



Overnight Planned Respite Services

Overview

Overnight Planned Respite Services is a community-based service for Developmental Disabilities Administration-enrolled adults living with their primary caregivers. The service offers a break in caregiving and provides individualized activities and support to the client. Services are provided in a community setting (home or apartment) and are staffed by contracted, certified providers.

Each respite setting serves one person at a time, using a person-centered plan developed with the primary caregiver to create a schedule with activities that meet the person's needs. Clients can access up to 14 days of respite in a calendar year.

Overnight Planned Respite locations exist statewide including Spokane, Bellingham, Lynnwood, Tacoma, Olympia and Vancouver. We facilitated approximately 276 overnight planned respite stays in fiscal year 2023.

Authority

[Chapter 388-823 WAC](#), Developmental Disabilities Administration intake and eligibility determination

[Chapter 388-829R WAC](#), Overnight planned respite services

Budget

The Legislature funded eight community respite beds in 2015 through ESSB 6052. We currently have nine OPRS locations across the state. The 2023-2025 budget allows us to contract up to 12 beds.



Eligibility

Individuals who:

- Are eligible for DDA services.
- Are 18 years or older.
- Live at home with a primary caregiver and not currently receiving residential habilitation services under the Core waiver, unless:
 - Receiving services from a companion provider; or
 - Receiving Community First Choice residential services.

Participants must also identify a backup caregiver to respond in an emergency if the primary caregiver is unavailable.

Partners

- Individuals receiving services.
- Families and primary caregivers of program participants.
- Advocacy organizations.
- Certified Overnight Planned Respite Services providers.

Oversight

- DDA Office of Quality, Compliance and Training.
- DDA Office of Provider Compliance and Transition Quality Assurance.
- DSHS's Adult Protective Services.
- Washington State Department of Health.

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