



Adult Family Home Meaningful Day

Overview

Adult Family Home Meaningful Day is a service for eligible clients who experience frequent and intense behaviors and live in an adult family home.

Meaningful Day supports the AFH provider to plan activities that reflect the individuals' strengths, skills and preferences. These person-centered activities proactively refocus the individual and reduce the frequency of behaviors.

We strongly encourage AFH providers to offer activities that promote individual skills and interests, group activities that include music, dance or other physical activity.

The purpose of Meaningful Day is to improve the individual's quality of life and continuity of care for people living in adult family homes.

Meaningful Day includes:

Meaningful Activity Plan – Nine questions getting to know each person. Activities are generated from this form. These are added to their negotiated care plan.

Monthly Activity Calendar – The provider and client develop their individual calendar each month. The calendar is an agreement of activities of interest that are person-centered to refocus and reduce behaviors.

Monthly Activity and Behavior Report – A summary of activities the client participated in and the impact on behaviors. The goal is to see a reduction in the behaviors.



Eligibility Requirements

Meaningful Day is available to DDA clients who:

- Live in a licensed and contracted adult family home.
- Have a CARE-assessed behavior point score of 12 or higher.
- Have a diagnosis of dementia, such as Alzheimer's Disease, with current behaviors as indicated in the CARE assessment.

AFH Provider Requirements

Eligible AFHs must:

- Be free of any health and safety enforcement actions at the time of contracting.
- Have a DSHS contract.
- Accept Apple Health (Medicaid).
- Complete Developmental Disability Specialty Training.
- Complete Meaningful Day Training Session 1 and complete the contracting process.
- Complete Meaningful Day training Session 2 within one year of contracting.
- Complete three of annual trainings according to the MD contract. (At least three Continuing Education credits.)

Budget

- State plan services are forecasted.

Rates

- Meaningful Day services are part of collective bargaining and is added to the adult family home base-daily rate.
- Current rate is \$40 per day per participating client paid to the AFH provider.

Adult Family Home Locator link:

<https://fortress.wa.gov/dshs/adsaapps/Lookup/AFHAdvLookup.aspx>

Select:

1. Region.
2. Developmental Disabilities.
3. Adult Family Home.
4. Meaningful Day.

Partners

- Individuals receiving services.
- Families of program participants.
- DSHS Aging and Long-Term Support Administration.
- The Arc of Washington state.
- The Office of the Developmental Disabilities Ombuds.
- Disability Rights Washington.
- Washington State Developmental Disabilities Council.
- Adult Family Home Council.
- Adult Family Home providers.



Authority

Title 71A RCW, Developmental Disabilities

WAC 388-106-0115, How does CARE use criteria to place me in a classification group for residential facilities?

WAC 388-106-0270, What services are available under community first choice?

Oversight

External

- DSHS ALISA Residential Care Services Division
- Centers for Medicare and Medicaid Services.
- Washington State Department of Health.
- Office of the Washington State Auditor.

Internal

- DDA Case Resource Management.
- DDA Performance and Quality Improvement Specialists.
- DDA Statewide State Plan Residential Unit Specialists.