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# DSHS Developmental Disabilities Administration Diversion Bed Services

### **Overview**

DSHS Developmental Disabilities Administration's Diversion Bed Services provides temporary stabilization and supports for eligible adults who are experiencing behavioral health concerns that cannot be safely managed in their current setting. Staff teach skills to reduce behaviors that might cause harm to self and others, destroy property or indicate decline in mental health. A goal of this service is to prevent hospitalization or institutionalization related to behavioral health.

Short-term supports help the person to stabilize and stay in the community while transitioning to their preferred community setting.

Diversion bed services are offered as a 24-hour bedbased model in a community residential setting owned or leased and operated by a DSHS-contracted residential provider.

This service model supports one individual per household and includes a minimum of 1:1 staff support.

Diversion bed staff work with the individual, their family or guardians and community partners to make a crisis treatment plan to coordinate needed services and supports. This includes accessing appropriate mental health and medical services.

Diversion bed facilities are distributed across the state and referrals are managed by the regional clinical team in each DDA region.



## **Budget**

The annual cost for diversion bed service in fiscal year 2022 was approximately \$2.6 million.

#### Rates

Rates for crisis diversion bed services are negotiated by the contracted provider and DDA. These rates reflect the provision of services and operational costs and are not specific to the client served.

# **Eligibility Requirements**

Individuals who:

- Are clients of DDA, aged 18 years or older.
- Have stabilization needs as indicated by:
  - A history of hospital admissions for behavioral health needs.
  - Frequent involvement with first responders.
  - The regional clinical team's recommendation that behavioral health destabilization is likely to happen.
- Agree to the supports and services offered through the diversion services and supports.

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## **Services**

- 24-hour supervision and staff support tailored to the person's needs.
- Supports identified in the client's Person-Centered Service Plan.
- Medication assistance.
- Coordination of ongoing mental health and medical services including transportation.
- Support and facilitation of the continuation of preferred community activities to the greatest extent possible.
- Assessment of needs and identification of additional services or resources to meet those needs.
- Plan development including, but not limited to, crisis treatment plan for diversion services, functional assessment and positive behavior support plan, and cross-systems crisis plans.
- Wraparound supports to coordinate services, offering teaching, training and consultation to caregivers and to facilitate transition to the next setting.

# **Oversight**

- DSHS' Adult Protective Services.
- DSHS' Residential Care Services.
- Centers for Medicare and Medicaid Services.
- Office of the Washington State Auditor.
- Washington State Department of Health.
- DDA Office of Quality Programs and Stakeholder Involvement.
- DDA Office of Compliance, Monitoring and Training.

## **Stakeholders**

- Individuals receiving services.
- Families and guardians of individuals with intellectual and developmental disabilities.
- Self-advocates.
- · Advocacy organizations.
- Service providers.

## **Authority**

Chapter 71A.12 RCW, State services

<u>Chapter 388-845 WAC</u>, DDA home and community based services waivers

<u>Chapter 388-101D WAC</u>, Requirements for providers of residential services and supports