



Healthy Food Choices for a Healthy Lifestyle

You may qualify for Basic Food benefits if you meet the income limit listed below:

Household Size

Monthly Income Limit*

*Amounts updated every April.

1 person	\$2,265
2 people	\$3,052
3 people	\$3,839
4 people	\$4,625
5 people	\$5,412
6 people	\$6,199
7 people	\$6,985
8 people	\$7,772
9 people	\$8,559



How do I apply?

The fastest way to apply is online at washingtonconnection.org

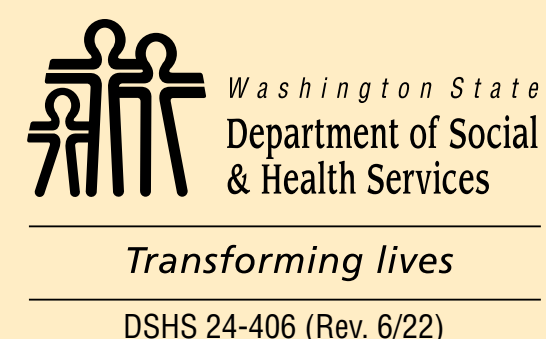
You may also apply by phone without filling out an application at 877-501-2233 or at your nearest Community Services Office. Find the nearest CSO at dshs.wa.gov and dshs.wa.gov/office-locations.

Fax: 888-338-7410

Mailing address:

DSHS Customer Service Contact Center
PO Box 11699, Tacoma, WA 98411-6699

Scan with a mobile phone barcode reader:



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