

# Technology Support Services

*You may have access to Technology Support Services which are technology solutions tailored to your needs and preferences to support you in your community setting. Your case manager through the Home and Community Living Administration or the Developmental Disabilities Community Services will be able to discuss the different technology support services available and can help you understand which services you may be eligible to receive based on your personal needs assessment.*



## Adaptive Devices and Assistive Technology

Adaptive devices and assistive technology may help increase your independence or substitute for human assistance, with personal care, household or health-related tasks.

Examples may include:

- A reacher to retrieve items.
- A hand-held shower head to help with bathing.
- A magnifying glass to read small print.
- A tablet to participate in health-related appointments.

## Contact us

[www.dshs.wa.gov/ALTSA/RCL](http://www.dshs.wa.gov/ALTSA/RCL)

[dshsaltsarc referrals@dshs.wa.gov](mailto:dshsaltsarc referrals@dshs.wa.gov)





## Technology Support Consultation and Technical Assistance

An assistive technology professional can assist with understanding what assistive technology may be helpful for you in your daily life. The support of these professionals may include:

- A consultation to recommend adaptive devices or assistive technology to assist with your activities of daily living needs.
- Assistance with training on how to use the device or technology.

## Remote Caregiving

A personal care provider will assist you remotely to help you with a variety of daily activities that don't require hands-on care, such as medication reminders and cuing to complete a task. You will be able to access your personal care provider through an interactive screen. Remote caregiving can be combined with having an in-person caregiver for tasks that require hands-on care.



## Remote Observation and Care

Interactive web-based services are provided by a remote support specialist located at a call center and available in real time. Remote support specialists can assist you with reminders and cuing to do a task. This individual can provide observation and monitoring while you complete a task, help remind you of the steps or ensure your safety through the process. Assistive technology devices may need to be installed in the home for the remote support specialist to assist you.

## Smart Care Companion

A remote support service device that interacts with and engages the individual with proactive suggestions, cuing and reminders for tasks or health-related activities, and access to your community. Smart care companion devices also provide onscreen instructions to interact in a way that feels personalized and natural.



## Home Modification

Modifications to your home may help you adapt to your changing ability and needs. Examples may include installation of a threshold ramp, a keypad entry system, a video doorbell to let in your care provider, safety lighting in your home, or an automatic shut-off stove switch.