

Parenting Resources and Supports from WithinReach



Parent support resources

Parent support resources can be a tool to help families. These resources can be a great way to meet other parents, have your kids play with others, learn new skills or connect you to a parent educator who can help you address any challenges.

WithinReach is a nonprofit organization that helps families navigate complex health and social service systems. You can learn more about WithinReach at withinreachwa.org.



DSHS 22-1780 (Rev. 10/22)

Finding the right help
is hard for families.
WithinReach
makes it easier.

DSHS WorkFirst
in partnership with





Who is WithinReach?

WithinReach recognizes that every family is unique. Our staff provides a nonjudgmental and inclusive space to discuss resources to best support your family. Families are able to discuss their situation or circumstances without a time limit.

What does WithinReach do?

WithinReach staff will work with your family to find parenting resources that meet your needs. Some of the benefits of working with WithinReach:

- Convenient communication with staff.
- You identify your priorities.
- Staff take the time to understand individual needs.
- Tailored search for resources based on location and transportation needs.
- Staff have in-depth knowledge of eligibility and enrollment requirements.
- Referrals based on your needs.
- Resource database is regularly updated.

What resources are available?

Parent support resources vary based on your family's need. WithinReach has resources for expecting families and parents of young children. Staff do their best to find resources that meet your family's priorities. Resources available can vary depending upon your housing situation, zip code and age of your child.

Examples of parent support resources:

Childbirth classes

Parent education classes

Play and Learn groups

Pregnancy and baby supplies

Doula services

In-home parent support programs:
Early Head Start, Parents as Teachers,
Nurse Family Partnership, Open Arms
Outreach Doula Program, etc.

New parent support groups

Head Start/ECEAP Programs

What can you expect?

1. WorkFirst staff will send a referral to WithinReach for you.
2. WithinReach will research programs in your area.
3. WithinReach will call, text or email you.
 - Staff will make a few attempts to connect with your family.
 - They will leave a voicemail if they cannot reach you.
4. WithinReach will listen to your concerns and priorities.
5. WithinReach will match you with resources that best fit your needs.
6. WithinReach will provide you with a list of discussed resources.
7. WithinReach will make connections to community resources/programs when able.

withinreachwa.org