

## Enhanced Respite Services

### Overview

Enhanced Respite Services give DSHS Developmental Disabilities Administration-enrolled children access to short-term respite. Services take place in a state-contracted, licensed and staffed residential setting. Staff provide a break for the families and caregivers and help with behavioral stabilization. At the end of the respite staff give families a summary report. The report includes recommendations for strategies to support the child's challenging behaviors.

A child may access ERS up to 30 days per calendar year.

### Budget

The federal Money Follows the Person grant funds Roads to Community Living.

Since the grant began in 2008, we have helped almost 1,200 people make successful moves from facilities to new homes in the community. This includes 407 individuals from state operated residential habilitation centers.

### Oversight

#### External

- Centers for Medicare and Medicaid Services.
- Washington State Department of Children, Youth and Families.

#### Internal

- Washington State Department of Health.
- DDA Office of Quality, Compliance and Training.

### Authority

[Chapter 388-823 WAC](#), DDA intake and eligibility determination

[Chapter 388-825-206](#), Who is eligible to receive enhanced respite services?



### Eligibility Requirements

Children who are:

- Eligible for DDA services.
- Age 8 to 17 years.
- Enrolled in school if age 18-20.
- At high risk of institutionalization or out-of-home placement.

Parents and caregivers must have accessed available services, including those available through private insurance, Medicare, Apple Health and DDA.

### Partners

- Individuals receiving services.
- Families of program participants.
- Advocacy organizations.
- Contracted Enhanced Respite Services providers.
- Washington State Department of Children, Youth and Families.
- DSHS' Behavioral Health Administration.
- Washington State Health Care Authority.
- Pediatric hospitals.

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