

Access to a Waiver

You can ask your case manager to request a waiver or switch to a different waiver at any time. If a case manager is not available, call the phone number listed under Regional Offices and leave a message. You can also make the request online at dshs.wa.gov/dda/service-and-information-request.

Meeting eligibility does not guarantee that you will be approved for a waiver or waiver services. Each waiver has a limit on the number of people it can serve. We cannot approve more people on a waiver than there are slots for the waiver.

Your assessed need for services might be more than the CIIBS waiver provides. If this happens and you are on a waiver, we will make one or more of the following efforts to meet your health and welfare needs:

- Find more available natural supports.
- Suggest a different waiver that has the needed services.
- Offer placement in an intermediate care facility for individuals with intellectual disabilities.
- Review an "exception to rule" to access services not offered in the CIIBS waiver, if you ask for an exception.

If none of the above options meet your health and welfare needs, we may end waiver eligibility. If taken off a waiver, you may still be eligible for other non-waiver DDA services.

Administrative Hearing Rights

You have the right to an administrative hearing if we:

- Deny or end your DDA eligibility.
- Delay acting on an application without good reason.
- Deny, reduce or end services.
- Deny your choice of service provider.
- Move you to a different residential setting that is not your choice.
- Don't follow your requests about who we send notices to.
- Remove you from a waiver program.
- Deny your request to receive ICF/IID services instead of waiver services.
- Decide you do not need ICF/IID level of care.
- Decide you do not meet CIIBS eligibility.

You can also request an administrative hearing if you:

- Disagree with the type or amount of service we authorized you to receive.
- Believe your current waiver does not meet your health and welfare needs and were denied enrollment on a different waiver because of that.

Contact Us or Find an Office Near You

Visit us online at:

dshs.wa.gov/dda/service-and-information-request

Find an office at:

dshs.wa.gov/office-locations

Call us:

Counties	Phone and Email
Chelan, Douglas, Ferry, Lincoln, Okanogan, Pend Oreille, Spokane, Stevens	(800) 319-7116 R1ServiceRequestA@dshs.wa.gov
Adams, Asotin, Benton, Columbia, Franklin, Garfield, Grant, Kittitas, Klickitat, Walla Walla, Whitman, Yakima	(866) 715-3646 R1ServiceRequestB@dshs.wa.gov
Island, San Juan, Skagit, Snohomish, Whatcom	(800) 567-5582 R2ServiceRequestA@dshs.wa.gov
King	(800) 974-4428 R2ServiceRequestB@dshs.wa.gov
Kitsap, Pierce	(800) 735-6740 R3ServiceRequestA@dshs.wa.gov
Clallam, Clark, Cowlitz, Grays Harbor, Jefferson, Lewis, Mason, Pacific, Skamania, Thurston, Wahkiakum	(888) 707-1202 R3ServiceRequestB@dshs.wa.gov

People needing support with hearing or communication can call the Washington Telecommunication Relay Service by dialing 7-1-1 or (800) 833-6388 (TTY).

Children's Intensive In-Home Behavioral Support Waiver

Department of Social and Health Services' Developmental Disabilities Administration



Transforming lives

DSHS 22-1755 (Rev. 7/23)



Transforming lives

Waiver Overview

We have five Home and Community-Based Service Medicaid waiver programs. Each waiver offers specific services to meet your health and safety needs in the community. The Children's Intensive In-Home Behavioral Support waiver offers services that might not be available through private insurance, Apple Health (Medicaid), school or other resources.

Children's Intensive In-Home Behavioral Support waiver helps you if you are a youth at risk of out-of-home placement due to challenging behaviors. The CIIBS model involves wraparound planning and family-centered support. The CIIBS waiver serves youth ages 8 to 20.

Integrated Settings Rules

The Integrated Settings Rules make sure you get services as part of your community. You should have access to all the benefits of community life, just like people who don't receive services. These rules apply to all Home and Community Based waivers. You can read more about it in our Integrated Settings brochure.

Waiver Services

You can use this brochure to plan for your annual assessments. A case resource manager will explain services and requirements. They will add the services you choose and are approved for to your person-centered service plan. Some services need review and approval before they start. Ask your CRM about what information is needed for approval.

Use check boxes to show the CRM which services are of interest:

Community Services

- Peer mentoring** – uses personal, lived experiences to support and guide you and your family to connect with your community
- Person-centered plan facilitation** – a life-planning process to increase self-determination and develop an action plan.
- Transportation** – mileage reimbursement for your provider to take you to your waiver services.

Professional Services

- Equine therapy** – experiences with horses that promote emotional and physical growth to support your primary behavioral health plan.
- Music therapy** – musical interventions to promote progress on goals that support your behavioral health plan.
- Risk assessment** – evaluations of violent, stalking, sexually violent or predatory behavior to determine if you need psychological, medical or therapeutic services.
- Specialized habilitation** – support to learn or maintain life skills around self-empowerment, self-advocacy, interpersonal communication, coping strategies and daily tasks.

- Stabilization services** – support when you do things that make you at risk of losing your housing. The supports include specialized habilitation, staff and family consultation and crisis diversion bed services.
- Staff/family consultation** – professional consultation to family and direct service providers to better meet needs. Counseling is available.

Caregiving Services

- Respite** – short-term relief for your primary caregiver.

Goods and Services

- Assistive technology** – products and training used to improve or maintain daily living skills, safety or social connections.
- Environmental adaptations** – physical changes to the home to help you move around your house or enter it.
- Specialized clothing** – non-restrictive clothing adapted to the needs of your disability.
- Specialized equipment and supplies** – medical supplies and specialized items not available under Apple Health that you need to stay safe and healthy in your home.
- Therapeutic adaptations** – modifications to a room in your home to make a safe sensory space for you.
- Vehicle modifications** – changes to your vehicle to help you safely get around in the community.

Waiver Eligibility

You may receive a waiver if you:

- Are an eligible DDA client.
- Have a disability according to the Social Security Act.
- Apply for long-term care services or Apple Health.
- Have verified income that is not more than 300% of the Social Security Income federal benefit standard. For children who receive waiver services, parents' income and resources are not considered.
- Have resources less than \$2,000 or have any resources above \$2,000 in a protected special needs trust such as an Endowment Trust Fund or an ABLE account.
- Meet the level of care provided in an Intermediate Care Facility for Individuals with Intellectual Disabilities. This is found out during your DDA Assessment.
- Have a Person-Centered Service Plan that shows that you need a monthly waiver service to help you stay healthy and safe in your home and community.
- Agree to accept home and community-based services rather than an ICF/IID.
- Are approved to receive a DDA waiver program.

For the CIIBS waiver you must also be:

- Age 8 through 17 for initial enrollment.
- At high or severe risk for out-of-home placement due to challenging behaviors according to your CARE assessment.
- Living with a family member who agrees to participate in the CIIBS program.

