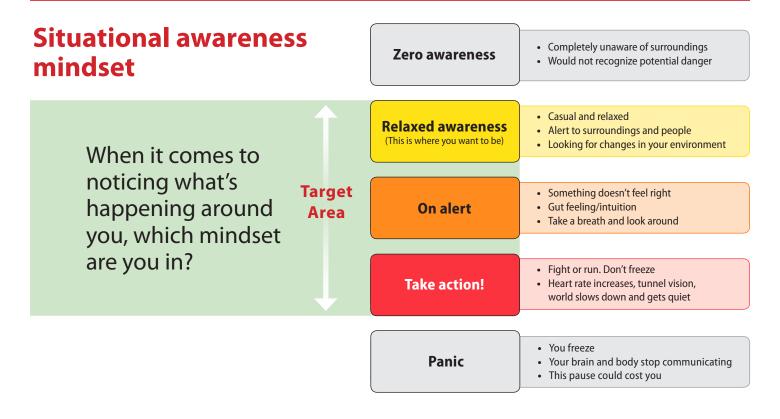
# STAY ALERT in the workplace



# Situational awareness mindset

#### What is situational awareness?

Casually and constantly being aware of what is around you so that you can predict and respond to an incident.

## Why is it important?

You have the tools – your senses, instinct and experience – to predict others' behavior.

By examining your environment you can identify emergency exits and be prepared should an incident occur.

#### How do you notice a change in your environment?

- 1. Look for behavior that doesn't fit
- 2. Pay attention to body language
- 3. Look for little changes. Are they being caused by something big?
- 4. Something just doesn't look right

#### What you can do

- 1. Stay in condition yellow
- 2. Know how to exit your workplace
- 3. Set up your work area to allow for awareness and safety

# Ask yourself

- 1. Am I exercising sound judgment?
- 2. Is my attitude influencing me to go against my intuition or gut feeling?
- 3. How familiar am I with the environment?
- 4. How should I share my concerns and observations?

## What not to do

- 1. Ignore your intuition
- 2. Get close enough for physical contact
- 3. Lose focus on workplace surroundings
- 4. Become hyper-focused on one thing



Transforming lives

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