa.gov
King	1-800-974-4428	R2ServiceRequestB@dshs.wa.gov
Kitsap, Pierce	1-800-735-6740	R3ServiceRequestA@dshs.wa.gov
Clallam, Clark, Cowlitz, Grays Harbor, Jefferson, Lewis, Mason, Pacific, Skamania, Thurston, Wahkiakum	1-888-707-1202	R3ServiceRequestB@dshs.wa.gov

When you call or email please provide your name, contact information, and the potential support(s) you would like. **A DDA staff person will respond to your request in the order it was received.** Staff will explain services and supports available through DDA, help you identify support needs, answer any questions that you have and explain the next steps to start services.

Additional Information: If you are age 18 or over, DDA recommends applying for Washington Apple Health (Medicaid).

- All Washington residents can apply for Washington Apple Health (Medicaid), through the www.wahealthplanfinder.org.
- Supplemental Security Income is a federal program that provides monthly payments to people who have limited income and few resources. SSI is for people of any age who are blind or have disabilities as well as those who are 65 or older. You can apply for SSI here: www.ssa.gov/benefits/ssi/adults.



Transforming lives

DSHS 22-1685 (Rev. 5/23)

To find local information and resources useful to people with developmental disabilities:

www.dshs.wa.gov/dda/resource-links
<http://informingfamilies.org/>
<http://withinreachwa.org/> or call 1-800-322-2588
www.211.org/ or call 211