

# Washington State Incentive Grant

## Community Project Description

**Community Project:** The Bridge Project: A Substance and Drug Abuse Prevention Program  
**Lead Agency:** North Thurston School District

### Abstract

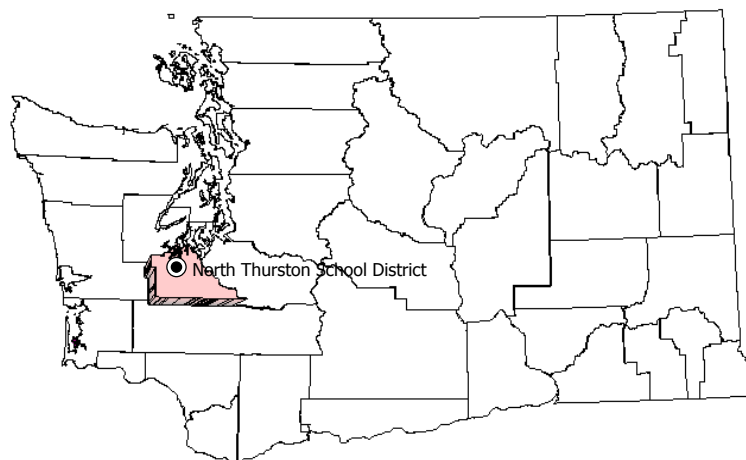
The North Thurston School District will be working with many community agencies and organizations on a \$140,000 grant to be received for three years to reduce alcohol, tobacco, marijuana, and other drug use, misuse, and abuse in two school district middle schools, (Nisqually and Chinook) and two elementary schools (Meadows and Lacey) and ninth graders from three high schools.

The prevention project will focus on transitional periods between sixth grade and middle school and between eighth grade and high school as these periods have been identified when youth are especially at high risk for substance abuse. Prevention services will include extended "school" day and summer programs to ensure elementary and middle school age youth are connected to caring and responsible adults. A peer tutor and mentor program is also being implemented as well as social skill building for eighth and ninth grade students to promote communication among youth and between youth and positive adult role models. The project will work with teachers to incorporate social skill building into existing school curriculum. A "Parents as Partners" program will focus on involving parents throughout the project by building parent skills in techniques with their children.

The project plans to provide services to close to 3,000 students and families.

### Partners

Behavioral Health Resources  
Community Youth Services  
Lacey Police Department  
Refugee and Immigrant Service Center  
St. Peter Chemical Dependency  
Thurston County Health Department  
Tobacco Free Thurston County



### Contacts

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Thurston County-North Thurston School District

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