



Healthy Food Choices for a Healthy Lifestyle

You may qualify for Basic Food benefits if you meet the income limit listed below:

Household Size

Monthly Income Limit*

*Amounts updated every April.

1 person	\$2,510
2 people	\$3,407
3 people	\$4,303
4 people	\$5,200
5 people	\$6,097
6 people	\$6,993
7 people	\$7,890
8 people	\$8,787
9 people	\$9,683
10 people	\$10,580



How do I apply?

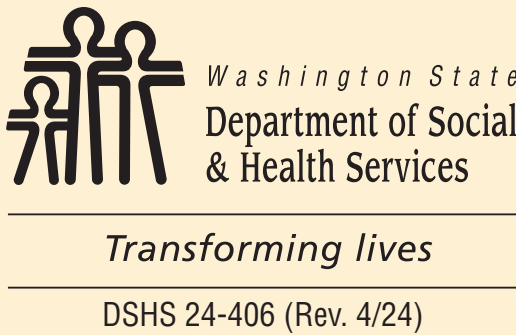
The fastest way to apply is online at washingtonconnection.org.

You may also apply by phone without filling out an application at 877-501-2233 or at your nearest Community Services Office. Find the nearest CSO at dshs.wa.gov and dshs.wa.gov/office-locations.

Fax: 888-338-7410

Mailing address:

DSHS Customer Service Contact Center
P.O. Box 11699, Tacoma, WA 98411-6699



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